Viability of equine embryos after puncture of the capsule and biopsy for preimplantation genetic diagnosis

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Abstract

The equine embryo possesses a capsule that is considered essential for its survival. We assessed viability after breaching the capsule of early (Day 6) and expanded (Day 7 and 8) equine blastocysts by micromanipulation. The capsule was penetrated using a Piezo drill, and trophoblast biopsy samples were obtained for genetic analysis. Pregnancy rates for Day-6 embryos, which had intact zonae pellucidae at the time of recovery, were 3/3 for those biopsied immediately after recovery and 2/3 for those biopsied after being shipped overnight under warm (~28 °C) conditions. The pregnancy rates for encapsulated Day-7 expanded blastocysts were 5/6 for those biopsied immediately and 5/6 for those biopsied after being shipped overnight warm. Two of four encapsulated Day-8 blastocysts, 790 and 1350 μm in diameter, established normal pregnancies after biopsy. Nine mares were allowed to maintain pregnancy, and they gave birth to nine normal foals. Biopsied cells from eight embryos that produced foals were subjected to whole-genome amplification. Sex was successfully determined from amplified DNA in 8/8 embryos. Identification of disease-causing mutations matched in the analyses of 6/6 samples for the sodium channel, voltage-gated, type IV, alpha subunit (SCN4A) gene and in 6/7 samples for the peptidylprolyl isomerase B (PPIB) gene, in embryo-foal pairs. Thus, the capsule of the equine embryo can be breached without impairing viability. Further work is needed to determine whether this breach is transient or permanent. These findings are relevant to the understanding of equine embryo development and to the establishment of methods for micromanipulation and embryo cryopreservation in this species.

Introduction

The early equine embryo possesses a distinctive embryonic capsule. This acellular membrane forms after the entry of the embryo into the uterus, on late Day 5 after ovulation (Flood et al. 1982, Freeman et al. 1991). The equine capsule is composed of mucin-like glycoproteins that are produced by the trophoblast and likely modified by the uterine environment; it has great mechanical strength and is extraordinarily resistant to chemical or enzymatic solubilization (Oriol et al. 1993a, 1993b, Albihn et al. 2003). Capsular material first appears as an amorphous subzonal layer in the perivitelline space (Flood et al. 1982) and then coalesces to form the fibrillar capsule. As the encapsulated blastocyst expands, the zona thins and is shed about Day 7. The equine capsule has similarities in composition and time of formation to intrauterine modifications of the early embryonic coats found in many species, notably the neozona of the rabbit (Denker 2000, Herrler & Beier 2000). However, while the rabbit embryonic coat starts to dissolve within a few days of the uterine entry, at the time of implantation (Day 7, Denker 2000), the equine capsule persists until about Day 21 of gestation (Enders & Liu 1991, Betteridge 2007, Allen 2010), creating a physical barrier between the trophoblast and the uterine epithelium during this time.

The physiological role of the equine embryonic capsule is still unclear. It has been hypothesized to protect the conceptus during its extensive migration throughout the uterus (which occurs from uterine entry until Day 16), to keep the embryo spherical, to serve as a store and exchange area for the conceptus proteins, and to protect the conceptus from the maternal immune system (review, Stout et al. (2005)). In equine embryos produced by sperm injection, maternal cells have been shown to invade the perivitelline space through the defect in the zona caused by the micropipette; however,
as the capsule forms, these cells are excluded from the underlying embryo (Choi et al. 2004).

Rabbit blastocysts recovered ex vivo can survive penetration of the embryo coats, both on Day 4, before formation of the neozona (Gardner & Munro 1974, Babinet & Bordenave 1980, Moens et al. 1996), and on Day 5.75, after its formation (Gardner & Edwards 1968). Gardner & Edwards obtained biopsy samples by the excision of trophoblast and overlying capsule from rabbit embryos over 2 mm in diameter, and 20% of these embryos produced apparently normal fetuses after transfer. However, because of the relatively early time of dissolution of the rabbit neozona, penetration of this structure may not carry the same import as does puncture of the more persistent equine capsule.

