Angiogenesis during primate placentation in health and disease

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Normal embryonic development is dependent upon a sufficient oxygen, nutrient and waste exchange through the placenta. In primates including humans, this exchange is attained by successful haemochorial placentation which requires the transformation of maternal intramyometrial spiral arterioles by trophoblast invasion to gain uteroplacental circulation, and establishment and maintenance of a competent fetoplacental vasculature. Thus, trophoblast and endothelial cell differentiation, proliferation and invasion occurring during placentation have to be tightly regulated. This review focuses on the diverse developmental steps during haemochorial placentation in humans and other primates and the possible involvement of angiogenic growth factors (vascular endothelial growth factor (VEGF) and angiopoietins (Ang)) in these processes, highlighting the importance of specific actions of angiogenic ligand–receptor pairs. It is hypothesized that VEGF/VEGF-R1 and Ang-1/Tie receptor 2 (Tie-2) may regulate trophoblast differentiation and invasion; VEGF/VEGF-R2 and Ang-1/Tie-2 may promote fetoplacental vascular development and stabilization; and Ang-2/Tie-2 may be involved in maternal vascular remodelling. The importance of a tight regulation of angiogenic factors and their endogenous antagonists for normal development of the placenta is demonstrated by failure of this system, resulting in abnormal placenta vascularization and trophoblast invasion associated with intrauterine growth retardation or pre-eclampsia.

In recent years, increasing attention has been drawn to the regulation of angiogenesis during placental development. Not only is the placenta a good model in which to study angiogenesis as a result of its high physiological angiogenic activity, but also there is evidence that failure in the development of a functional vasculature leads to severe conditions such as intrauterine growth retardation of the fetus and pre-eclampsia of the mother. Placenta is a dynamic process in which a number of developmental changes occur. Differentiation and developmental processes may be regulated by changes in gene expression of angiogenic growth factors and their receptors. Thus, during placentation the spatial and temporal changes in gene expression may be studied to begin to reveal the physiological role of angiogenic factors in the regulation of trophoblast growth and differentiation and vascular development.

Investigating the processes during placentation is difficult for various reasons. In humans, it is difficult to obtain normal control placentas from intact pregnancies during the second half of gestation. In addition, investigation of the feto–maternal interface and placental bed is complicated but necessary when investigating pathological conditions such as pre-eclampsia. Placenta bed biopsies taken during Caesarean sections require some technical expertise and again collection of appropriate controls in humans is nearly impossible. However, interspecies differences during placentation are marked, and it is essential that these differences are considered when extrapolating physiological, endocrinological, immunological or angiogenic data from the animal to the human situation. This review focuses on the regulation of angiogenesis and placental development in primates because of their similarity in developing an efficient placenta for oxygen and nutrient exchange, the haemochorial placenta. Major developmental steps during placentation in primates are the differentiation of the trophoblast, trophoblast invasion of maternal tissue, remodelling of maternal vasculature to gain a uteroplacental circulation and development of a competent fetoplacental vasculature within the trophoblast. Although these processes are common in primates, the placenta of humans is characterized by deep trophoblast invasion and complete remodelling of maternal vasculature by digestion of upper parts of myometrial spiral arterioles. On the basis of knowledge of similarities and differences during placentation in humans and non-human primates,
it is aimed to piece together the potential role of angiogenic growth factors in molecular regulation of these diverse developmental steps. This is of particular importance when selecting animal models with which the molecular basis of pathological conditions, such as pre-eclampsia, may be investigated. Apart from in humans, natural occurring pre-eclampsia is observed only in few primates such as the patas monkey (Erythrocebus patas) (Palmer et al., 1979), a species that is not widely used in reproduction research. Several attempts have been undertaken to induce pre-eclampsia in various species including non-human primates (Douglas, 1976; Combs et al., 1993; Hennessy et al., 1999); however, all of them have failed to mimic the complete clinical picture of the human disease. The simplest pathomechanism behind this disorder is believed to be due to incomplete remodelling of maternal spiral arterioles by the invading trophoblast. Only species developing a haemochorial placenta may therefore be affected. Thus, it is of major importance to elucidate physiological and pathological gene expression of angiogenic factors potentially involved in trophoblast growth, invasion and maternal vascular remodelling during primate placenta.

