Development of a reliable in vitro maturation system for zebrafish oocytes

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Abstract

In zebrafish oocytes, it has been reported that a 60 or 75% Leibovitz L-15 medium or simple balanced saline solution containing 17α, 20β-dihydroxy-4-pregnen-3-one (DHP) is effective for nuclear maturation. However, most of the oocytes that matured under these conditions were not fertilized and did not hatch. Thus, these in vitro maturation methods could not support the cytoplasmic maturation of zebrafish oocytes. Therefore, we tried to develop a reliable in vitro maturation method for zebrafish oocytes, which supports their ability to be fertilized and to develop till hatching. When zebrafish oocytes at stage III were cultured in 50–100% Leibovitz L-15 medium supplemented with DHP, the highest rates of cleavage (24%) and hatching (12%) were obtained from oocytes matured in 90% Leibovitz L-15 medium. When we examined the suitable pH (7.5–9.5) of the 90% medium, higher rates of cleavage (45%) and hatching (33%) were obtained in oocytes matured at pH 9.0 than at pH 7.5, 8.5, or 9.5 (cleavage rate, 16–29%; hatching rate, 8–21%). In oocytes matured in 90% Leibovitz L-15 medium at pH 9.0, high rates of cleavage (70%) and hatching (63%) were obtained when oocytes were cultured for 270 min with 0.5 mg/ml BSA. Thus, 90% Leibovitz L-15 medium at pH 9.0 containing 0.5 mg/ml BSA was effective for normal maturation of zebrafish oocytes. This method will become a powerful tool for understanding the mechanism of in vitro maturation in zebrafish oocytes and for the practical use of immature oocytes.


Introduction

In some mammals, a method for in vitro maturation from the germinal vesicle (GV) stage to metaphase II has been established and used to understand the mechanism regulating oogenesis and folliculogenesis. In the 1960s and 1970s, it was reported that in vitro matured oocytes could be fertilized in vitro in many mammals including humans (Edwards et al. 1969), mice (Cross & Brinster 1970, Iwamatsu & Chang 1972, Mukherjee 1972), rabbits (Brackett et al. 1972), guinea pigs (Yanagimachi 1974), hamsters (Whittingham & Bavister 1974), rats (Niwa & Chang 1975, Niwa et al. 1976), cows (Iritani & Niwa 1977), and pigs (Iritani et al. 1978). Moreover, live young were obtained from in vitro matured oocytes in mice (Mukherjee 1972), rabbits (Mills et al. 1973), humans (Stephoe & Edwards 1976), cows (Hanada 1985), and pigs (Mattoli et al. 1989). From the studies on in vitro fertilization (IVF) and in vitro maturation of mammalian oocytes, it has been recognized that nuclear maturation of oocytes does not guarantee their ability to be fertilized and to develop to term and that the maturation of the cytoplasm is essential (Eppig 1996).

In fish, including rainbow trout (Oncorhynchus mykiss; Jalabert 1976), yellow perch (Perca flavescens; Goetz & Theofan 1979), amago salmon (Oncorhynchus rhodurus; Nagahama et al. 1980), medaka (Oryzias latipes; Iwamatsu et al. 1987), and zebrafish (Danio rerio; Selman et al. 1993, 1994), 17α, 20β-dihydroxy-4-pregnen-3-one (DHP) is effective as a maturation-inducing hormone for the in vitro maturation of fully grown oocytes at the GV stage (stage III). In addition, it has been reported that gonadotropin, activin, epidermal growth factor, and transforming growth factor-α promote in vitro maturation of zebrafish oocytes (Pang & Ge 1999, 2002a, 2002b). It has also been reported that cyclin B (Kondo et al. 1997) and transforming growth factor-β1 (Kohli et al. 2003, 2005) play roles in the maturation of zebrafish oocytes. In some fish, the pH of ovarian fluid is not neutral but alkaline (Fauvel et al. 1993, Lahnsteiner et al. 1995, Linhart et al. 1995). Moreover, Patiño et al. (2005) found that alkaline conditions facilitated the in vitro maturation of oocytes from the GV stage (stage III) to MII stage (stage V) in the Atlantic croaker (Micropogonias undulatus). However, none of these studies examined the ability of oocytes to be fertilized and to develop till hatching after in vitro maturation.
Only a few studies have examined the ability of matured oocytes to be fertilized and to develop till hatching. In the zebrafish, Li et al. (1993) reported an in vitro maturation method for zebrafish oocytes at stage III in which oocytes could be matured and fertilized, and the fertilized eggs could develop to term. But this in vitro maturation method has been reproduced neither by other researchers nor by themselves, and its use has not become widespread. At present, the viability of zebrafish oocytes at stage III is assessed by morphological observation and/or trypan blue (TB) staining (Isayeva et al. 2004, Plachinta et al. 2004). In the medaka, Iwamatsu (1973) reported that immature oocytes after luteinizing hormone (LH) surge could mature, be fertilized, hatch, and develop into adult fish with an in vitro schedule. Thus, immature medaka oocytes after LH surge can be made to undergo cytoplasmic maturation in vitro. However, hatched juveniles have not been obtained from in vitro matured medaka oocytes derived from oocytes before LH surge. Thus, it is not clear whether the current in vitro maturation method for fully grown fish oocytes at the GV stage before LH surge supports the cytoplasmic maturation of the oocytes.