In the horse, loss of the embryonic capsule limits viability; embryos from which the capsule was mechanically removed did not establish pregnancy after transfer (Stout et al. 2005). When equine embryos were bisected, resulting in apparent loss of the capsular material and zona pellucida, the pregnancy rates were 23–67% for embryos bisected at the morula or early blastocyst stages, but 0/18 for expanded encapsulated blastocysts (McKinnon et al. 1989, Müller & Cikryt 1989, Skidmore et al. 1989). It has therefore been postulated that secretion of the formative capsular material in the equine embryos is stage specific, possibly an activity of early uterine embryos but not of these embryos produced apparently normal fetuses after transfer. However, of the relatively early time of dissolution of the rabbit neozona, penetration of this structure may not carry the same import as does puncture of the more persistent equine capsule.

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In a practical context, the capsule is implicated in the low success of embryo splitting in the horse and in the failure of expanded blastocysts to be successfully cryopreserved, despite decades of work in this area (Slade et al. 1985, Maclellan et al. 2002, Eldridge-Panuska et al. 2005, Barfield et al. 2009). Notably, although embryo biopsy for preimplantation genetic diagnosis (PGD) has been performed in humans since the early 1990’s (review, Ogilvie et al. (2005)) and has an application for detection and elimination of inherited genetic errors in the horse, this procedure has not been established in equine embryos. In humans, PGD is performed on embryos produced in vitro; similarly, biopsy of in vitro-produced equine embryos, which do not form capsules (Tremoleda et al. 2003), would likely be uncomplicated. However, in the horse, in vitro embryo production is performed at only a few centers, is costly, and is inefficient relative to in vivo embryo collection. Thus, if PGD is to be a viable clinical procedure in horses, it must be performed on embryos recovered from mares after uterine flush.

To the best of our knowledge, there has been only one previous report on embryo biopsy in the horse. Huhtinen et al. (1997) used microblade dissection to biopsy embryos recovered on Day 6 and performed genetic sexing on the recovered cells. Transfer of 14 biopsied embryos yielded three pregnancies (21%). If the secretion of capsular material is stage specific, then Day-6 embryos, as used by Huhtinen et al. (1997), would seem the best candidates for biopsy – although the low pregnancy rate attained in that study suggests that even these early embryos were compromised by the biopsy procedure. In practice, however, equine embryo recovery is rarely performed before Day 7, as the small size of earlier embryos necessitates a longer search time with more chance of missing the embryo. Lower embryo recovery rates have been reported following uterine flushes on Day 6 than on later days (Iuliano et al. 1985, McKinnon & Squires 1988, Battut et al. 1998). For these reasons, the equine embryos are typically flushed from the uterus on Day 7 or 8; at this stage, the blastocyst has expanded, the capsule is fully formed, and the zona pellucida has been shed from its surface (Betteridge et al. 1982). Breaching the capsule in such embryos may limit their viability. Furthermore, the resilience of the capsule (Stout et al. 2005) impedes its micromanipulation.

As noted above, PGD via embryo biopsy is commonly used in humans to determine the genetic status of at-risk embryos (Goossens et al. 2009). Establishment of a clinical method for PGD in the horse would be of consequence in the elimination of devastating equine genetic diseases such as hereditary equine regional dermal asthenia, glycogen branching enzyme deficiency, hypokalemic periodic paralysis, polysaccharide storage myopathy, severe combined immunodeficiency disorder, and cerebellar abiotrophy (Rudolph et al. 1992, Bernoco & Bailey 1998, Ward et al. 2004, Brault & Penedo 2009, Herszberg et al. 2009, Tryon et al. 2009). Thus, the purpose of this study was to determine whether the capsule of early (Day 6) and expanded, encapsulated (Day 7 and 8) equine embryos could be breached via micromanipulation, whether the induced capsular defect affected embryo viability, and whether this approach could provide sufficient cells for genetic analysis.

