Embryonic exposure to oestrogen causes eggshell thinning and altered shell gland carbonic anhydrase expression in the domestic hen

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Abstract

Eggshell thinning among wild birds has been an environmental concern for almost half a century. Although the mechanisms for contaminant-induced eggshell thinning are not fully understood, it is generally conceived to originate from exposure of the laying adult female. Here we show that eggshell thinning in the domestic hen is induced by embryonic exposure to the synthetic oestrogen ethynyloestradiol. Previously we reported that exposure of quail embryos to ethynyloestradiol caused histological changes and disrupted localization of carbonic anhydrase in the shell gland in the adult birds, implying a functional disturbance in the shell gland. The objective of this study was to examine whether in ovo exposure to ethynyloestradiol can affect eggshell formation and quality in the domestic hen. When examined at 32 weeks of age, hens exposed to ethynyloestradiol in ovo (20 ng/g egg) produced eggs with thinner eggshells and reduced strength (measured as resistance to deformation) compared with the controls. These changes remained 14 weeks later, confirming a persistent lesion. Ethynyloestradiol also caused a decrease in the number of shell gland capillaries and in the frequency of shell gland capillaries with carbonic anhydrase activity. These data suggested that a disrupted carbonic anhydrase expression was involved in the mechanism for the oestrogen-induced eggshell thinning found in this study. The results support our hypothesis that eggshell thinning in avian wildlife can result from a structural and functional malformation in the shell gland, induced by xeno-oestrogen exposure during embryonic development.

Introduction

Reproductive failure due to eggshell thinning is one of the most serious ecotoxicological effects that have afflicted avian wildlife. It is therefore intriguing that, in spite of numerous attempts to explain contaminant-induced eggshell thinning, the underlying mechanism of action still remains to be clarified. During the 1950s, 1960s and 1970s, population decline consequent to eggshell thinning was observed in several bird species in Europe and North America. 2,2-bis(chlorophenyl)-1,1,1-trichloroethane (DDT) and its persistent metabolite 2,2-bis(4-chlorophenyl)-1,1-dichloroethane (p,p'-DDE) were pointed out as the main culprits (Ratcliffe 1967, 1970, Hickey & Anderson 1968, Cooke 1973, Faber & Hickey 1973), although also other chemicals have been associated with decreased shell quality. Several explanations for DDT/DDE-induced eggshell thinning have been proposed, all based on the assumption that pollutant-induced eggshell thinning is caused by exposure of the adult bird. According to the most current hypothesis, p,p'-DDE exposure of the adult bird inhibits prostaglandin synthesis in the shell gland mucosa and, as a consequence, calcium and bicarbonate transport across the mucosa is reduced (Lundholm 1993, 1997).

The avian eggshell consists mainly of calcium carbonate. The carbonate ions are formed from metabolic CO₂. The first step in the carbonate ion formation, i.e. CO₂ + H₂O ↔ H⁺ + HCO₃⁻, is catalyzed by carbonic anhydrase (CA), an enzyme family consisting of at least 14 different isozymes (reviewed in Chegwidden & Carter 2000). We have previously reported that embryonic exposure to the synthetic oestrogen ethynyloestradiol (EE₂) results in disrupted expression of CA as well as anatomical and histological alterations in the shell gland in quail (Berg et al. 2001, Holm et al. 2001). These findings led us to propose that eggshell thinning could reflect a functional malformation in the shell gland induced in ovo, rather than being caused solely by exposure of the adult egg-laying female.
The objective of the present study was to test this hypothesis in domestic hens. Following exposure to EE₂ in ovo, chicks were raised to adult age. Egg production of the adult females was determined and eggshell quality was measured. Oviduct histology and localization of CA in the oviduct were examined.

