Spermatogonial stem cells (As spermatogonia) are single cells that either renew themselves or produce Apr (paired) spermatogonia predestined to differentiate. In turn, the Apr divide into chains of Aal (aligned) spermatogonia that also divide. The ratio between self-renewal and differentiation of the stem cells is regulated by glial cell line-derived neurotrophic factor produced by Sertoli cells, while the receptors are expressed in stem cells. As, Apr and Aal spermatogonia proliferate during part of the epithelial cycle forming many Aal spermatogonia. During epithelial stage VIII, almost all Aal spermatogonia, few Apr and very few As spermatogonia differentiate into A1 spermatogonia. A number of molecules are involved in this differentiation step including the stem cell factor–c-kit system, the Dazl RNA binding protein, cyclin D2 and retinoic acid. There is no fine regulation of the density of spermatogonial stem cells and consequently, in some areas, many A1 and, in other areas, few A1 spermatogonia are formed. An equal density of spermatocytes is then obtained by the apoptosis of A2, A3 or A4 spermatogonia to remove the surplus cells. The Bcl-2 family members Bax and Bcl-xL are involved in this density regulation. Several mechanisms are available to cope with major or minor shortages in germ cell production. After severe cell loss, stem cell renewal is preferred above differentiation and the period of proliferation of As, Apr and Aal spermatogonia is extended. Minor shortages are dealt with, at least in part, by less apoptosis among A2–A4 spermatogonia.

Spermatogonial multiplication and stem cell renewal

Spermatogonial multiplication and stem cell renewal can best be studied in whole mounts of seminiferous tubules, as in this way the topographical arrangement of the cells is preserved (Clermont and Bustos-Obregon, 1968). In non-primate mammals, A-single (As) spermatogonia are the stem cells of spermatogenesis (Huckins, 1971a; Oakberg, 1971; Lok et al., 1982; de Rooij, 1998). A spermatogonia are single cells that upon mitosis can divide into two new stem cells. A-paired (Apr) spermatogonia produce daughter cells that remain connected by an intercellular bridge (Figs 1 and 2). The Apr spermatogonia are predestined to develop further along the spermatogenic line and to divide into chains of four A-aligned (Aal) spermatogonia. The chains of Aal spermatogonia can divide further into chains of 8, 16 and, rarely, 32 cells (Fig. 2).

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spermatogonia. The A1 spermatogonia enter S phase and, in stage IX, divide into A2 spermatogonia, after which there are five subsequent divisions into A3, A4, In and B spermatogonia and primary spermatocytes, respectively. In total, there are 9–11 mitotic divisions during spermatogonial development.

Symmetrical or asymmetrical stem cell divisions?
So far in this review it has been assumed that spermato
gonal stem cell divisions are symmetrical, with divisions either producing two new stem cells or two interconnected cells destined to differentiate (A spr). Another possibility is that stem cells divide asymmetrically into a stem cell and a cell destined to produce A spr spermatogonia and, therefore, not all A spr spermatogonia are true stem cells (Fig. 3). Only a few studies into this possibility have been carried out. In rats, some A spr spermatogonia were found to retain incorporated 3[H]thymidine for a very long time, indicating that these cells had a very long cycle while other A spr spermatogonia lost their label more quickly. It was proposed that there are long-cyclic true stem cells and short-cyclic A spr spermatogonia (Huckins, 1971b). However, a similar but more detailed study in Chinese hamsters failed to reveal a special category of long-cyclic stem cells (Lok et al., 1984). Although no definite answer can be given as yet to the question of whether stem cell divisions are symmetrical or asymmetrical, in this review, the simpler scheme in which stem cells divide symmetrically is used.