**Results**

**Day-6 embryos**

Embryos recovered by uterine flush on Day 6 after ovulation were morulae, late morulae, or early blastocysts, as described by Stout et al. (2005). They were all enclosed by the zona pellucida; in early blastocysts, the capsules could be seen within the zonae, and the zonae were starting to thin. The embryos were subjected to biopsy either immediately (n=3) or, as some embryos were obtained from a remote location, after storage overnight under various conditions (n=9). The embryos had diameters of 159–245 μm (including zona) at the time of biopsy. After biopsy, the embryos were packaged in warm culture medium (38.2°C; this temperature...
dropped slowly over shipment to 28°C and were shipped for 4–6 h before transfer to the recipient mares. Photomicrographs of the embryos before and after biopsy are presented in Fig. 1. In Day-6 morulae with full-thickness zonae, the capsular material was not evident during the biopsy procedure (Fig. 1a and b). In Day-6 early blastocysts, the capsule became more evident after the zona was drilled. The capsule blocked the opening of the pipette, and on gentle aspiration, it could be seen entering the pipette. The Piezo drill was used to penetrate the capsule, after which aspiration only was used to collect the trophoblast cells. During the collection of trophoblast cells, the embryo mass became smaller due to the loss of cells and blastocoel fluid; the capsule could then be seen in the increased perivitelline space, appearing to have multiple folds (Fig. 1d). The capsule did not extrude through the hole in the zona. Interestingly, in Day-6 early blastocysts that had been held in warm medium overnight before biopsy, the capsule did not show these characteristic folds; rather the capsule approximated the spherical outline of the embryo.

The results of transfer of biopsied embryos held under the various conditions are presented in Table 1. All three embryos biopsied immediately after recovery established pregnancies that developed normally as assessed by ultrasonography per rectum, with a heartbeat observed at 25 days. Nine Day-6 embryos were held overnight or shipped overnight before the biopsy, three each under three different conditions. Five of these embryos (in the room temperature or warm treatments) were measured both before and after shipment; these embryos increased in diameter from an average of 181 μm at the time of recovery to an average of 197 μm at the time of biopsy. The pregnancy rates for the cold, room temperature, and warm overnight treatments were 0/3, 1/3, and 2/3 respectively. A scatterplot showing the pregnancy status of embryos according to diameter and treatment is presented in Fig. 2.

Temperatures recorded by temperature loggers packaged as for the three overnight treatments and for the shipment of embryos for transfer are presented in Fig. 3.

Day-7 embryos

After obtaining the above results with Day-6 embryos, embryos were recovered from mares on Day 7. All Day-7 embryos used for this study were expanded blastocysts with a tight capsule and either no zona or a thin, attenuated zona, often incomplete and in the process of flaking from the capsule (Fig. 1e). The embryos ranged from 297 to 611 μm in diameter at the time of biopsy. Biopsy of these embryos necessitated puncturing of the capsule; initially this required up to three attempts at increasing settings of the Piezo drill for both speed and intensity. With experience, most biopsies could be obtained in one attempt. Drilling the hole in the capsule did not cause the capsule to tear. After the capsule was penetrated, the trophoblast cells were aspirated. When the trophoblast cells were aspirated, blastocoel fluid was lost, and the blastocyst decreased in diameter or collapsed (Fig. 1f).

Day-7 embryos in the overnight holding group were intended to be placed in the DMEM/F-12-warm overnight treatment as used for Day-6 embryos; however, at the time the first Day-7 embryo was recovered, no DMEM/F-12 was available, so this embryo was shipped warm overnight in commercial holding medium. This embryo was an expanded blastocyst with a diameter of 442 μm at the time of biopsy. After biopsy, it was shipped for transfer, and it produced pregnancy that progressed normally to the heartbeat stage. Therefore, we repeated this procedure (Holding medium-warm) for five more Day-7 embryos. The additional embryos were 297, 300, 421, 464, and 611 μm in diameter at the time of biopsy. Three embryos were measured both before and after

![Figure 1 Photomicrographs of the equine embryos before (a, c, and e) and after (b, d, and f) micromanipulation to obtain a trophoblast biopsy sample via the Piezo drill. (a and b) Day-6 morula; (c and d) Day-6 early blastocyst; (e and f) Day-7 expanded blastocyst. Bar = 50 μm. Note the folded capsule in the perivitelline space of the early blastocyst (d) after micromanipulation. A shard of zona pellucida remains attached to the capsule of the Day-7 blastocyst (f, arrow).](www.reproduction-online.org)
shipment; these embryos increased in diameter from an average size of 350 μm at the time of recovery to an average size of 499 μm at the time of biopsy. Overall, pregnancies were established for five of the six shipped Day-7 embryos, and all of these pregnancies progressed normally to the heartbeat stage. The largest Day-7 embryo (611 μm) did not produce a pregnancy.

Pregnancy results according to embryo diameter and treatment are presented in Fig. 2.