In this study, we first examined whether the current in vitro maturation method for zebrafish oocytes supports the cytoplasmic maturation of the oocytes by examining their ability to be fertilized and to develop till hatching. Because the results showed that the method did not support cytoplasmic maturation sufficiently, we tried to develop a reliable in vitro maturation system for zebrafish oocytes by examining their ability to be fertilized and to develop till hatching.

**Results**

The ability of zebrafish oocytes to mature, to be fertilized (cleave), and to develop till hatching

Figure 1 shows the ability of stage III oocytes to mature as assessed based on a translucent appearance and the ability to be fertilized and to develop till hatching following insemination after being cultured with the current in vitro maturation method: in 60 or 75% Leibovitz L-15 medium (pH 7.5) for 270 min at 26°C (Selman et al. 1993, 1994). Most oocytes had matured (82% and 87% respectively) as assessed by their appearance. From TB staining, high proportions of oocytes were considered alive (72 and 76% respectively). However, the rates of cleavage (3 and 7% respectively) and hatching (0 and 3% respectively) after IVF were quite low. Therefore, the cytoplasm of most oocytes judged to be mature by their appearance or to be alive by TB staining did not mature to support the ability of oocytes to be fertilized and to develop till hatching.

**The effect of the osmolality of the culture medium on the cytoplasmic maturation of zebrafish oocytes**

Figure 2 shows the ability of stage III oocytes to mature, to be fertilized (cleave), and to develop till hatching after being cultured in various concentrations (50–100%) of Leibovitz L-15 medium (pH 7.5). In 50, 60, and 75% Leibovitz L-15 media, the rates of cleavage (0, 2, and 6% respectively) and hatching (0, 0, and 3% respectively) were quite low. In 80, 90, and 95% Leibovitz L-15 media, the rates of cleavage (12, 24, and 12% respectively) and hatching (9, 12, and 9% respectively) increased slightly. The highest hatching rate was obtained with 90% Leibovitz L-15 medium, but the rate remained low (12%) and was not significantly different from the rates obtained with 75, 80, 95, and 100% Leibovitz L-15 media.

**The effect of the culture period in 90% Leibovitz L-15 medium (pH 7.5) on the cytoplasmic maturation of zebrafish oocytes**

As a preliminary experiment, stage III oocytes were cultured in 90% Leibovitz L-15 medium (pH 7.5) for 180–220 min. After 180 min, none of them had matured morphologically (0%, 0/40). After 190 min, a small proportion (10%, 4/40) of oocytes had matured morphologically. After 220 min, most oocytes (98%, 39/40) had matured morphologically. Therefore, IVF was conducted after culture for periods ranging from 220 to 360 min.

Figure 3 shows the ability of stage III oocytes to mature, to be fertilized (cleave), and to develop till hatching after being cultured for various periods. The rates of...
cleavage (4%) and hatching (2%) were low when the culture period was 220 min, but increased as the culture period was extended; the highest rates of cleavage and hatching were obtained after 260 min of culture (29 and 20% respectively), and both rates decreased when the culture period was extended further (270–360 min). In this condition, the highest rates of cleavage and hatching remained low. Moreover, the period that supported the high rates of fertilization and term development was limited to 10 min.