Comparative placentaion in humans and non-human primates

From a macroscopic point of view, primates develop a discoidal placenta which means that the fetomaternal interaction takes place in a roughly circular area. Whereas most non-human primates have a bi-discoidal placenta, humans develop a mono-discoidal placenta. In most primates, for example rhesus monkeys, baboons and marmosets, implantation is superficial (Fig. 1a). The blastocyst is simply attached to the uterine epithelium and the conceptus remains within the uterine lumen (Hearn, 1986). It is only in great apes and humans that the blastocyst becomes completely embedded in the endometrium (Fig. 1a), so that interstitial implantation takes place (Hearn, 1986). The simplest form of the fetomaternal interdigitation found in non-primates is the folded trophoblast type. The uterine surface is thrown into numerous undulations. The folding serves to build a high surface area for the exchanges taking place between fetus and mother. By interruption of the parallel folds and formation of arrays of broad palmate branches an even higher surface is created. The so-called trabecular-shaped trophoblast type (Fig. 1b) is the feature of primates (Kaufmann and Burton, 1994). The most efficient way for nutrients and oxygen exchange per volume tissue is to increase the surface area of the trophoblast. This is guaranteed by the formation of a tree-like trophoblast type in which trophoblast villi are formed by repeated branching of stem villi into more slender units. This villous-type placenta (Fig. 1c) is found in humans (Kaufmann and Burton, 1994) and in patas monkeys (Palmer et al., 1979). With respect to blood supply, in most species the trophoblast is simply apposed to the uterine epithelium without any or minimal destruction of the maternal tissue (epitheliochorial or endotheliochorial implantation, respectively). Thus, there is no direct contact of maternal blood with fetal tissue. Further invasion leads to erosion of maternal vessels, so that the trophoblast is bathed directly by the mother's blood (Fig. 1d). This is termed haemochorial placentaion, and is typical for most non-human primates and humans. Here, the barrier between the fetal and mother's blood is very thin, making the exchange of oxygen and nutrients very efficient. A haemomonochorial placenta type develops throughout pregnancy in which the trophoblast consists of the fetal capillaries, interstitial tissue and a monolayer of the syncytiotrophoblast. The depth of trophoblast invasion and maternal vascular remodelling varies among primates; the deepest invasion of the trophoblast with a nearly complete digestion of maternal vessels is found in humans.

Placental development

Although the time span of the placentaion period differs among primates, the fundamental developmental steps necessary for successful placentaion are similar: (1) trophoblast invasion; (2) vascularization of the trophoblast to establish and maintain a fetoplacental vasculature; and (3) subsequent maternal vascular remodelling to gain a uteroplacental circulation.

During early placentaion the trophoblast differentiates into two compartments, the syncytiotrophoblast and the cytotrophoblast (Fig. 2a). The syncytiotrophoblast invades maternal tissue (Fig. 2b), the depth of invasion depending on the species. Further development leads to penetration of cytotrophoblastic cones into the syncytiotrophoblastic mass (Fig. 2c). First lacunae develop within the syncytiotrophoblast. Further growth and differentiation processes lead to branching of the trophoblast villi and shaping of a placental labyrinth (Fig. 2d). From the extra-embryonic mesenchyme, mesenchymal cores differentiate and grow into the centre of the cytotrophoblast cores. Then endothelial cells differentiate from mesenchymal cells forming the first capillaries of the fetal placenta vasculature. At the same time the beginning of maternal vascular remodelling takes place. By opening of maternal vessels, the placenta labyrinth is filled with maternal blood, flowing around the villous tree. Thus, the haemochorial placenta has developed.