To determine whether overnight holding or the 4–6-h exposure to warm culture medium during shipment to the embryo transfer facility were the factors in the high pregnancy rates obtained with the Day-7 embryos, we biopsied six Day-7 embryos immediately after recovery and transferred them within 1 h to the recipient mares. Three embryos, 300, 430, and 430 μm in diameter, were biopsied in the standard medium (CZB-M; Choi et al. 2003); two of these (both of 430 μm diameter) yielded pregnancies after transfer, and both progressed to the heartbeat stage. Three embryos, 390, 540, and 580 μm in diameter, were biopsied in human tubal fluid (HTF; Fecunditas, Buenos Aires, Argentina), as used for PGD in human medicine, and all three embryos established pregnancies that progressed to the heartbeat stage.

Day-8 embryos

The four Day-8 embryos (Table 1) were large expanded blastocysts with no zona or only small shards of zona present and a tight capsule. Two were held overnight in the Holding medium-warm treatment, then were biopsied and shipped for transfer, with the larger one producing pregnancy that was lost by Day 20. The remaining two Day-8 embryos were biopsied immediately after recovery from the mare, then held in modified DMEM/F-12 at 30°C decreasing to 25°C over 6 h to mimic the shipping environment, before transfer to the recipient mares. Both produced pregnancies that developed normally to the heartbeat stage.

Birth of foals from biopsied embryos

Nine mares that became pregnant after transfer of biopsied embryos were allowed to maintain pregnancy. These were three mares pregnant with Day-6 embryos that had been biopsied immediately after embryo recovery, three mares pregnant with Day-6 embryos that had been held overnight before biopsy, and three mares pregnant with Day-7 embryos that had been held overnight before biopsy. All the nine pregnancies were carried uneventfully to term and resulted in the birth of healthy foals, four fillies and five colts. The gestation length was normal at 337 ± 3 d (mean ± s.d.), as were the weights of the foals at birth (46.4 ± 4.3 kg). All the foals had IgG levels over 800 mg/dl 24 h after foaling. One foal contracted Salmonella enteritidis at 5 days of age and died despite treatment. The remaining foals received no medical intervention and developed normally. They were 2 years of age at the time of writing.

Table 1 Results of transfer of biopsied embryos held in different treatments before and after biopsy.

<table>
<thead>
<tr>
<th>Embryo age</th>
<th>Overnight treatment</th>
<th>n</th>
<th>Diameter (μm)</th>
<th>Embryo stage</th>
<th>Shipment 4–6 h before transfer</th>
<th>Pregnant (n)</th>
<th>Pregnant with heartbeat (n)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day 6</td>
<td>None</td>
<td>3</td>
<td>168–198</td>
<td>1 LM, 2 EB</td>
<td>Yes</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>Day 6</td>
<td>Holding medium-cold</td>
<td>3</td>
<td>159–172</td>
<td>3 M</td>
<td>Yes</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Day 6</td>
<td>DMEM/F-12-room</td>
<td>3</td>
<td>169–190</td>
<td>1 M, 1 LM, 1 EB</td>
<td>Yes</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Day 7</td>
<td>None</td>
<td>6</td>
<td>300–580</td>
<td>6 ExpB</td>
<td>No</td>
<td>5</td>
<td>5</td>
</tr>
<tr>
<td>Day 7</td>
<td>Holding medium-warm</td>
<td>6</td>
<td>297–611</td>
<td>6 ExpB</td>
<td>Yes</td>
<td>5</td>
<td>5</td>
</tr>
<tr>
<td>Day 8</td>
<td>None</td>
<td>2</td>
<td>790–1350</td>
<td>2 ExpB</td>
<td>Yes (culture)</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Day 8</td>
<td>Holding medium-warm</td>
<td>2</td>
<td>876–1153</td>
<td>2 ExpB</td>
<td>Yes</td>
<td>1</td>
<td>0</td>
</tr>
</tbody>
</table>

M, morula (zona only); LM, late morula (zona plus capsule); EB, early blastocyst (zona plus capsule); ExpB, expanded blastocyst (tight capsule with no zona or attenuated zona).

*Embryo of this group that produced pregnancy.

Figure 2 Scatterplot showing embryos that did (filled markers) or did not (open markers) produce pregnancies after transfer, according to embryo age, diameter, and treatment. Note logarithmic scale of y-axis.