**The effect of the pH of 90% Leibovitz L-15 medium on the cytoplasmic maturation of zebrafish oocytes**

Figure 4 shows the ability of stage III oocytes to mature, to be fertilized (cleave), and to develop till hatching after being cultured in 90% Leibovitz L-15 medium at various pH (7.5–9.5). The rates of cleavage (45%) and hatching (33%) for oocytes matured in a medium at pH 9.0 were higher than that obtained at pH 7.5 (the cleavage rate being 29% and the hatching rate being 20%). Alkaline conditions (pH 9.0) appear to facilitate the cytoplasmic maturation of zebrafish oocytes.

**The effect of BSA and the culture period on the cytoplasmic maturation of zebrafish oocytes**

Figure 5 shows the ability of stage III oocytes to mature, to be fertilized (cleave), and to develop till hatching after being cultured for maturation in 90% Leibovitz L-15 medium (pH 9.0) for various periods (220–480 min) without or with BSA. Without BSA (Fig. 5A, control), relatively high rates of cleavage and hatching were obtained after culture for periods ranging from 220 to 300 min. However, the rates of cleavage (27–46%) and hatching (24–39%) did not increase substantially. On the other hand, with BSA (Fig. 5B), the rates of cleavage and hatching reached 64 and 60% respectively with 270 min of culture. As was the case without BSA, high rates of cleavage and hatching were obtained with BSA (Fig. 5B) after a wide range of culture periods (from 220 to 300 min; Fig. 5B).
Confirming the fertilization of in vitro matured zebrafish oocytes

To confirm that hatched juveniles definitely originated from fertilized oocytes, and not parthenogenetically activated oocytes, in vitro matured leopard-type zebrafish oocytes were inseminated with wild-type sperm. Figure 6A shows a juvenile derived from a leopard-type oocyte inseminated with leopard-type sperm (control). The fish had the typical appearance of leopard-type zebrafish (2/2). On the other hand, the juveniles derived from leopard-type oocytes and wild-type sperm had the appearance of wild-type zebrafish (16/16; Fig. 6B). This indicates that in vitro matured oocytes that resulted in hatching after insemination were definitely fertilized.

Discussion

The present study showed in the zebrafish that oocytes assessed as matured morphologically or as alive with TB staining do not always have the ability to be fertilized and to develop till hatching. The results shown in Fig. 1 indicate that the cytoplasm of the oocytes that had undergone nuclear maturation had not matured to support the ability to be fertilized and to develop till hatching. Like in mammals, therefore, the nuclear maturation of oocytes in fish does not guarantee their ability to be fertilized and to develop till hatching, and the maturation of the cytoplasm is essential. To assess the ability of stage III zebrafish oocytes to mature normally, it is therefore necessary to examine the rates of cleavage and hatching of oocytes after IVF.

Leibovitz L-15 medium was used as the basic medium for oocyte maturation because this amino acid-rich medium was considered reliable. To clarify the components essential for reliable in vitro maturation of oocytes, the use of simple balanced saline solutions (Kondo et al. 1997, Sakai et al. 1997, Kohli et al. 2003, 2005, Patiño et al. 2005) might be suitable. However,
we used Leibovitz L-15 medium, because the aim of our study was to find conditions suitable for normal cytoplasmic maturation.

The most suitable concentration of Leibovitz L-15 medium was 90%, at which the osmolality was 0.29 Osm/kg (Fig. 2). This osmolality would be close to the isotonic value of zebrafish oocytes, although the isotonic osmolality of zebrafish oocytes has not been determined. The osmolality is close to that of the culture medium (0.27 Osm/kg, 90% TCM199) for medaka oocytes (Iwamatsu et al. 1987).

The pH of the maturation medium markedly influenced normal maturation of zebrafish oocytes, and the optimum pH was 9.0 (Fig. 4). Only a few studies have used alkaline culture media for the maturation of fish oocytes/follicles. Goetz & Nagahama (1985) reported in human chorionic gonadotropin (hCG)-treated goldfish that there was a significant increase in the spontaneous ovulation in vitro of fully grown follicles as the pH of culture media increased from 7.3 to 8.9. Patiño et al. (2005) reported in the Atlantic croaker that, in a culture medium containing hCG, the rates of spontaneous ovulation of fully grown follicles and GV breakdown of intrafollicular oocytes were significantly higher at pH 8.5 than 7.5. However, no attention has been paid to the pH of culture media for cytoplasmic maturation of fish oocytes. On the other hand, it has been reported that the pH of ovarian fluid is high in various species of fish, such as turbot (Scophthalmus maximus; pH 8.1; Fauvel et al. 1993), salmonid fish (pH 8.4–8.8; Lahnsteiner et al. 1995), Atlantic croaker (Micropogonias undulatus; pH 8.5; Patiño et al. 2005), and common carp (Cyprinus carpio L.; pH 9.0; Linhart et al. 1995). Therefore, alkaline conditions would be physiological for immature teleost oocytes and thus might be suitable for the in vitro maturation of oocytes.

