Ageing, infecundity and reproductive senescence in free-ranging female rhesus monkeys

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The reproductive performance of 760 free-ranging female rhesus monkeys (Macaca mulatta), 168 of whom were 20 years of age and older at the time observations were begun, was assessed. The monkeys were resident on Raccoon Key or Key Lois, two islands located in the Florida Keys, USA. During 1992 and 1993, live birth rates generally declined with age among the Raccoon and Lois females aged eight years and older. This age-related deterioration of female fertility was the result of proportionately more younger females bearing live young during successive birth seasons, and proportionately more older females experiencing an inability to bear live offspring even after a barren year. It is suggested that (1) older females may be more strongly inhibited by the suckling stimulus than are their younger peers, and (2) the risk of a permanent loss of fecundity increases with each additional year of life or parturition. The live birth rates of females aged 16–24 years were greater on Raccoon Key than they were on Key Lois, because the Raccoon females within this age range were more successful at bearing live offspring during successive birth seasons; the reason for this difference could not be determined. Inter-population differences in both the body condition of the females and the severity of female–female competition for access to males were not considered to be plausible explanations. It is possible that the difference in female fertility between the islands is the result of the greater age of the adult males on Key Lois, or the phytochemicals eaten by the females on Raccoon Key.

Introduction

Reproductive senescence in female non-human primates has been the focus of several studies over the past two decades. The attention focused on this topic has been due in part to the desire to identify a suitable animal model for the study of the menopause (see Walker, 1995). The studies conducted to date typically have included fewer than 12 older animals as subjects and, thus, have suffered the disadvantage of a small sample size. Females within the primate genus Macaca are unequivocally old by the time they are 20 years of age (see Hodgson et al., 1977; Hrdy, 1981; Paul et al., 1993), and have been characterized as ‘extremely’ old (Fedigan, 1991) by the time they are 25 years old. Data are presented here on the reproductive performance of over 760 free-ranging female rhesus monkeys (Macaca mulatta), 168 of whom were 20–24 years old at the time this study was begun.

Our use of the terms fertility and fecundity closely follows that of human demographers (e.g., Menken et al., 1986; Biggers, 1988; Johnson et al., 1990). Specifically, ‘fertility’ is used here interchangeably with ‘reproductive performance’ with both referring to the actual production of live offspring by rhesus females. ‘Fecundity’, on the other hand, is used to refer to the capacity of individual females to conceive and deliver live young. A related term, ‘infecundity’, here refers to a substantially diminished (but not wholly absent) ability to produce a live-birth conception.

Rhesus females are not fecund throughout the year since ovulatory cycles accompanied by copulations are restricted to the annual mating season (Gordon, 1981; Wilson et al., 1982). Because birth-season fertility is directly observable in free-ranging rhesus but mating-season fecundity is not, the former was examined to draw inferences about age-related variation in the latter. With the large sample of rhesus females, both young and old, we are able to show that (1) profound inter-population differences in the rate at which fertility declines with age are possible, and (2) females surviving to age 20 within provisioned populations are likely to remain fecund well into their third decade of life.

Materials and Methods

Study sites and populations

Key Lois is an island of 39 hectares located at 24°36′5″N, 81°28′32″W in the Atlantic Ocean. Raccoon Key is about 81 hectares in area and situated nearly 9 km to the north, at 24°44′45″N, 81°29′32″W in the Gulf of Mexico. The dominant vegetation on both islands is red mangrove (Rhizophora mangle) and black mangrove (Avicennia germinans). Other plant species are only sparsely distributed on Key Lois, but are

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relatively abundant on Raccoon Key. They include, but are not limited to, saltwort (Batis maritima) sea oxeye (Borrichia orborescens), sea daisy (Borrichia frutescens), morning glory (Ipomoea sp.), white mangrove (Laguncularia racemosa), buttonwood (Conocarpus erectus) and key thatch-palm (Thrinax morrisii). Observational conditions on both islands are difficult with deep mud and brackish water covering large areas, making them inaccessible to observers (Johnson, 1989).