Differentiation steps in spermatogonial development
Two differentiation steps seem to take place in the develop
tmental path of spermatogonia. First, there is the step from
the A₈ spermatogonia to the A₉ spermatogonia. From then on, the germ cells consist of clones of interconnected cells of increasing size, as from A₉ onwards all divisions are such that the daughter cells remain connected by bridges. Nevertheless, it is not known whether the intercellular bridges between A₉ and A₈ spermatogonia constitute an irreversible differentiation step as no other specific characteristics of these cells are known. In the normal seminiferous epithelium of mice (Tegelenbosch and de Rooij, 1993) and Chinese hamsters (Lok et al., 1982), only clones of 4, 8, 16 or 32 A₈ spermatogonia were found. In the normal situation, the integrity of the intercellular bridges appears to be conserved and the clones do not break up into smaller units. However, in situations in which spermatogenesis is damaged and the only germ cells on the tubular basal membrane are A₉, A₉ and A₈ spermatogonia, as occurs after irradiation (van Beek et al., 1984), in some mutant mice and in cryptorchid mice (de Rooij et al., 1999), odd clones consisting of intermediate numbers of cells, for example 3, 5 or 11 cells, are common. It is not known whether single cells pinched off from pairs or chains are in any way different from the real A₈ spermatogonia, that is, whether A₉ and A₈ spermatogonia have already been through an irreversible differentiation step preventing stem cell behaviour. It is possible that the breaking up of clones represents an emergency way to increase the number of stem cells.

The second differentiation step is that from A₈ to A₁ spermatogonia, and this step brings about a marked change in cell behaviour. The duration of the cell cycle becomes shorter from 56 to 42 h in rats (Huckins, 1971c,d) and from 87 to 60 h in Chinese hamsters (Lok and de Rooij, 1983; Lok et al., 1983), and the pattern of proliferation changes. The A₈, A₉ and A₈ spermatogonia proliferate at random during a particular period while the clones of A₁–B spermatogonia are highly synchronized, dividing during particular epithelial stages, for example, A₁ spermatogonia in stage IX and B spermatogonia in stage VI (Fig. 2). In general, when A₁–B spermatogonia are unable to divide at the appropriate time, they enter apoptosis.
Regulation of self-renewal and differentiation of spermatogonial stem cells

In normal seminiferous epithelium, the ratio between self-renewal and differentiation of spermatogonial stem cells should be about 1:0. More self-renewal than differentiation would reduce the seminiferous epithelium to only stem cells and a tumour might form. If differentiation prevailed, the stem cells would deplete themselves, leading to seminiferous tubules with only the supporting Sertoli cells. Nevertheless, the seminiferous epithelium should be able to cope with cell loss caused, for example, by toxic substances or irradiation. Indeed, an extensive capacity of the epithelium to recover from severe cell loss has been described (van Keulen and de Rooij, 1974, 1975; van den Aardweg et al., 1982, 1983). After irradiation or administration of a cytostatic drug, for example busulfan, spermatogonia and many stem cells are killed and disappear from the epithelium by apoptosis. Subsequently, as spermatocytes are no longer formed, the seminiferous epithelium becomes depleted. When the dose of irradiation or of the drug is not too high, some spermatogonial stem cells survive and start to repopulate the seminiferous epithelium by forming a repopulating colony that grows along the length of the tubules. The growth of the repopulating colonies implies that during repopulation, stem cell renewal is favoured above differentiation. Only stem cells, that is, A spermatogonia are able to colonize empty stretches of seminiferous tubules and establish full spermatogenesis. Indeed, Van Beek et al. (1990) studied the composition of early repopulating colonies and showed that during the first six divisions after irradiation the stem cells virtually only self-renew. This finding implies that there must be a regulatory mechanism controlling the ratio between self-renewal and differentiation of spermatogonial stem cells.

Data from studies investigating how stem cell renewal and differentiation (Apr formation) are regulated at the molecular level have now become available (Meng et al., 2000). In 3-week-old mice overexpressing glial cell line-derived neurotrophic factor (GDNF), clusters of mostly single A spermatogonia are present. At later ages, the clusters disappear but the tubules become lined with the single A spermatogonia that displace the remnants of normal spermatogenesis still present at 3 weeks. At the age of 1 year, germ cell tumours were found in these mice. As the only single germ cells that are present in the testis are spermatogonial stem cells (As), these data indicate that GDNF, which is produced by Sertoli cells, promotes stem cell renewal. In line with this finding, seminiferous tubules without germ cells or in which generations of germ cells are missing are present in the heterozygote knock outs for GDNF (GDNF+/−), indicating that stem cell depletion is taking place in these mice. In addition, the receptors for GDNF, Ret and GFRα1 are expressed in the cluster cells in GDNF-overexpressing mice, indicating that, by producing more or less GDNF, Sertoli cells can regulate the number of spermatogonial stem cells.