Materials and Methods

Fertilized eggs from White Leghorn chickens (strain SLU13; University breeder flock, Uppsala, Sweden) were incubated at 37.2–37.7 °C and turned every third hour. Eggs, incubated for 4 days, were injected with EE₂ (Sigma Chemical Co., St Louis, MO, USA) into the yolk via a small hole drilled at the blunt end of the egg. The EE₂ was dissolved in a mixture of peanut oil and lecithin from which an emulsion in water was prepared and used as vehicle (Brunström & Örberg 1982, Brunström & Darnerud 1983). The doses were 2, 7 or 20 ng EE₂/g egg, referred to as low (LD), intermediate (ID) and high dose (HD). Control eggs were given vehicle only. Yolk injection was used as a route for administration in order to simulate how wild birds are exposed to lipophilic pollutants during development. The injection volume was 100 μl. After injection, the hole was sealed with paraffin wax and the eggs were returned to the incubator. On day 19 of incubation, the eggs were placed in a hatcher at 37.0 °C 8 C and 70% relative humidity. Hatchlings were sexed by cloacal inspection on day 22. Male chicks were killed immediately whereas female chicks were wing banded and vaccinated against Marek’s disease. The chicks were reared in groups for 16 weeks and were then moved to single-hen cages. During the rearing and growing periods, the birds were fed commercial starter and grower diets. The birds were raised in 8 h light/16 h dark until 15 weeks of age, thereafter light was gradually increased by 20 min/week until 16 h light/8 h light was attained. The chicks were fed commercial starter and grower diets. The birds were raised in 8 h light/16 h dark until 15 weeks of age, thereafter at weeks 20 and 37. The number of injected and hatched eggs, the number of female chicks and the number of laying hens in each treatment group are given in Table 1. The study was approved by the Uppsala Local Ethics Committee.

Egg and eggshell measurements

Onset of lay and total number of eggs were recorded for each bird. Egg and shell characteristics were measured at two time-points during the egg-laying period, when the hens were 32 and 46 weeks old. For these measurements, eggs were collected each morning for 5 consecutive days. The mean values of egg and shell characteristics were consequently derived from measurements on up to five eggs/hen. The mean values for each treatment group given in Tables 2 and 3 were calculated from the mean values for each bird.

Egg length and width were measured using digital Vernier callipers. Shell strength was determined as non-destructive deformation (Hamilton 1982) using an apparatus constructed for this purpose (Örberg 1990). In brief, a rod is lowered until it rests on the upper surface of the egg. A weight (437.5 g) is then applied to the top of the rod and deformation of the shell (in μm) is shown on a gauge. Deformation was measured at three points approximately 120° apart along the equator of the egg. Three measurements/point were performed (i.e. nine measurements/egg) and a mean value was calculated for each egg.

The eggs were carefully cracked, the shell rinsed clean from albumen with distilled water, and dried overnight at 120 °C. Shell weight (with shell membranes) was recorded. Shell membranes were removed by boiling the shells in 2.5% (w/v) NaOH for 8 min, rinsing in distilled water and drying overnight at 120 °C. Shell thickness was measured with a digital micrometer (Mitutoyo Absolute, No. 7360; Mitutoyo Corp., Stockholm, Sweden) on three shell pieces taken along the equator.

CA histochemistry

At 47 weeks of age, the birds were killed by an intravenous injection of pentobarbital sodium. Oviducts were rapidly removed, measured, cut open lengthwise and fixed in 5% (w/v) paraformaldehyde in phosphate buffer (0.067 mol/l, pH 7.2) for 24 h at 4 °C. Three transverse slices (2 mm thick) were cut from each of the following regions: infundibulum, magnum, isthmus and uterus. From the uterovaginal junction (UVJ), tissue slices were cut lengthwise.