Over 1200 female and 170 male rhesus monkeys were released on Key Lois from 1973 to 1976 (Sherman, 1980; Puca k et al., 1982). The animals originated from the Himalayan foothills of India, and were nearly all juveniles or young adults (i.e., 2–4 years of age) at the time of their entry into the USA (Sherman, 1980). Each was assigned an estimated year of birth upon arrival. There were only a few births on the island in 1974 owing to the relative immaturity of the animals imported; reproduction began in earnest in 1975. From 1978 to 1980, over 500 of the Key Lois rhesus, including both Indian- and island-born animals, were removed and transferred to Raccoon Key. From their inception, the Raccoon and Lois populations have been provided daily with both fresh water and a commercial primate diet.

The annual birth season on Raccoon Key and Key Lois begins in late January to March and ends in late September to early November. Contrary to the findings of a recent study by Lehman et al. (1994) that was based primarily on incomplete colony records, we found that births on both islands peak in early to mid-May; in 1992 and 1993, almost 40% of all births occurred during this month (R. L. Johnson and E. Kapsalis, unpublished data). Given the timing of the birth season on the islands, and given that gestation in rhesus monkeys averages 167 days (Silk et al., 1993), it follows that conceptions on Raccoon Key and Key Lois occur between late August and early May, but are most common from mid-November to mid-December when copulatory behaviour peaks (R. L. Johnson and E. Kapsalis, unpublished data).

Soon after their establishment on the islands, the periodic removal of animals for sale became a permanent feature of the management regimen of both colonies. Some adult females (individuals ≥4 years old) have occasionally been removed from Key Lois and Raccoon Key; but at no time has there been an effort to identify and remove less productive females from either colony. In fact, the overwhelming majority of the monkeys removed each year are animals born the previous calendar year, that is, 'yearlings' 9–18 months of age. The annual removal of these monkeys begins in late January or early February (when copulatory activity is in decline) and continues intermittently until the following autumn. Thus, for those females that give birth two years in a row, the loss of a yearling through trapping typically occurs only after they have already conceived their second offspring.

Census methods and population demography

The data reported here were collected during a continuous 2 year census of the Key Lois and Raccoon Key monkeys that began in February 1992 and ended in January 1994. Our field methods were modelled after those used by Johnson (1989) during the last extended census of the Key Lois and Raccoon Key rhesus monkeys. Specifically, each island was visited two to three times a week and, on each occasion, the reproductive status of the adult females encountered and identified were recorded. Altogether, 484 and 779 adult females were identified on Key Lois and Raccoon Key, respectively, that is, at least 95% of the free-ranging adult females on the islands. Identi fications were made mostly by means of the animals' chest tattoos; the large number of females precluded recognition of all of them on the basis of their individual physiognomies alone.

The age distributions of the observed Lois and Raccoon females, as they existed at the beginning of 1992, are shown (Fig. 1). In 1992, there were more adult females aged 20 and older on Raccoon Key than there were females under the age of eight. On Key Lois, there were more females more than 20 years old that there were individuals under the age of 12. The unusual age structures of the two island populations were the
result of two factors. First, the fact that the islands were originally populated with over 1200 similarly aged animals ensured that many (about 15%) would survive to enter their third decade of life at about the same time. Second, in accordance with the mandates of the Department of Environmental Protection of the State of Florida, the annual removal of most of the yearlings and juveniles on the islands has been the norm, and has been nearly exhaustive on Key Lois.

Individual identification of the adult males on the islands was impractical owing to the males’ dense chest hair and hence, the illegibility of their tattoos. Their relative abundance was estimated by dividing the number of identified females on each island by the adult male:female ratios of the colonies. The ratios were derived from periodic counts of all adult males (that is, individuals more than 5 years old) and females within sight at a given location and time. These counts were conducted from late summer through early winter, that is, during the first half of the annual Key Lois and Raccoon Key mating seasons.