Period of proliferation of the A4, A4r and A4l spermatogonia

As described above, during the normal cycle of the seminiferous epithelium there is active proliferation of A4, A4r and A4l spermatogonia during stages X–III, and little or no proliferation in the remaining stages. However, when the numbers of A4, In and B spermatogonia are low, the proliferation period is extended to stage VII (van Keulen and de Rooij, 1974; de Rooij et al., 1985). There appears to be a feedback mechanism between A4, In and B spermatogonia and the A4v, A4r and A4l spermatogonia lying in between these cells. When the numbers of A4–B spermatogonia are about 50% lower than in the normal testis, the proliferative activity of the A4v, A4r and A4l spermatogonia continues beyond stage II (van Keulen and de Rooij, 1974). At present, it is not known whether this feedback regulatory mechanism is direct, from one type of spermatogonia to the other, or indirect via Sertoli cells. Neither is it known what kind of factors play a role in inhibiting or stimulating the proliferative activity of the A4v, A4r and A4l spermatogonia, although the presence of a chalone-like, proliferation-inhibiting factor has been suggested (Clermont and Mauger, 1976; de Rooij, 1980; Bustos-Obregon, 1989).
During each cycle of the seminiferous epithelium, the proliferative activity of A\textsubscript{s}, A\textsubscript{pr} and A\textsubscript{al} spermatogonia produces a new cohort of A\textsubscript{al} spermatogonia. This cohort of A\textsubscript{al} spermatogonia is largely quiescent from stage III onwards and, at some time during stages III–VIII, probably during stages VII–VIII (Schrans-Stassen et al., 1999), these cells differentiate into A1 spermatogonia. The A1 spermatogonia all enter S phase in stage VIII and divide into A2 spermatogonia in stage IX. The differentiation of the A\textsubscript{al} spermatogonia does not seem to depend on a preceding mitotic arrest. As discussed above, the proliferation period of the A\textsubscript{s}, A\textsubscript{pr} and A\textsubscript{al} spermatogonia is prolonged until about stage VII when there are only a few A4, In and B spermatogonia present and this does not seem to prevent the formation of A1 spermatogonia (van Keulen and de Rooij, 1974). The opposite, a prolonged period of mitotic arrest, takes place in vitamin A-deficient mice and rats in which the differentiation of A\textsubscript{al} spermatogonia is inhibited (van Pelt and de Rooij, 1990a,b; van Pelt et al., 1995). Despite a very long period of arrest, upon administration of vitamin A or retinoic acid to vitamin A-deficient animals, there is a massive differentiation of A\textsubscript{al} into A1 spermatogonia.

Clearly, the overwhelming majority of the A1 spermatogonia formed during each epithelial cycle derives from A\textsubscript{al} spermatogonia. However, it is possible that sometimes A\textsubscript{pr} and even A\textsubscript{s} also differentiate into A1 spermatogonia. Results from cell counts of spermatogonia throughout the epithelial cycle in mice indicated that during each epithelial cycle some A\textsubscript{pr} spermatogonia also become A1 spermatogonia (Tegelenbosch and de Rooij, 1993). Furthermore, in rams, in which the A1 spermatogonia have a very characteristic morphology, pairs and exceptionally single A1 spermatogonia were occasionally observed, indicating that these cells were derived from A\textsubscript{pr} and A\textsubscript{s} spermatogonia, respectively (Lok et al., 1982). On the other hand, some clones of A\textsubscript{al} spermatogonia (chains of four and occasionally eight) that apparently have escaped from differentiation into A1 spermatogonia, are found in stage IX (de Rooij, 1973; Lok et al., 1982).