Localization of CA activity was performed according to Ridderdöre’s histochemical method (Ridderdöre 1976, 1991). Following dehydration in gradients of ethanol, the samples were embedded in a water soluble resin (Leica historesin, Heidelberg, Germany). Sections (2 μm) were cut on a microtome (Leica RM 2165, Leica Instruments GmbH, Heidelberg, Germany) using glass knives. The sections were incubated for 6 min floating on the incubation medium containing 3.5 mmol/l CoSO₄, 53 mmol/l H₂SO₄, 11.7 mmol/l KH₂PO₄ and 157 mmol/l NaHCO₃. After incubation, the sections were rinsed in 0.67 mmol/l phosphate buffer (pH 5.9), transferred to 0.5% (v/v) (NH₄)₂S, and finally rinsed in two successive baths with distilled water. The incubation procedure results in a black

| Table 1 | Number of injected and hatched eggs, number of hatched females, mortality and number of laying females after in ovo exposure to EE₂. |
|---------|-----------------|----------------|----------------|----------------|
|         | Control | LD  | ID  | HD  |
| Total no. of injected eggs | 40 | 37  | 38  | 40  |
| Hatched eggs       | 29  | 23  | 28  | 29  |
| Hatched female chicks | 12  | 12  | 16  | 12  |
| Mortality        | 2    | 3   | 1   | 1   |
| Laying hens⁸     | 10   | 9   | 15  | 11  |
| Laying hens⁹     | 10   | 9   | 15  | 9   |

⁸ at 32 weeks of age.
⁹ at 46 weeks of age.
precipitate of cobalt sulphide at sites of active CA. Before mounting, some of the sections were counter-stained with azure blue. Neighbouring sections were stained with haematoxylin–eosin for histological examination.

The specificity of the reaction was checked using the CA inhibitor acetazolamide. Sections were first preincubated in a 10 μmol/l solution of acetazolamide for 30 min and then incubated as above but with an incubation medium containing 10 μmol/l inhibitor. Sections incubated with the inhibitor contained no significant staining.

### Image analysis

Digital images of CA-stained sections from the shell gland of control birds and birds exposed to 20 ng EE2/g egg were taken using a Nikon Microphot-FXA imaging system (Bergström Instrument AB, Stockholm, Sweden). One image of the top of five consecutive mucosal folds in one section/bird was used. Only tall mucosal folds attached to the underlying muscular layer were chosen. The total number of capillaries/mm² of tissue and the frequency of capillaries positive for CA activity were determined using an image analysis software (Easy Image Measurements 2000; Bergström Instrument AB, Stockholm, Sweden). Capillaries were counted only if the entire capillary was located within the picture frame. A capillary was considered CA positive if more than half of its circumference was showing CA activity (black staining). All slides were coded and the analysis of all slides was performed by the same person.

### Results

There were no differences between the EE2-exposed groups and the control group regarding hatchability of injected eggs, mortality (Table 1) or body weights. The percentage of hatched eggs was 72.5% in the control group and 62.2%, 73.7% and 72.5% in the LD, ID and HD groups respectively. The average body weight when the animals were killed was 1670 ± 165 g in the control birds, 1725 ± 196 g in the LD, 1619 ± 204 g in the ID and 1720 ± 251 g in the HD birds.

### Shell quality

Egg characteristics and eggshell data from the first measuring period (week 32) are given in Table 2. The eggs from

### Table 2 Effects of embryonic exposure to EE2 on egg and eggshell characteristics, mean values ± s.d. (first laying period at 32 weeks of age).

<table>
<thead>
<tr>
<th>Variable</th>
<th>Control</th>
<th>LD</th>
<th>ID</th>
<th>HD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shell thickness (mm)</td>
<td>0.9 ± 0.03</td>
<td>0.9 ± 0.03</td>
<td>0.9 ± 0.03</td>
<td>0.9 ± 0.03</td>
</tr>
<tr>
<td>Shell deformation (μm)</td>
<td>2.1 ± 0.29</td>
<td>2.1 ± 0.29</td>
<td>2.1 ± 0.29</td>
<td>2.1 ± 0.29</td>
</tr>
<tr>
<td>Shell weight (g)</td>
<td>5.0 ± 0.45</td>
<td>5.0 ± 0.45</td>
<td>5.0 ± 0.45</td>
<td>5.0 ± 0.45</td>
</tr>
<tr>
<td>Egg length (mm)</td>
<td>55.2 ± 1.2</td>
<td>55.2 ± 1.2</td>
<td>55.2 ± 1.2</td>
<td>55.2 ± 1.2</td>
</tr>
<tr>
<td>Egg width (mm)</td>
<td>41.0 ± 1.2</td>
<td>41.0 ± 1.2</td>
<td>41.0 ± 1.2</td>
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</tr>
</tbody>
</table>

* Significantly different from controls (P < 0.05).