The trophoblast is intrinsically an avascular tissue and so for it to take part in materno-fetal exchange it must develop a functional circulation. Two processes, vasculogenesis and angiogenesis, are involved. Vasculogenesis is defined as the development of new blood vessels from primitive precursor cells, whereas angiogenesis is the development of new vessels from a pre-existing vasculature. Thus, vasculogenesis and angiogenesis are
Fig. 1. The differences during placentation between primates and humans. (a) Different implantation types. The human trophoblast is completely embedded into maternal tissue, thus interstitial implantation takes place. In other primates, for example rhesus monkeys, baboons and marmosets, implantation is superficial, but the trophoblast gets into contact with maternal vessels. e.p.: epithelial reaction; z: trophoblast. (b) The trabecular trophoblast type typical for non-human primates. (c) The villous trophoblast type found in humans. (d) The mature human placenta illustrating the haemochorial placenta type in which loose centres of villous trees are arranged around maternal arterial inflow areas. Thus, the trophoblast is bathed by the mother's blood (arrows). A: amnion; BP: basal plate; CL: chorion laeve; CP: chorion plate; IVS: intervillous space; J: junctional zone; M: myometrium; MZ: marginal zone between placenta and fetal membranes; P: perimetrium; S: septum; UC: umbilical cord. (a) Redrawn from Hearn (1986). (b,c,d) Redrawn from Kaufmann and Burton (1994).
both involved in fetal vascular development. Conversion of maternal spiral arterioles associated with angiogenesis differs between non-human primates and humans. In humans, the trophoblast invades deep into the maternal uterine tissue causing complete digestion of the upper parts of maternal spiral arterioles. By the open endings of maternal vessels, maternal blood is released into the placenta labyrinth and flows around the trophoblast villi and is drained by venous sinosoids. A different situation occurs in non-human primates, for example in marmosets, in which the invasion of maternal tissue is less deep. Here, maternal vessels persist throughout pregnancy. However, gaps in the maternal vascular wall are found in increasing number throughout pregnancy, from which the placental labyrinth is filled with maternal blood (Fig. 2d).

Principal molecular regulators of angiogenesis

Co-ordination of the diverse developmental steps outlined above appears to be mediated by locally acting growth factors, principally placenta growth factor (PIGF), vascular endothelial growth factor (VEGF) and angiopoietins (Ang-1 and Ang-2). These factors appear not only to regulate vascular development and remodelling during placentation but also act as growth factors for driving growth and differentiation processes such as trophoblast invasion and maturation. Both growth factor families act via their tyrosine kinase receptors (Hanahan, 1997). PIGF binds only to the VEGF-R1 receptor, whereas VEGF binds to the VEGF-R1 and VEGF-R2 receptors (Gale and Yancopoulos, 1999). The physiological role of PIGF in placental development is at present unclear.
Angiogenesis during primate placentation in health and disease

573

Trophoblast invasion, fetoplacental vascular development and maternal vascular remodelling during haemochorial placentation

The current literature on the localization of angiogenic growth factors in the placenta is summarized here. There are no functional studies in primates demonstrating how placentation is regulated on a molecular basis by these factors. However, by piecing together the current knowledge of angiogenic factor expression, a picture of possible molecular regulatory processes emerges.

For all primates studied, including humans, VEGF and its receptors have been localized in the placenta during early pregnancy at the time when the syncytiotrophoblast penetrates maternal tissue before vascular development and remodelling takes place. VEGF is expressed in maternal decidual cells (Charnock-Jones et al., 1994; Cooper et al., 1995; Wulff et al., 2002a) and in the invading trophoblast (Charnock-Jones et al., 1994; Geva et al., 2002). At that time, of the two VEGF receptors only VEGF-R1 is expressed in the primary placenta, and its expression is localized in the invading extravillous trophoblast (Charnock-Jones et al., 1994; Clark et al., 1996; Wulff et al., 2002a). These observations may imply that VEGF binding to VEGF-R1 receptor is involved in driving trophoblast invasion.

Within the trophoblast tree, VEGF is localized in the cytotrophoblast cells (Geva et al., 2002; Wulff et al., 2002a; Zhou et al., 2002) and VEGF-R1 is localized in the villous trophoblast (Sharkey et al., 1993; Hildebrandt et al., 2001; Geva et al., 2002; Wulff et al., 2002a; Zhou et al., 2002), indicating that VEGF/VEGF-R1 may play an important role in the co-ordination of trophoblast differentiation and migration in addition to regulating trophoblast invasion.