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Genetic analysis

Twelve embryo biopsy samples were subjected to the whole-genome amplification, then were evaluated for sex and for genotype at the causative mutation site in the sodium channel, voltage-gated, type IV, alpha subunit (SCN4A) gene, which is responsible for hyperkalemic periodic paralysis (Rudolph et al. 1992) and the peptidylprolyl isomerase B (PPIB) gene, which is responsible for hereditary equine regional dermal asthenia (Tryon et al. 2007; Table 2). First, samples from four transferred embryos that did not result in foals were investigated. After whole-genome amplification, PCR for the sex-determining region Y (SRY) gene determined the sex for all four embryos (three males and one female). Gene-specific PCR amplifications of the causative mutation sites were successful for the SCN4A gene in 4/4 samples and for the PPIB gene in 3/4 samples. The PCR products were sequenced. Results indicated that all the embryos were homozygous normal for the SCN4A gene. For the PPIB gene, results indicated that one embryo was heterozygous and the other two were homozygous normal.

Of the nine biopsy samples taken from embryos that produced foals, one was lost when the vial cracked upon thawing. Whole-genome amplification was performed on the remaining eight samples. The amplified DNA was evaluated for sex by PCR for the SRY gene. Because in this test absence of the male SRY signal could occur due to failure of the PCR, the amplified DNA was also evaluated for sex by a duplex PCR for the gene for RNA-binding motif protein, Y-linked (RBMY), which is Y-chromosome specific, and glioma pathogenesis-related protein 1 (GLIPR1), an autosomal gene. The sex was successfully determined in all eight samples (four males and four females), by both of the methods.

Amplification via PCR was successful for the SCN4A gene in 6/8 samples and for the PPIB gene in 7/8 samples. The PCR products of the 13 analyzable sequences were sequenced. Results indicated that all six embryos were homozygous normal for the SCN4A gene. For the PPIB gene, one embryo was determined to be heterozygous, five were homozygous normal, and one was homozygous for the disease-causing allele.

DNA from blood taken from the corresponding foals was analyzed without whole-genome amplification. All the eight foals’ sexes were accurately determined by duplex PCR and matched the results for the corresponding embryos. Sequencing of the SCN4A gene confirmed that foal genotype agreed with the results available from the six corresponding embryos (all homozygous normal). Sequencing of the PPIB gene revealed that five foals were homozygous normal, matching the results available from their corresponding embryos. Two foals were heterozygous for the PPIB gene. One of the corresponding embryos from these foals was determined to be heterozygous; however, the other was evaluated as homozygous for the disease-causing allele.

Discussion

In these studies, we demonstrated that breaching of the capsule of equine embryos is compatible with viability both in small, zona-enclosed embryos (Day 6) in which the capsule has not yet formed completely, and also in larger, expanded blastocysts (Day 7–8) with confluent capsules. The overall rate of normal pregnancy after transfer of biopsied Day-7 blastocysts (10 pregnancies after transfer of 12 embryos, 83%) is noteworthy, given the importance of the capsule for the survival of this stage embryo (Stout et al. 2005). This indicates that the ability of the embryo to recover from capsular damage is likely to

Table 2 Primers used for PCR for sex determination and for amplification of the peptidylprolyl isomerase B (PPIB) and sodium channel, voltage-gated, type IV, alpha subunit (SCN4A) genes. PCR conditions were 1.3 mM MgCl2 and 58 °C.