Results of studies on the molecules involved in differentiation into A1 spermatogonia have been reported by de Rooij and Grootegoed (1998) and de Rooij et al.
(2000). It has been established that retinoic acid is involved in differentiation into A1 spermatogonia as, in cases of vitamin A deficiency, the Aal spermatogonia are unable to differentiate and remain quiescent (van Pelt and de Rooij, 1990a,b; van Pelt et al., 1995). It is not yet known whether the action of retinoic acid in inducing differentiation is direct, or indirect via Sertoli cells. Both spermatogonia and Sertoli cells possess nuclear receptors for retinoids (Akmal et al., 1997; Gaemers et al., 1998; Cupp et al., 1999). The stem cell factor (SCF)–c-kit receptor system is also involved in differentiation into A1 spermatogonia. Mutations in the c-kit and the SCF genes have a variable effect on spermatogenesis, indicating that this system has a role at various steps in the spermatogenic lineage. One mutant, the Sl17H/Sl17H mouse, appears to have an arrest precisely at the differentiation step of A2 into A1 spermatogonia (de Rooij et al., 1999), indicating that the action of the SCF–c-kit system is essential at this step. In accordance with this finding, from about stage VI onwards, the Aal spermatogonia start to become immunohistochemically positive for c-kit (Schrans-Stassen et al., 1999). In mice deficient in the RNA binding protein encoded by the Daz1 (deleted in azoospermia-like) gene (Cooke, 1999), the differentiation of Aal spermatogonia into A1 also does not take place (B. H. G. J. Schrans-Stassen, P. T. K. Saunders, H. J. Cooke, D. G. de Rooij, unpublished). The Daz1 protein is expressed in spermatogonia (Ruggiu et al., 1997), indicating that it is also essential in spermatogonial differentiation. Finally, a study of the expression of cyclins D in various situations revealed that, in spermatogonia, cyclin D2 is only expressed around epithelial stage VIII when the Aal differentiate into A1 (Beumer et al. 2000a). In the remaining Aa, ApR and Aal spermatogonia in the testis, cyclin D2 is not expressed. Cyclin D2 is also induced when the Aal spermatogonia present in the vitamin A-deficient testis are induced to differentiate into A1 spermatogonia. Furthermore, cyclin D2 expression is found at the start of spermatogenesis when the gonocytes produce A1 spermatogonia. Taken together, these data strongly indicate a role for cyclin D2 in the differentiation of Aal into A1 spermatogonia (Beumer et al., 2000a).

There are several other situations in which the differentiation of Aal spermatogonia becomes arrested, for example, in cryptorchid (de Rooij et al., 1999) and juvenile spermatogonial depletion (jsd) mutant mice (de Rooij et al., 1999), in irradiated rats (Shuttlesworth et al., 2000) and probably also in 3,5-hexanedione-treated rats (Boekelheide and Hall, 1991). In none of these cases are the specific molecules that no longer function in spermatogonial differentiation known. However, in jsd/jsd mice, and irradiated and hexanedione-treated rats, spermatogonial differentiation can be enhanced again by decreasing testosterone concentrations (Blanchard et al., 1998; Meistrich, 1998; Matsumiya et al., 1999; Shuttlesworth et al., 2000). As Sertoli cells have receptors for testosterone and spermatogonia do not, it is possible that Sertoli cell function is failing in the above cases.

**Regulation of cell density in spermatogenesis**

The cell density of newly formed spermatocytes in different stretches of seminiferous tubules appears to be virtually the same everywhere (de Rooij and Lok, 1987), indicating that germ cell density is tightly controlled. The density of all types of spermatogonia along stretches of whole mounts of Chinese hamster seminiferous tubules was determined to establish how germ cell density regulation takes place (de Rooij and Janssen, 1987; de Rooij and Lok, 1987). Differences of up to almost fivefold were found in the density of spermatogonial stem cells and up to threefold in the total densities of clones of Aa, ApR and Aal spermatogonia. As a consequence, the density of the A1 spermatogonia in different stretches of seminiferous tubules differed by a factor of up to 3.7. Nevertheless, the density of the preleptotene spermatocytes varied only by a factor of 1.3 at the most, and further cell counts revealed the density of the In spermatogonia to be even. Hence, density regulation has to take place somewhere in between A1 and In spermatogonia. As spermatogenesis is rigidly organized, it is inconceivable that extra cell divisions of A1–A4 spermatogonia occur to fill up low density areas. Therefore, it was concluded that in the normal epithelium in all tubular areas, enough, and frequently too many, A1 spermatogonia are formed during each cycle of the seminiferous epithelium. Subsequently, an even germ cell density is achieved by apoptosis of the surplus of A2, A3 and A4 spermatogonia in particular areas (Fig. 1d).

To date, there are no clues as to how a surplus of germ cells is sensed and what triggers the apoptotic mechanism in some of the A2–A4 spermatogonia in a particular area. It is possible that the Sertoli cells somehow regulate the optimal number of spermatogonia or that when the large clones of A2, A3 and A4 spermatogonia get too close to each other, they hinder each other’s expansion at division. However, Huckins (1978) did show that the clones of interconnected A2–A4 spermatogonia enter apoptosis as a whole.