When oocytes were matured in 90% Leibovitz L-15 medium at pH 9.0, the duration for which they retained the ability to be fertilized and to develop till hatching was extended. By incorporating BSA in the culture medium, the duration was not affected but the ability of oocytes to be fertilized and to develop till hatching was improved significantly. Here, most of the fertilized oocytes developed till hatching. Therefore, the addition of BSA to a maturation medium would be effective for acquiring the fertilizing ability in zebrafish oocytes. Sakai et al. (1997) reported that BSA was effective in maintaining the fertilizing ability of ovulated zebrafish oocytes at stage V for 1 h. It was also reported that ovarian fluid of coho salmon (Oncorhynchus kisutch) was effective in maintaining the fertilizing ability of ovulated zebrafish oocytes for 6 h (Corley-Smith et al. 1996). Thus, the ovarian fluid of fish might contain BSA-like proteins that affect the interaction between oocytes and sperm, and BSA might have similar effects on the interaction.

In this study, BSA was proven effective for the cytoplasmic maturation of zebrafish oocytes as for mammalian oocytes. Zebrafish oocytes that matured in 90% Leibovitz L-15 medium (pH 9.0) in the presence of BSA looked yellow, whereas those that matured in medium without BSA looked translucent (data not shown). Since yellowish oocytes at stage V are regarded as good quality oocytes (Westerfield 1995), BSA would be effective for cytoplasmic maturation (Fig. 5). In the medaka, it has also been reported that BSA is effective for the maturation of oocytes after LH surge (Iwamatsu 1973). In this study, we did not use endogenous proteins in fish ovarian fluid but used an exogenous protein, BSA. Therefore, the rates of cleavage and hatching could increase further if the essential component of fish ovarian fluid was used for the maturation of zebrafish oocytes. In bovine embryos, it has been suggested that BSA is endocytosed; then, after intracellular hydrolysis, its constituent amino acids contribute to nitrogen metabolism in the embryos (Orsi & Leese 2004). In zebrafish oocytes, the mechanism of the effect of BSA on maturation is not known, but it is possible that BSA is also endocytosed into fish oocytes. Further studies are necessary to clarify the mechanism by which BSA exerts a beneficial effect on the cytoplasmic maturation of zebrafish oocytes.

Unfortunately, only a small proportion (~10%) of oocytes were ovulated from the follicle in the present in vitro maturation system (data not shown). It has been reported that hCG plus activin (Pang & Ge 1999, 2002a) and epidermal growth factor plus transforming growth factor-α (Pang & Ge 1999) are effective for the in vitro maturation of zebrafish oocytes. Using these substances

Figure 6 Photographs of juveniles of zebrafish derived from (A) a leopard-type oocyte and leopard-type sperm and (B) a leopard-type oocyte and wild-type zebrafish sperm. Bars indicate 1 cm.
Materials and Methods

Collection of zebrafish oocytes

About 20–40 mature zebrafish (wild type unless otherwise noted) purchased from a local fish dealer were maintained in 60-l aquaria under 14 h light:10 h darkness at 28 °C. To obtain immature oocytes at late stage (stage III), female zebrafish at 0–3 h before the end of the light period were decapitated under anesthesia with 0.2 mg/ml tricaine in distilled water (tricaine solution). Ovaries were recovered and placed in a culture medium at 25 °C. Follicles were separated manually with fine needles; their size varied from 0.34 to 0.69 mm. In this study, the follicles 0.65–0.69 mm in diameter, having an intrafollicular oocyte with a tough, dark ooplasm and a distinct GV, which were visible when viewed with transmitted light under a dissecting microscope, were collected and used as immature oocytes at stage III. To obtain mature oocytes at stage V, the belly of mature females was squeezed under anesthesia with the tricaine solution about 30 min before the end of the dark period.

All experiments were approved by the Animal Ethics Committee of the College of Agriculture, Kochi University.