<table>
<thead>
<tr>
<th>Primer set</th>
<th>Sequence</th>
<th>Product size (bp)</th>
</tr>
</thead>
<tbody>
<tr>
<td>SRY-F</td>
<td>TGCATTCAATGTTGTTGCTC</td>
<td>131</td>
</tr>
<tr>
<td>SRY-R</td>
<td>ATGCAATTTTTCGCTCTC</td>
<td>113</td>
</tr>
<tr>
<td>GLIPR1-F</td>
<td>GCCTGCAATGTTTCTTCTC</td>
<td>245</td>
</tr>
<tr>
<td>GLIPR1-R</td>
<td>GATCGGAATGTTTTGCTC</td>
<td>204</td>
</tr>
<tr>
<td>RBMY-F</td>
<td>TGAAAGCATGCTGTTGTTGCTC</td>
<td>344</td>
</tr>
<tr>
<td>RBMY-R</td>
<td>GGAAACGTCACGTCCTGTTGCT</td>
<td>897</td>
</tr>
<tr>
<td>PPIB-F</td>
<td>CAACAGAAATCCGAGACCGAG</td>
<td>897</td>
</tr>
<tr>
<td>PPIB-R</td>
<td>GCCAGCAATGTTTCGTTGCTC</td>
<td>897</td>
</tr>
<tr>
<td>SCN4A-F</td>
<td>GTCATTCAATGTTGTTGCTC</td>
<td>131</td>
</tr>
<tr>
<td>SCN4A-R</td>
<td>CAGGGAATGTTTCGTTGCTC</td>
<td>131</td>
</tr>
</tbody>
</table>
be related to the degree of disruption. Normal pregnancies were obtained after transfer of two Day-8 biopsied blastocysts, 790 and 1350 μm in diameter, suggesting that the window during which embryos can recover from compromise of capsular integrity may be quite broad. It is also notable that these pregnancies were obtained from blastocysts that had undergone partial or complete blastocoele collapse after micromanipulation. These initial findings should stimulate further work on the dynamics of equine capsule production, maintenance, and expansion. We are currently investigating the effect of capsule integrity and blastocoele collapse in relation to viability after cryopreservation of equine blastocysts.

The method used in this study, i.e. penetration of the zona or the capsule with the Piezo drill, was based on our previous work using the drill for ICSI and nuclear transfer (Choi et al. 2004, Hinrichs et al. 2006). It appeared to result in less damage to the embryo than did microblad dissection, as reported previously in the horse and other species (Huhtinen et al. 1997, Hasler et al. 2002, El-Gayar & Holtz 2005). Biopsy via micropipette may also be preferable to chemical or laser methods to breach the zona, as are performed on human embryos (Joris et al. 2003, Spits & Sermon 2009). The small resulting capsular defect (estimated to be 15 μm in diameter, the diameter of the micropipette) either did not affect the ability of the embryo to develop in vitro or was repaired. Because of the apparent folding of the capsule within zona-enclosed embryos (Fig. 1d), as previously noted after puncture of the zona by Stout et al. (2005), it is possible that multiple defects were caused by one puncture with the pipette. If the capsule is important in shielding the embryo from the maternal immune system, the induced capsular defects would have to be repaired, as maternal cells have been shown to invade through holes of similar diameter in the zona (Choi et al. 2002).

The presence of shards of zona on the capsule of many Day-7 expanded blastocysts supports the theory that the zona thins and flakes off as the equine blastocyst expands in vivo. While in this study we used the Piezo drill to penetrate the capsule, this mechanism is not essential as we have subsequently successfully performed this procedure on encapsulated Day-7 equine embryos (n = 14) using a pointed human ICSI micropipette without a drill (YH Choi & K Hinrichs, unpublished data).

The apparent success of overnight shipment of embryos before biopsy increases the potential for clinical application of PGD in the horse, as this supports the use of the procedure at a central laboratory, utilizing embryos shipped overnight by courier. We were initially hesitant to ship Day-6 embryos in culture medium at warm temperatures, as we felt they may develop during shipment and then be too large to biopsy the following day, thus negating the perceived benefit of obtaining the embryos at Day 6. While these embryos did grow during shipment, biopsy of Day-6 embryos shipped in warm culture medium (modified DMEM/F-12) yielded two pregnancies from transfer of three embryos, so this did not appear to be greatly detrimental to embryo viability. While the number was low, the production of pregnancies from small embryos stored at room temperature or above (3/6) in this study is in contrast to the findings of Clark et al. (1987) who reported 0/7 pregnancies for small equine embryos stored for 12 h at 24°C. The failure to produce pregnancies after cold shipment (0/3) suggests that these conditions could be detrimental to viability of Day-6 embryos. Moussa et al. (2003) reported that small embryos showed greater cell death after cold storage than did larger embryos. Further study in this area is needed.