The 1992 adult male:female ratios for Key Lois and Raccoon Key were virtually identical: 1:4.4 and 1:4.6, respectively. In 1993, they were 1:4.2 and 1:4.1. Dividing the number of identified females on each island by the 1992 ratio yields adult male population estimates of 170 for Raccoon Key and 110 for Key Lois. During the 1993 counts, males were placed into one of three broad age categories: 5–12, 13–19 and ≥20 years of age. In general, the age structures of the Raccoon Key and Key Lois males followed those of the females (Fig. 1b). For example, about 32% of the Lois females and 18% of the Raccoon females were over 20 years old in 1992, while the corresponding figures for the islands’ males were estimated to be 26 and 17%, respectively.

**Live birth rates**

When calculated on the basis of births that occurred during a single birth season, the live birth rate equals the number of live offspring born per adult female. When calculated on the basis of births that occurred during the 1992 and 1993 birth seasons combined, the live birth rate represents the number of live offspring born per female-year. A particular female was credited with having had a live birth if she was observed carrying or nursing a new-born during the birth season. However, any female bearing twin infants was credited with just one birth, while infants known to have died within 48 h of parturition were classed as stillborn.

Data collection was hindered by the observational conditions on the islands, and by the fact that, even after two years of field work, many of the monkeys remained difficult to approach and were identified only infrequently. Since determining the reproductive success of a female seen only occasionally was problematic, calculation of the live birth rates of the colonies was based solely on those females encountered and identified on more than 5 days during the months February–November. In 1992 and 1993, these months encompassed all but one extremely early birth (in January 1992). By restricting analyses to the animals seen on more than 5 days, the possibility of wrongly determining that a given female had not delivered a live infant when, in fact, she had, was minimized.

**Female body condition**

It is expected that the adiposity of a female macaque (i.e., energy reserves) reflect her overall nutritional status (Altman and Alberts, 1987; Eley et al., 1989) and her ability to bear live young (van Schaik and van Noordwijk, 1985). Mass and adiposity measures were available for a number of Key Lois and Raccoon Key females. However, these animals did not constitute an unbiased sample of either population (Johnson and Kapsalis, 1995). Therefore, between-colony comparisons of the fatness of our subjects were made indirectly following the methods of Berman and Schwartz (1988). Specifically, the relative fatness of the subjects was assessed qualitatively. The animals were then assigned to one of four body condition categories: underweight, overweight, obese or within the normal weight range. The validity of our field judgements of the inter-individual differences in adiposity of the subjects is addressed elsewhere (Johnson and Kapsalis, 1995).

**Statistical analyses**

Least-squares regression was used to analyse the data on live birth rates. All frequency data (for example, the number of Lois and Raccoon females placed in each of the four body condition categories) were examined using the G-test with Williams’ correction applied in all cases (see Sokal and Rohl, 1981, for a discussion of these procedures).

**Results**

The age and number of the Key Lois and Raccoon Key females that were successfully identified on more than 5 days during the 1992 and 1993 birth seasons are provided (Table 1). Their age distributions reflect those of the Key Lois and Raccoon Key populations in their entirety (note the paucity of Lois females under the age of 10). Among these animals, the live birth rates for Key Lois and Raccoon Key (i.e. the total number of live births divided by the total number of female-years accumulated over both years of this study) were, respectively, 0.65 and 0.74 live offspring per female-year. These figures change little if the data are limited to those females identified on more than 10 days (Lois: 0.64 infants/female-year; Raccoon: 0.73 infants per female-year), or more than 20 days (Lois: 0.63; Raccoon: 0.76). Therefore, more than five identifications are considered sufficient to ascertain correctly the reproductive success of the vast majority of the Lois and Raccoon rhesus females.

Key Lois and Raccoon Key live birth rates were plotted as a function of female age (Fig. 2). However, data points based on fewer than 10 female-years were excluded and the data for ages 23 and 24 were pooled. The plot for Raccoon Key reveals that live birth rates increased with each year of life for females aged 4–8 years, but generally declined thereafter. Eight-year-old females exhibited the greatest fertility, producing 0.94 infants per female-year. In contrast, 23- and 24-year-old animals, together, produced just 0.42 young per female-year. Because the curve for Key Lois is incomplete it is concluded that female fertility on this island declined over the age range 10–24 years. Least-squares regressions fitted to the data points for females aged 8–24 years for Raccoon Key, and 10–24 years for Key
Table 1. Number of Key Lois and Raccoon Key adult females observed more than five times from February to November 1992 and 1993, and the total number of live births and female-years recorded on both islands

<table>
<thead>
<tr>
<th>Female age (years)</th>
<th>Female Lois 1992: Females</th>
<th>Female Lois 1993: Females</th>
<th>Total female-years</th>
<th>Total births</th>
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<td>Total</td>
<td>293</td>
<td>247</td>
<td>540</td>
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1 Oldest island-born females.
2 Youngest island-born females.