Assessment of the ability of zebrafish oocytes to mature, to be fertilized (cleave), and to develop till hatching

It has been reported that a 60 or 75% Leibovitz L-15 medium containing 1 μg/ml DHP (pH 7.5) is effective for the maturation of stage III zebrafish oocytes (Selman et al. 1993, 1994). Thus, we first cultured stage III oocytes in 4 ml of a 60 or 75% Leibovitz L-15 medium supplemented with 100 μg/ml gentamycin in a culture dish (35×10 mm). To make the two media, Leibovitz L-15 medium (100%) was diluted with distilled water. To induce maturation of the oocytes, 5 μl ethanol containing DHP (0.8 μg/μl) was added to 4 ml of the culture medium; the final concentration of DHP being 1 μg/ml. After incubation at 26 °C for 270 min, the maturation and viability of the oocytes were examined. In this study, we considered oocytes to have matured to stage V when their visible remnants of GV completely disappeared and they became maximally translucent, while they were not ovulated from the follicular membrane. To examine the proportion of viable oocytes, cultured oocytes were stained for 10 min in 60 or 75% Leibovitz L-15 medium containing 0.2% TB at 25 °C. Numbers of total oocytes and viable oocytes (unstained) were counted under a dissecting microscope.

To conduct IVF, the follicular membrane of matured oocytes at stage V was removed with a pair of fine forceps in the culture medium under a dissecting microscope (Fig. 7). The defolliculated oocytes were put on the lid of a culture dish containing ~200 μl of the culture medium. A male zebrafish was killed by decapitation under anesthesia with tricaine solution. Two testes were recovered from the male and placed in 100 μl of Hank’s medium (Westerfield 1995) in a culture dish covered with paraffin oil at 25 °C. Sperm were obtained by tearing the testes with forceps and a needle in the medium and the sperm suspension was cooled with ice (0 °C) to preserve activity. For the insemination of defolliculated oocytes, 10 μl of the sperm suspension was added to the culture medium (~200 μl) containing defolliculated oocytes. After 1 min, inseminated oocytes were transferred to 4 ml E3 medium (Brand et al. 2002), and incubated at 26 °C. We also used oocytes matured in vivo as a control. The oocytes were observed under a microscope at 2 h after insemination for cleavage to the two-cell stage and at 72 h for hatching.

Figure 7 Photographs of a matured oocyte having the follicular membrane (arrows) peeled off mechanically with forceps. (A) An oocyte with the follicular membrane partly peeled off and (B) a defolliculated oocyte. Bars indicate 0.5 mm.
The effect of the culture condition and the culture period on the cytoplasmic maturation of zebrafish oocytes

To examine the effect of the osmolality of the culture medium (pH 7.5) on the cytoplasmic maturation, stage III oocytes were cultured in 4 ml of 50, 60, 75, 80, 90, 95, and 100% Leibovitz L-15 medium containing 1 µg/ml DHP (pH 7.5) for 270 min at 26 °C. The osmolality of each solution measured with a freezing point depression osmometer (OM801; Vogel, Giessen, Germany) was 0.16, 0.19, 0.24, 0.27, 0.29, 0.30, and 0.32 Osm/kg respectively.

To examine the effect of the culture condition and the culture period on the cytoplasmic maturation, stage III oocytes were cultured in 90% Leibovitz L-15 medium containing DHP (pH 7.5) for various periods ranging from 220 to 260 min at 26 °C. The osmolality of each solution measured with a freezing point depression osmometer (OM801; Vogel, Giessen, Germany) was 0.16, 0.19, 0.24, 0.27, 0.29, 0.30, and 0.32 Osm/kg respectively.

To examine the effect of the culture condition and the culture period on the cytoplasmic maturation, stage III oocytes were cultured in 90% Leibovitz L-15 medium containing DHP (pH 7.5) for various periods ranging from 220 to 360 min at 26 °C. The osmolality of each solution measured with a freezing point depression osmometer (OM801; Vogel, Giessen, Germany) was 0.16, 0.19, 0.24, 0.27, 0.29, 0.30, and 0.32 Osm/kg respectively.

To examine the effect of the culture condition and the culture period on the cytoplasmic maturation, stage III oocytes were cultured in 90% Leibovitz L-15 medium containing DHP (pH 9.0) for various periods ranging from 220 to 480 min at 26 °C.

The effect of the culture condition and the culture period on the cytoplasmic maturation of zebrafish oocytes was evaluated using a 2×2 test. Differences at P<0.05 were considered statistically significant.

Statistical analysis

The significance of the difference in the rates of maturation, cleavage, and hatching after each treatment was analyzed with a χ²-test. Differences at P<0.05 were considered statistically significant.

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