In addition, the angiopoietins are expressed during the very early placentation period in primates (Rowe et al., 2003), indicating their involvement in the regulation of trophoblast growth. In monkeys, Ang-1 is highly expressed in the syncytiotrophoblast, whereas its receptor, Tie-2, is located in the cytotrophoblast (Geva et al., 2002; Wulff et al., 2002a). Similar observations have been made in the human placenta, in which Ang-1 and Tie-2 have also been detected in the cytotrophoblast–syncytiotrophoblast bilayer (Dunk et al., 2000; Geva et al., 2002). It was demonstrated by using a recombinant Tie-2-Fc (a construct containing the extracellular domain of the Tie-2 receptor fused to the Fc portion of human IgG) to inhibit Ang-1 action, that Ang-1 stimulated trophoblast growth and migration in vitro (Dunk et al., 2000). In marmosets, increasing gene expression of Ang-1 was found during gestation (Wulff et al., 2002a). Thus, Ang-1 may trigger the in-growth of the cytotrophoblast cones in the syncytiotrophoblast, whereas the relatively higher expression later during placentation may be required for branching of the villi and shaping the labyrinth.

When the trophoblast tree develops, the fetoplacental vascular system differentiates simultaneously, including endothelial cell differentiation, proliferation, tubulus formation and stabilization. In the majority of reports, the VEGF-R2 receptor was found to be exclusively expressed on endothelial cells or mesenchymal cells from which endothelial cells differentiate (Clark et al., 1996; Helske et al., 2001; Hildebrandt et al., 2001; Geva et al., 2002; Wulff et al., 2002a), whereas VEGF expression was localized in the trophoblast, indicating that endothelial cell differentiation, migration and proliferation as the essential steps for building the primary vascular network are mediated by a VEGF/VEGF-R2 ligand–receptor pair in a paracrine system.

Whereas fetal capillaries of the trophoblast are thin-walled in order to allow oxygen diffusion, chorion vessels are stabilized by a thick wall of pericytes, smooth muscle cells or both to fulfill their task of collection and draining all fetal placental blood. There are few studies demonstrating Tie-2 expression in the placenta (Dunk et al., 2000; Goldman-Wohl et al., 2000; Wulff et al., 2002a). Tie-2 was found to be highly expressed in the wall of chorion vessels, whereas in fetal capillaries
Fig. 3. (a) Schematic diagram of a cross-section of the marmoset placenta. (b) Vascular endothelial growth factor (VEGF)/VEGF-R1/VEGF-R2 expression patterns. VEGF (green) was expressed in the maternal decidua (D) and in the cytotrophoblast cells (C). VEGF-R1 (yellow) was expressed in the invading syncytiotrophoblast (S) and the syncytiotrophoblast lining the trabecula. VEGF-R2 (blue) was localized to fetal capillaries (FC) and chorion vessels (CV). (c) Ang-1/Ang-2/Tie-2 expression patterns. Ang-1 (brown) was focally expressed in the syncytiotrophoblast. Ang-2 (red) was exclusively localized in the endothelium of maternal vessels (Mv). The Tie-2 receptor (green) was found in parts of the cytotrophoblast, in the maternal endothelium, in fetal capillaries and in the wall of chorion vessels. CP: chorion plate; L: labyrinth; M: mesenchyme.

only low expression of Tie-2 was observed (Wulff et al., 2002a). These results may imply that here the Ang-1/Tie-2 ligand–receptor pair acts on the fetal vasculature, especially on chorion vessels in order to induce stability. In humans, Ang-1 expression was found in the media of stem villous vessels at term (Dunk et al., 2000), which is also consistent with the reported role in vessel maturation and stabilization.

Maternal vessels have to be transformed to attain uteroplacental circulation. In humans, the invasion process of the trophoblast is so deep that upper parts of maternal spiral arterioles become completely digested and the placental labyrinth is filled by the open endings of the spiral arterioles. In humans, Ang-2 is localized to the syncytiotrophoblast and Tie-2 is localized to the maternal endothelium (Dunk et al., 2000; Zhang et al., 2001), indicating a paracrine mechanism during maternal remodelling (Goldman-Wohl et al., 2000). A different situation occurs in marmosets for example, in which the invasion process is less deep and maternal vessels persist throughout pregnancy. The maternal vessels become opened, forming gaps through which maternal blood is released into the labyrinth (Merker et al., 1988). In marmosets, a unique pattern of Ang-2 expression was discovered, the mRNA being exclusively localized in maternal endothelial cells together with its receptor Tie-2 (Wulff et al., 2002a). High expression of Ang-2 mRNA was detected during early gestation, when maternal remodelling mainly takes place. Ang-2 may be a possible candidate for induction of maternal vascular transformation because it destabilizes the vasculature (Maisonpierre et al., 1997). In marmosets this destabilization process is a local event, which may be driven by Ang-2/Tie-2. In humans, although the remodelling process of maternal vessels may be supported by Ang-2/Tie-2, it is mainly driven by the aggressive trophoblast invasion.