Fig. 2. Live birth rates of rhesus monkeys from (■) Key Lois and (○) Raccoon Key as a function of age of female rhesus monkeys. Each birth rate was calculated by dividing the total number of live infants born to females of a given age during 1992 and 1993 by the total number of female-years (e.g., 11/14 = 0.79 live births per female-year for 10-year-old females on Key Lois; see Table 1). *These final points were derived from the data of 23- and 24-year-old females collectively.

Lois, were both highly significant (Raccoon Key: \( r = 0.88, P < 0.001, n = 16 \); Key Lois: \( r = 0.94, P < 0.001, n = 12 \)). Comparison of the Raccoon Key and Key Lois birth rate curves reveals unexpectedly that, while the Lois and Raccoon females 10–15 years of age produced live infants at about the same rate, Key Lois females, more than 16 years of age, consistently produced fewer live young than did their counterparts on Raccoon Key. As a consequence, the slope of the regression lines, fitted to the data points of each colony for females aged 10 years and above, differ significantly (\( t = 2.86, \text{d.f.} = 23, P < 0.01 \)).

The age-related variation in the fertility of animals, and the nature of the between-colony difference in live birth rates among females aged 16 years and older were explored further by examining individuals whose reproductive success for both 1992 and 1993 was known. Specifically, the proportion of the females on each island that successfully delivered a live infant during both 1992 and 1993 was compared with the proportion that produced none. The prevalence of annually reproducing and non-reproducing females was examined in four age groups. The first group encompassed the peak fertility years for rhesus females (6–9 years). The second group encompassed the age span wherein the Key Lois live birth rates approximately equaled those of Raccoon Key (10–15 years). The third group included females 16–19 years of age, the age span wherein the Raccoon Key and Key Lois live birth rates began to diverge, while the fourth was comprised of the unequivocally old animals, that is, females more than 20 years of age.

Of the Raccoon Key females, aged 6–9 years in 1992, 75% (55 of 73) successfully reproduced in both years, and all these animals succeeded in bearing a live young in at least one year. The proportion of the Raccoon Key females that delivered live young in both years declined in each of the succeeding age groups, while the proportion of those who failed to bear a live infant in either year increased progressively (Fig. 3). The reproductive success in 1992 and 1993 of the Key Lois females, aged 6–9 years, is known for only four individuals, too small a sample on which to base meaningful comparative percentages. However, it is noteworthy that, like their same-aged counterparts on Raccoon Key, all four of these females succeeded in bearing a live young during one of the two birth seasons.

In the age group 10–15 years, the percentage of females that bore two successive infants or failed to reproduce at all was strikingly similar on Key Lois and Raccoon Key (Fig. 3). There was also inter-colony similarity in the reproductive success of females more than 20 years old, although this was limited to the proportion of females that failed to reproduce in either year. However, only about 24% (15 of 63) of the Lois females 20 years old and older gave birth during both 1992 and 1993, whereas 42% (23 of 55) did so on Raccoon Key, a difference that is significantly different (\( G = 4.38, \text{d.f.} = 1, P < 0.05 \)).
Raccoon Key almost certainly also contributed to the inter-population difference in live birth rates seen among 16- and 17-year-olds; but, it is unclear whether the large inter-colony difference in live birth rates that manifested itself among females of this age group may also have been the consequence of a greater prevalence of non-reproducers on Key Lois.