We initially used modified DMEM/F-12 culture medium (which supports equine embryo development in vitro; Hinrichs et al. 2005) in the warmer treatments as we felt that at warmer temperatures embryos would be metabolizing and would require a complete medium. For this reason, we were surprised by the success of the first Day-7 embryo shipped to the laboratory in the Holding medium-warm treatment. This method resulted in the 83% pregnancy rate. The finding that embryos may be shipped for biopsy in commercial holding medium makes procedures more practical, as it eliminates the concern with equilibrating a CO2-based medium.

The only established pregnancy that did not progress normally to a heartbeat stage in this study was that of a Day-8 embryo, 1153 μm in diameter, that had been shipped both before and after biopsy. Further work is needed to determine if extra holding time is detrimental when larger embryos are shipped and biopsied.

All of the nine pregnancies that were allowed to be maintained were carried to term and resulted in the birth of normal foals. Amplification by duplex PCR for sex determination was successful and accurate in 8/8 embryos. Duplex PCR is preferable to single SRY-PCR, as it contains a control primer set that validates that the PCR is functioning. Analysis of the embryo biopsy samples for genotype at the causative mutation sites in two genes yielded promising results, but more work is needed in this area. In 4/24 samples, PCR amplification of the gene of interest was unsuccessful. In those samples that were amplified, one embryo biopsy sample from a foal heterozygous for the PPIB gene was evaluated as having only the causative allele. The failure to detect both alleles in this biopsy sample suggests allelic dropout, which occurs when one of the alleles fails to amplify during PCR. Amplification of only one of the two alleles presents results in the samples appearing to be homozygous for the amplified allele. While the remaining 12 comparisons between the foals and the corresponding embryos at causative mutation sites matched, the presence of a high number of homozygous foals, as validated by genotyping of the foals themselves without whole-genome amplification, did not allow assessment of the frequency of allele dropout in the embryo biopsy samples. In human PGD, average allele dropout rates
may be 5–15% or more after single-cell PCR and 25% after multiple-displacement whole-genome amplification as used in this study (reviews, Piyamongkol et al. 2003, Spits & Sermon 2009). New techniques, including variations in methods used for cell lysis, denaturation, and processing, and multiplex PCR for detection of polymorphic markers near the loci of interest, may offer methods to reduce the incidence of allele dropout (Spits & Sermon 2009). Further work is needed to optimize the procedures for genome amplification in horse embryo biopsy samples. Additional studies with heterozygous embryos will provide an opportunity to ascertain the rate of allele dropout with these genetic tests in horses.

In conclusion, we report here that normal viability to term may be obtained after breaching of the capsule of expanded equine embryos. We also report the results of genetic preimplantation diagnostic testing of horse embryos for traits other than sex. These findings are not only relevant to equine developmental biology, but also may prove useful to the establishment of methods for micromanipulation and cryopreservation in this species.

Materials and Methods

Experimental design

Embryos were first recovered by uterine flush on Day 6 and biopsied either immediately \((n=3)\) or after holding overnight \((n=9)\). Following the success of this procedure, embryos were recovered from mares on Day 7 and were either held overnight before biopsy and then shipped 4–6 h before transfer \((n=6)\) or biopsied immediately after recovery and transferred immediately to recipient mares \((n=6)\). Four embryos recovered from mares on Day 8 were also biopsied and transferred to recipient mares.

The first nine mares to establish pregnancy after transfer were allowed to maintain pregnancy; after this, pregnancies were monitored until the presence or absence of a heartbeat was determined, and then were terminated. Cells collected from embryos by biopsy were subjected to whole-genome amplification, and then analyzed for sex and for nucleotide sequence. Additional studies with heterozygous embryos will provide an opportunity to ascertain the rate of allele dropout with these genetic tests in horses.

Embryo production and recovery

Embryos were collected from inseminated mares after ovulation. Mares’ reproductive tracts were evaluated by ultrasonography per rectum. On the morning that a follicle \(>33\) mm in diameter was found, ovulation was induced by injection of hCG, 2000 IU i.v., and/or biorelease deslorelin (BETPharm, Lexington, KY, USA), 1.5 mg i.m., and the mares were inseminated. Embryos were collected on Days 6, 7, or 8 after ovulation, by standard transcervical uterine flush. All work with mares was performed according to the United States Government Principles for the Utilization and Care of Vertebrate Animals Used in Testing, Research and Training and was approved by the Laboratory Animal Care Committee at Texas A&M University. Some embryos were produced or transferred at commercial embryo transfer facilities (Hartman Equine Reproduction Center, Whitesboro, TX, USA, and Centro de Reproducción Equina Doña Pilar, Lincoln, Argentina). Use of the mares at these facilities was reviewed and approved by the Clinical Research Review Committee, College of Veterinary Medicine and Biomedical Sciences, Texas A&M University.