### Table 3 Effects of embryonic exposure to EE2 on egg and eggshell characteristics, mean values ± s.d. (second laying period at 46 weeks of age).

<table>
<thead>
<tr>
<th>Variable</th>
<th>Control</th>
<th>LD</th>
<th>ID</th>
<th>HD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shell thickness (mm)</td>
<td>0.9 ± 0.03</td>
<td>0.9 ± 0.03</td>
<td>0.9 ± 0.03</td>
<td>0.9 ± 0.03</td>
</tr>
<tr>
<td>Shell deformation (μm)</td>
<td>2.1 ± 0.29</td>
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<td>Egg length (mm)</td>
<td>55.2 ± 1.2</td>
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<tr>
<td>Egg width (mm)</td>
<td>41.0 ± 1.2</td>
<td>41.0 ± 1.2</td>
<td>41.0 ± 1.2</td>
<td>41.0 ± 1.2</td>
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</table>

* Significantly different from controls (P < 0.05).
the HD females had significantly thinner shells compared with the control eggs ($P = 0.024$). In addition, shell weight and shell strength were significantly reduced in the HD eggs ($P = 0.039$ and $P = 0.017$ respectively). In the second measuring period (week 46; Table 3), shell thickness and shell strength remained significantly reduced in the HD eggs compared with the controls ($P = 0.016$ and $P = 0.008$ respectively). Egg characteristics (weight, length, width) did not differ between treatments in any of the two measuring periods.

**Egg production, gross morphology and histology**

Egg production of the EE2-exposed females did not differ significantly from that of the control females. The average total egg production per hen by week 47 ($\pm$ S.D.) was $126 \pm 14$ in the control group, $134 \pm 14$ in the LD group, $126 \pm 14$ in the ID group and $118 \pm 26$ in the HD group. No anatomical alterations in the oviducts were observed in the EE2-exposed birds compared with the controls. At the time when the animals were killed, the average length of the left oviduct was $54 \pm 2$ cm in the control group, $51 \pm 2$ cm in the LD group, $56 \pm 5$ cm in the ID group and $47 \pm 12$ cm in the HD group. All regions of the oviduct were examined by light microscopy. No apparent histological alterations were observed in infundibulum, magnum, isthmus or UVJ in the EE2-exposed birds compared with the controls. In the shell gland, however, an alteration in the number of capillaries was indicated. As revealed by image analysis, the HD birds showed a reduced total number of capillaries in the shell gland, $232 \pm 57/mm^2$ compared with $280 \pm 57/mm^2$ in the controls ($P < 0.0001$).

**CA localization**

CA localization was investigated in all regions of the oviduct (infundibulum, magnum, isthmus, UVJ and shell gland) in five birds per treatment group. Apparent differences in CA activity between treatment groups were found only in the shell gland capillaries. The shell gland was therefore investigated in all birds; in total, ten controls, nine LD, fifteen ID and nine HD birds. The distribution of CA in the infundibulum and UVJ was in agreement with previous findings (Holm et al. 1996). CA was also expressed in the magnum and the isthmus (see below).

**Shell gland**

The surface epithelium was unstained in all birds regardless of treatment. In the control birds, most tubular gland cells showed a weak staining of the lateral cell membranes and occasionally weakly stained cell nuclei (Fig. 1a). A few of the treated birds had patches of tubular gland cells with stained membranes mixed with unstained glands. Any difference between treated and control birds was subtle and not dose related. Cell nuclei were generally unstained in treated birds.