The 1993 trapping and removal of 1992 offspring cannot account for the greater proportion of annually reproducing aged females on Raccoon Key as the respective timings of the annual cycle of births and the removal of yearlings for sale guarantees that, on both islands, most females that reproduce two years in a row will be separated from their first offspring only after they have conceived their second. In fact, 17 of the 23 Raccoon Key females more than 20 years old that delivered live infants during both years of this study are known to have still had their 1992 offspring (and therefore were still lactating; Gomendio, 1989; Johnson et al., 1993) when they conceived their 1993 infants.

The observed inter-population difference in the reproductive performance of the older animals could not be attributed to an inter-colony difference in female body condition. During the mating season of 1992, 219 Key Lois and 368 Raccoon Key adult females were encountered frequently enough and under the right circumstances to be reliably placed in one of our four body condition categories. Proportionately more Raccoon Key females were classified as underweight, and proportionately more of the Key Lois females were categorized as either overweight, obese or within the normal weight range (G = 12.54, d.f. = 3, P < 0.025) (Fig. 4). Among females more than 20 years of age (Fig. 4b), the proportion of overweight and obese animals appears to have been about the same on the two islands, but the inter-colony differences in the proportion of underweight individuals and individuals of normal body mass was even more disparate (G = 11.64, d.f. = 3, P < 0.025). These data indicate that the Rhesus females on Key Lois (particularly those over 20 years old) were generally heavier, rather than lighter, than their counterparts on Raccoon Key, and presumably in better condition. In addition, irrespective of which category of body condition they were placed in during the 1992 mating season, the Key Lois females then 20 years old and older produced fewer infants per female in 1993 than did like-aged animals of similar body mass on Raccoon Key (Fig. 4c).

Discussion

On Raccoon Key, the probability of a successful delivery of a live offspring in 1992 and 1993 was greatest among those females that were 8 years of age, and generally declined with every additional year of life (as it did among females more than 10 years of age on Key Lois). The decline in female fertility was due to an increasing proportion of females experiencing successive barren years and a decreasing proportion of females experiencing successive fertile years. In 1986, the live birth rates of the Raccoon Key females 14–18 years of age (the oldest animals then present on either island) tended to be higher than those of their peers on Key Lois, but not conspicuously so (see Johnson, 1989, Fig. 1). However, in 1992 and 1993, there was a marked inter-colony difference in the live
Fig. 4. Percentage of (a) all females or (b) those 20 years of age and older placed in each of the four body condition categories during the 1992 mating season, and (c) the 1993 live birth rates of the aged animals expressed as a function of their body condition (■) Raccoon Key; (□) Key Lois. The ratios shown at the top of each bar in (c) represent the number of females upon which each birth rate is based (the denominator is the total number of females within a given body condition category whose reproductive performance for 1993 is known). *The data of the overweight animals were combined with those of the obese females because there are just four of the latter (two on Lois and two on Raccoon) whose reproductive performance in 1993 was known.

birth rates of females 16–24 years old; the reproductive performance of the Raccoon Key females was markedly higher. The inter-colony disparity in the live birth rates of the aged rhesus females (those more than 20 years of age) is a consequence of a larger proportion of such animals giving birth during both years of this study on Raccoon Key than on Key Lois.

Most females that successfully reproduced in 1992 (aged or not) were still nursing their infants after the subsequent mating season began. This is an important point since a suckling infant can reduce the number of ovulatory cycles a macaque female can potentially undergo during the mating season (Pope et al., 1986; Johnson et al., 1993; Mitsunaga et al., 1994) and thereby impair her ability to conceive. One explanation for the observation that females that bore live young during both 1992 and 1993 were proportionately most numerous among the 6- to 9-year-olds and least numerous among the females 20 years old and older is that the inhibitory power of suckling is greater among those in the latter age categories.