In summary, for humans and other primates it is evident that processes involved in haemochorial placentation are supported by angiogenic growth factors. The most comprehensive study investigating both growth factor families, VEGF and angiopoietins, and their receptors during early mid- and late pregnancy has been undertaken in marmoset monkeys, and the study indicates a tight spatial and temporal regulation of diverse developmental processes during placentation by angiogenic inducers (Wulff et al., 2002a; Rowe et al., 2003). The results are summarized (Fig. 3). In accordance with the above reports it was specifically hypothesized that VEGF/EGF-R1 and Ang1/Tie-2 may be involved in trophoblast differentiation and invasion; VEGF/VEGF-R2 and Ang-1/Tie-2 may trigger fetoplacental vascular...
development, whereas Ang-2/Tie-2 may support the remodelling processes of the maternal vasculature.

Clinical aspects

Normal development of the embryo in primates is dependent on successful haemochorial placentation resulting in differentiation of an organ responsible for oxygen, nutrients and waste exchange. The haemochorial placenta is found in humans, showing interstitial implantation, deepest trophoblast invasion, villous tree formation and nearly complete digestion of maternal spiral arterioles, compared with the placentas of other primates, and provides the most effective oxygen exchange per volume of tissue. On the other hand, the system may be more vulnerable to disturbance during normal placentation resulting in pathological conditions for the embryo (intrauterine growth retardation) or for the mother (pre-eclampsia or haemolysis, elevated liver enzyme activity, and low platelets syndrome (HELLP syndrome). Thus, these conditions are rarely observed in other primates. In the literature, symptoms of spontaneously occurring pre-eclampsia are reported, for example in patas monkeys (Palmer et al., 1979). As in humans, patas monkeys also develop a villous trophoblast tree. Although the pathophysiology of pre-eclampsia is still unknown, the hypothesis of dysregulated endovascular trophoblast invasion as a key step for the development of pre-eclampsia is favoured (Kaufmann et al., 2003).

When discussing possible contributions of angiogenic factors in the pathogenesis of the above-mentioned disorders, it must be borne in mind that anything studied may be changed without knowing if it is a cause or consequence of the alterations. However, there is evidence that angiogenic factors may contribute to pregnancy-associated diseases such as pre-eclampsia. Pre-eclampsia is characterized by hypertension, proteinuria and oedema and affects 5% of pregnancies. In severe cases, pre-eclampsia leads onto an eclamptic episode. For development of the syndrome a cascade of events has to take place in which functional alterations in the maternal vasculature may play a key role (Roberts et al., 1989). In pre-eclamptic placentas the extent of interstitial trophoblast invasion is rudimentary (Roberts, 1998), and maternal vessels containing cytotrophoblasts are difficult to detect (Zhou et al., 1997). The initial event causing pre-eclampsia is thought to be abnormal trophoblast invasion of spiral arterioles (Granger et al., 2001). Reduced maternal vessel conversion is generally believed to culminate in reduced uteroplacental circulation resulting in relative placental bed hypoxia or ischaemia. This may lead to a widespread activation and dysfunction of the maternal vascular endothelium, resulting in appearance of symptoms associated with pre-eclampsia (Granger et al., 2001). As described above, angiogenic factors may drive invasion processes of the trophoblast during pregnancy. Accordingly, during pregnancies complicated by conditions such as pre-eclampsia and HELLP syndrome, in which trophoblast invasion is disturbed, levels of VEGF, PIGF, VEGF-R1 and Ang-2 are decreased (Torry et al., 1998; Reuvekamp et al., 1999; Zhang et al., 2001; Zhou et al., 2002). Conversely, hypoxia may induce local pseudovascularization as also associated with pre-eclampsia by local over-expression of angiogenic factors such as VEGF or angiopoietins. This contention is supported by culture studies of villous explants, in which a reduction of oxygen tension significantly raised the expression of Ang-2 mRNA (Zhang et al., 2001). Furthermore, it has been demonstrated that VEGF may be induced by hypoxia (Popovic et al., 1999; Rossler et al., 1999; Ahmed et al., 2000). A role for factors with anti-angiogenic actions which may balance the physiological angiogenic activity was postulated to be of pathophysiological importance for impaired trophoblast and vascular development during pre-eclampsia (Maynard et al., 2003). It has been demonstrated that the receptor for PIGF and VEGF is present in a soluble form (sVEGF-R1) (He et al., 1999), which is expressed in human (Clark et al., 1998) and non-human primate placentas (Wulff et al., 2002a). The VEGF-R1 pre-mRNA can be alternatively spliced, resulting in the membrane-bound VEGF-R1 receptor and sVEGF-R1 comprising the ligand-binding domain of VEGF-R1 receptor (He et al., 1999), thus becoming a potent endogenous antagonist for VEGF and PIgf (Clark et al., 1998). sVEGF-R1 as an endogenous antagonist of VEGF and PIGF is increased during pre-eclampsia (Helske et al., 2001; Zhou et al., 2002; Maynard et al., 2003). Maynard et al. (2003) demonstrated that sVEGF-R1 upregulation, presumably from the placenta, is also associated with increased systemic levels of sVEGF-R1. Furthermore, free VEGF and PIGF were decreased. Thus, a lack of serum PIGF and VEGF may cause the systemic maternal endothelial defect which is reflected by the symptoms of pre-eclampsia. In summary, imbalance of angiogenic factors and their endogenous antagonists may contribute to the pathogenesis of pre-eclampsia.