Data have become available on the molecular mechanisms of apoptosis induction in surplus spermatogonia. Ectopic or overexpression of the apoptosis-inhibiting proteins Bcl-2 and Bcl-xL and deficiency of the apoptosis-inducing protein Bax have been shown to cause an accumulation of spermatogonia in the testis, leading ultimately to apoptosis of all cells soon after the start of the meiotic prophase (Knudson et al., 1995; Furuchi et al., 1996; Rodriguez et al., 1997), indicating that the Bcl-2 family of apoptosis-regulating proteins is involved in spermatogonial density regulation. Immunohistochemical studies revealed that Bcl-2 is not expressed in spermatogonia but both Bax and Bcl-xL were detected in these cells (de Rooij and Grootegoed, 1998; Beumer et al., 2000b) and so are probably involved in regulating germ cell density.

**Conclusions**

From present knowledge on the regulation of spermatogonial multiplication and stem cell renewal the
following picture emerges (Fig. 4). In the normal seminiferous epithelium, spermatogonial stem cells, by way of either symmetrical or asymmetrical divisions, produce new stem cells or \( \text{A}_{\text{pr}} \) spermatogonia that are destined to develop further along the developmental pathway that leads to spermatozoa. Normally, the ratio between renewal and \( \text{A}_{\text{pr}} \) formation will be close to 1.0, to preserve steady-state kinetics. The GDNF–Ret and GFRT1 receptors system seems to play an important role in the regulation of self-renewal and differentiation of the stem cells. As Sertoli cells produce GDNF, they apparently regulate this aspect of spermatogonial stem cell behaviour.

There is no mechanism that tightly controls spermatogonial stem cell density, since large differences are apparent among different stretches of seminiferous tubules. Consequently, large differences are also found in the density of the differentiating cells produced by the stem cells, for example, A1 spermatagonia, in different stretches of tubules. However, in general, enough or more than enough A1 spermatagonia are produced everywhere and surplus cells are removed by apoptosis of A2–A4 spermatagonia, involving the Bcl-2 family of apoptosis-regulating proteins.

A specific, early point of differentiation in the spermatogenic lineage takes place in epithelial stages VII–VIII, during which \( \text{A}_{\text{al}} \) spermatagonia differentiate into A1 spermatagonia. This differentiation step involves the action of retinoic acid, the SCF–c-kit system, cyclin D2 and the Dazl protein and seems to be disturbed by high concentrations of testosterone. Differentiation into A1 spermatagonia generally takes place in \( \text{A}_{\text{al}} \) spermatagonia but, occasionally, \( \text{A}_{\text{pr}} \) spermatagonia and, rarely, \( \text{A}_{\text{s}} \) spermatagonia may also become A1 spermatagonia. However, during the normal epithelial cycle in mice and Chinese hamsters, a few \( \text{A}_{\text{al}} \) chains of four and, rarely, a chain of eight escape differentiation. The chance of differentiation into A1 may increase with increasing chain length, and even stem cells may not be excluded from this event.

Although the above mechanism describes the situation in normal epithelium, there are emergency mechanisms as well. First, spermatogonial stem cell renewal becomes strongly preferred above Apr formation after heavy cell loss, for example, inflicted by irradiation, and this is the basic mechanism by which the seminiferous epithelium can be repopulated. Second, when the number of A4–B spermatagonia is 50% lower than it is in the normal testis, the proliferative activity of the \( \text{A}_{\text{pr}} \), \( \text{A}_{\text{pr}} \) and \( \text{A}_{\text{al}} \) spermatagonia does not stop in epithelial stage III but continues up to stage VII, apparently in an effort to increase cell production to a sufficient level. Third, although it seems wasteful that, in most areas, too many A1 spermatagonia are formed, this mechanism does provide a reserve capacity that can be used to cope with light cell loss since, when there are fewer A1 spermatagonia, there will be less apoptosis.

It can be concluded that cell production in the seminiferous epithelium is a very efficiently organized process. An even density of cells is produced constantly as a result of several emergency and fine tuning mechanisms that enable the testis to cope with local or overall problems with cell production. The spermatogonial stem cells are the best known of all the stem cell systems of the body with respect to their morphology and behaviour at the cellular level. The complexity of the seminiferous epithelium has long hindered progress in studies of the molecular biology of the regulation of spermatogonial multiplication and stem cell renewal. However, the availability of new experimental systems and transgenic mice should enable faster progress in this field.

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