In all control birds, the capillary endothelium showed intense membrane-bound staining (Fig. 1a). In the LD and ID birds, capillary staining was similar to that of the controls. In the HD birds, the frequency of stained capillaries was lower than in the control birds. As revealed by image analysis, the frequency of stained capillaries was only $11%$ in the HD group (Fig. 1b) compared with $52%$ in the controls ($P < 0.0001$).

**Magnum and isthmus**

The localization of CA activity in magnum and isthmus has not, to our knowledge, been described previously. A brief description is therefore included. In both regions, a majority of the surface epithelial cells showed moderately stained basolateral membranes (Fig. 2). Occasionally weak staining was observed in cell nuclei. In the tubular glands, most of the nuclei were stained. Staining of lateral cell membranes was found in small patches of glands which were mixed with unstained glands. The staining of
both surface epithelium and tubular glands was generally stronger in the magnum than in the isthmus. In both regions, the capillaries showed intense membrane-bound staining of the endothelial cells.

Discussion

The mechanism for contaminant-induced eggshell thinning in wild birds is still not known, although it is generally assumed that it results from exposure of the adult laying female. Here, we have concluded that eggshell thinning can be caused by developmental exposure to oestrogen. Excretion into the yolk is an important route of elimination of lipophilic environmental pollutants in birds.

The study was designed to investigate whether eggshell thinning can reflect a functional and/or structural malformation in the shell gland of the domestic hen. This species is considered insensitive to DDE-induced eggshell thinning in conventional feeding experiments (Cooke 1973). Our results have shown that embryonic exposure to the xeno-oestrogen EE2 in the domestic hen caused production of eggs with reduced shell thickness and strength. In addition, the number of capillaries in the shell gland was reduced in treated birds and fewer of the capillaries showed CA activity. These results support our hypothesis that eggshell thinning can originate from a developmental effect in the shell gland caused by embryonic exposure to oestrogen. To our knowledge, the present study is the first to show that eggshell thinning can be a developmentally induced effect. However, shell-less and soft-shelled eggs have been reported earlier in quail following embryonic exposure to 2-(2-chlorophenyl)-2-(4-chlorophenyl)-1,1,1-trichloroethane (o,p’-DDT) at a very high dose (about 400 mg/kg) that also reduced the number of ovipositions (Bryan et al. 1989).

Inhibition of shell gland CA was early proposed as a mechanism for eggshell thinning in wild birds (Anderson et al. 1969, Bitman et al. 1970, Peakall 1970), because administration of CA inhibitors to laying hens results in thin-shelled eggs (Benesch et al. 1944, Gutowska & Mitchell 1945, Lundholm 1990). The present study has shown that the most pronounced shell gland CA activity resides in the capillary endothelium in the domestic hen. In the EE2-treated HD birds, both the reduced endothelial CA activity and the decreased number of capillaries in the shell gland mucosa may have negative consequences on eggshell formation by reducing the availability of calcium and carbonate ions. The carbonate ion needed for shell formation is supplied consequent to hydration of CO2 to HCO3 in a process catalysed by CA. CA is present in the glandular cell membranes as well as in capillaries and the CO2 is supplied via the blood plasma and cellular metabolism. Thus, a reduced CO2 diffusion, as a result of a decreased amount of CA in the capillaries in treated birds, could therefore reduce HCO3 transfer to the shell gland lumen. Capillary CA may also influence the microcirculation by mediating changes in extra- and intracellular pH according to a recent study on rat retina (Reber et al. 2003). Large amounts of calcium are transported by the blood to the shell gland, and blood flow in the shell gland increases significantly during shell formation (reviewed in Johnson 2000). Altered microcirculation and/or a reduced number of capillaries in the exposed birds may therefore reduce the amount of calcium available for shell formation. In addition, impaired transport or reduced concentration of HCO3 ions may also reduce the availability of Ca2+ since transport of these two ions through the shell gland mucosa is, to some extent, coupled (Pearson & Goldner 1974, Eastin & Spaziani 1978).