Animal models in clinical research

Owing to methodological limitations of studying pre-eclampsia in humans, a variety of animal models has been investigated (Douglas, 1976; Combs et al., 1993; Hennessy et al., 1999; Podjarny et al., 1999). Pre-eclampsia was induced by reducing uteroplacental perfusion using an aortic clip technique or chronic nitric oxide synthase inhibition. These models succeeded in mimicking some of the symptoms of pre-eclampsia, but failed to induce the complete clinical syndrome. One reason might be that they failed to inhibit the primary step of the condition, which appears to be inhibition of trophoblast invasion and maternal vascular remodelling.
As outlined above, angiogenic factors may play a crucial role in the regulation of these events. However, conclusive functional data are lacking and experiments designed to inhibit angiogenesis selectively during early pregnancy in suitable animal models are required. In rats, administration of recombinant adenovirus encoding sVEGF-R1 gene on day 8 of pregnancy induced hypertension and albuminuria (Maynard et al., 2003). Thus, inhibition of angiogenic factors during early pregnancy may be the key for simulating pre-eclampsia. It has recently been demonstrated that selective inhibition of angiogenic factors, such as VEGF, can be achieved in primates by administering specific antagonists and that physiological angiogenesis in the reproductive tract can be successfully inhibited (Wulf et al., 2001a,b; Fraser et al., 2002b). Thus, there is now the potential for designing non-human primate studies in which angiogenic factors can be manipulated in early pregnancy in order to dissect their role in intrauterine growth retardation and pre-eclampsia.

Concluding remarks

It appears that during normal haemochorial placentation, the processes of trophoblast invasion, fetoplacental vascular development and maternal vascular remodelling, VEGF, angiopeitins and their receptors may be involved in the regulation of these processes. Despite minor developmental differences during placentation between non-human primates and humans, it is proposed that VEGF/VEGF-R1 and Ang-1/Tie-2 may play a role in trophoblast growth and invasion. VEGF/VEGF-R2 and Ang-1/Tie-2 may regulate fetoplacental vascular development and Ang-2/Tie-2 may support maternal vascular remodelling. Furthermore, the importance of a balanced system of the spatial and temporal expression of these angiogenic factors and their endogenous antagonists for normal placentation is demonstrated by comparison of changes in the expression patterns of these factors in severe compromised pregnancies (pre-eclampsia and intrauterine growth retardation). The clinical condition of pre-eclampsia caused by insufficient trophoblast invasion and maternal vascular remodelling is observed only in primates that develop a haemochorial, villous placenta. As angiogenic factors may be crucial in regulating these events and angiogenesis has been successfully inhibited in primates by targeting specific angiogenic factors, it is hypothesized that a primate model for pre-eclampsia may be established by local treatment of the uteroplacental system with angiogenic factor antagonists during early placentation.

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