The reason why so many of the old rhesus females on Raccoon Key were so much more successful than their peers on Key Lois at producing live young during both 1992 and 1993 is unknown. Several potential factors can be dismissed, however. First, the aged females on Raccoon Key did not reproduce more successfully because they were energetically advantaged relative to their counterparts on Key Lois; the relative adiposity of the subjects on Raccoon Key and Key Lois are inconsistent with this idea. Second, given that the founding populations of both island colonies were large and comprised animals originating from multiple localities in India, it is unlikely that the Raccoon females are genetically predisposed toward greater fertility because of a founder effect. Third, inasmuch as the aged females on Raccoon Key known to have successfully delivered two live infants were distributed among eight of the 12 social groups on the island, and inasmuch as the number of females in these eight groups ranged from 90 to 15, it is unlikely that the reproductive success of the old Raccoon Key females can be attributed to any aspect of group size. Finally, female–female competition for access to males (which would be expected to intensify as the male-female ratio declines; see Dunbar and Sharan, 1983) is an unlikely explanation for the greater fertility of the Raccoon Key females since the adult sex ratio on Raccoon Key is indistinguishable from that on Key Lois (see Methods). Furthermore, there were few females in their peak fertility years on Key Lois. Hence, the reproductive performance of the aged Lois females did not suffer because of greater inter-generational, female–female competition for males as mates.

We consider the greater prevalence of annually reproducing older females on Raccoon Key to be a consequence of one or both of the following factors: (1) the overall agedness of the adult males on Key Lois, and (2) the consumption of fecundity-promoting phytochemicals present in the natural vegetation of the islands. The first of these explanations assumes that fertility in male rhesus monkeys declines with age (as it does in men; see Murray and Meacham, 1993), and that a mating between an aged female and an older male is particularly unlikely to culminate in a live-birth conception. The second explanation assumes that, since the diversity of plant species on Raccoon Key is greater than that on Key Lois, the range of phytochemicals consumed by the Raccoon monkeys differs from that of their Key Lois counterparts. It further assumes that one or more factors within the plant foods eaten by the Raccoon Key monkeys preferentially enhances the fertility of older females. It has yet to be demonstrated that the consumption of any phytochemical does promote fecundity in female primates of any age (but see Whitten, 1982, 1983; Garey, 1991). Nevertheless, we feel the possibility must be entertained that the reproductive success of the aged rhesus
females on Raccoon Key is due in part to the plants that they eat.

Even fully fecund female rhesus monkeys can be expected occasionally to experience successive barren years. However, none of the Lois or Raccoon subjects aged 6–9 years failed to reproduce during both 1992 and 1993, while many older animals did (especially those over 20 years old). We conclude that, in most cases, failing to reproduce for two consecutive years is indicative of an age-related diminution in the capacity to produce a live-birth conception, a diminution that is unrelated to lactation. Further, since non-reproducing females were proportionately as common on Raccoon Key as on Key Lois among the 10–15 and 20–24-year-old animals, we also conclude that the non-lactational loss of fecundity is no more prevalent on one island than it is on the other. Such would be the case if the risk of a fecundity loss increases with each additional year of life or the cumulative ‘wear and tear’ associated with repeated parturitions. In fact, previous research has already shown that both age (van Wegener, 1972; Hodgen et al., 1977; Graham et al., 1979) and parity (McCann and Myers, 1970; Bertens et al., 1982) are associated with a deterioration of the reproductive capacity of female macaques.

Finally brief consideration should be given to the implications of our data for the occurrence of menopause in female rhesus monkeys. On both Key Lois and Raccoon Key, approximately 70% of the aged females whose reproductive success for both 1992 and 1993 is known (43 of 63 on Key Lois; 38 of 55 on Raccoon Key; see Fig. 3) were clearly not sterile since they successfully gave birth at least once during the course of this study. In contrast, sterility among aged women is nearly universal, since the cessation of ovulation in women typically occurs around age 50, that is, well before old age (Gosden, 1985). If true menopause does occur in free-ranging rhesus monkeys, our data demonstrate that it must happen very late in life for most of the Raccoon and Lois females. In fact, it is questionable whether a meaningful proportion of the females on either island will live long enough to experience it. Indeed, very old rhesus females may cease to ovulate (Hodgen et al., 1977; Walker, 1995), even within free-ranging populations (Malik and Johnson, 1992). However, we concur with Pavelka and Fedigan (1991) that, from a life history perspective, the rhesus female is an inappropriate model for human menopause.

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