In the present study, we have found that embryonic oestrogen exposure subsequently caused eggshell thinning and that this effect persisted at least over a 14-week laying period. We also found that embryonic EE2 exposure induced persistent effects in quail. Altered shell gland morphology and CA distribution (Berg et al. 2001, Holm et al. 2001) persisted after moult, i.e. after regression and subsequent regeneration of the oviduct (C Berg, L Holm, I Brandt, B Brunström & Y Ridderdstråle, unpublished observations). This implies that wild birds exposed to estrogen-like pollutants as embryos may produce eggs with impaired shell quality throughout their lives. Indeed, a developmental effect may explain why old females of Baltic white-tailed sea eagles (Haliaeetus albicilla) continue to produce eggs with poor shell quality although the levels of persistent pollutants have declined considerably (Helander 1994, Helander et al. 2002). We assessed shell strength by measuring deformation of the eggshell under an applied weight. The decreased resistance to deformation found consequent to EE2 exposure in this study may have been caused by the reduced shell thickness, but
also by changes in shell porosity, shell membrane quality and shell matrix composition (Örberg 1990, Lavelin et al. 2000). Further studies will be conducted to characterize changes in shell structure following embryonic EE2 exposure.

The shell gland was the only region in the oviduct showing an altered CA-staining pattern following in ovo exposure to EE2 in the domestic hen. Embryonic exposure to 20 ng EE2/g egg also caused disrupted CA localization in the shell gland in quail. In quail, CA activity was induced in the surface epithelium whereas it was reduced in the subepithelial glands in the shell gland (Holm et al. 2001). Unlike the domestic hen, CA activity of capillary endothelial cells was not detected in quail. In addition to these findings in birds, little is known about hormonally induced developmental reprogramming of CA in the sex organs in different species. It is therefore a notable observation that the CA 2 gene is down-regulated in mouse testis following neonatal exposure to the synthetic oestrogen diethylstilboestrol (Adachi et al. 2004).

In the present study, we observed no anatomical malformations in the chicken oviducts like those observed in adult quail oviducts following embryonic exposure to 20 ng EE2/g egg (Berg et al. 2001). In addition, egg production was unaffected in the present study, while quail exposed to 7 ng EE2/g egg as embryos failed to lay eggs as adults (unpublished results), probably due to malformation of their oviducts. Furthermore, as shown in studies with diethylstilboestrol, an approximately 25 times higher dose was required to cause Müllerian duct (embryonic oviduct) malformations in chicken embryos compared with quail embryos (Berg et al. 1999, Berg 2000). Taken together, these data imply that oviduct development in quail is more sensitive than in chicken with respect to oestrogenic effects on structure and function. An explanation for the difference between quail and chicken with regard to oestrogen-induced effects on CA may be an interspecies variation in the hormonal regulation of CA activity in the oviduct as observed among mammals. In the rabbit endometrium, progesterone increases CA activity and oestrogen inhibits this effect (Hodgen & Falk 1971), while these hormones have opposite effects in the mouse (Maren 1967).

In conclusion, we have shown that eggshell thinning and a reduction in CA activity in shell gland capillaries are induced by embryonic oestrogen exposure in the domestic hen. These findings strengthen our hypothesis that eggshell thinning in birds can reflect a functional and structural malformation induced during the embryonic stage. Furthermore, the results suggest that CA is involved in the mode of action for an oestrogen-induced developmental effect on the shell gland. This study highlights the importance of exposure during critical organizational periods when studying endpoints related to the reproductive system.

Acknowledgements

The authors are grateful to the late Ingrid Wennerberg for expert technical assistance. This study was supported by the Swedish Research Council for Environment, Agricultural Sciences and Spatial Planning (Formas) and Oscar and Lilli Lamm's Foundation.

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