Embryo holding before biopsy

Day-6 embryos

Three different overnight treatments were used. For each treatment, the embryo was packaged in a 5 ml polypropylene tube in the appropriate medium (see treatments, below) at room temperature \((18–25 ^\circ C)\), and this tube was placed in a 50 ml tube containing complete equine embryo flush medium (EmCare (ICP, Auckland, New Zealand) or ViGro (Bioniche Animal Health USA, Inc., Pullman, WA, USA), also at room temperature. The 50 ml tube was either placed into the appropriate slot in a passive cooling device made for this purpose (Tube Style Isothermalizer; Hamilton Research, Inc., South Hamilton, MA, USA), and a second 50 ml tube filled with water at the same temperature placed into the second slot, or wrapped with ballast (a plastic bag containing water) at room temperature, put into a 250 ml plastic specimen cup, and placed in a standard passive cooling device (Cup Style Isothermalizer, Hamilton Research). The devices were placed into the chamber of an insulated container (Equitainer, Hamilton Research), which had been loaded with two coolant cans at the appropriate temperature (see treatments, below). The container was closed and either held overnight or shipped overnight by courier \((14–20 \text{ h})\) before biopsy.

The treatments used were as follows:

1. Holding medium-cold: the embryos were placed into equine embryo holding medium (EmCare Embryo Holding Solution, ICP, or Equine Holding Medium, Bioniche); coolant cans had been frozen in a \(-20 ^\circ C\) freezer for at least 24 h before use.

2. DMEM/F-12-room temperature: the embryos were placed in modified DMEM/F-12 (DMEM/F-12 with 10% fetal bovine serum (FBS) and 25 \(\mu g/ml\) gentamycin). The coolant cans were at room temperature \((18–25 ^\circ C)\).

3. DMEM/F-12-warm: the embryos were placed in modified DMEM/F-12. The coolant cans had been warmed in an incubator at 38.2 \(^\circ C\) for at least 24 h before use.

To estimate the temperatures experienced by the embryos during shipment, separate Equitainers were packaged as for the three treatments mentioned above, and the temperature in the area of the shipment vial was recorded by temperature loggers (TEMP101, Ever Ready Thermometer Co., Inc., Dubuque, IA, USA). Equitainers were held inside at room temperature \((18–25 ^\circ C)\) during the logging period.
 Overnight holding of Day-7 and -8 embryos

Day-7 and -8 embryos to be shipped or to be held overnight before biopsy were packaged in commercial holding medium as for treatment 1, mentioned above, but with coolant cans that had been warmed in an incubator at 38.2 °C for at least 24 h before use (Holding medium-warm treatment).

Embryo biopsy

Biopsy was performed in CZB medium with 10% FBS, with the exception of three Day-7 embryos that were biopsied in HTF.

For biopsy, embryos were held in 50 μl droplets of medium in a Petri dish on an inverted microscope. The embryos were held with a holding pipette, and a biopsy pipette of 15 ± 3 μm external diameter, attached to a Piezo drill, was used to perform the biopsy. In embryos possessing a zona pellucida, the zona was breached by drilling with the Piezo drill at settings of speed 4, intensity 6. In embryos having a capsule, the capsule was breached by multiple pulses with the Piezo drill at higher settings. About 10–30 embryonic cells were removed by suction. The biopsied cells were ejected into the droplet containing the embryo, then aspirated from the droplet with a fine-bore glass pipette and placed with a minimum volume of medium in a 0.2 ml PCR tube (VWR International, West Chester, PA, USA). The tubes were frozen at −20 °C or were snap frozen in liquid nitrogen, then transferred to another laboratory and held at −80 °C until genetic analysis was performed.

Embryo transfer

For transfer to the recipient mares, blastocysts were either loaded into embryo transfer guns (Agtech, Inc., Manhattan, KS, USA) and transported at ambient temperature ~1 h before transfer or placed in 1.1 ml equilibrated modified DMEM/F-12 at 38.2 °C in a nominal 1 ml glass vial, wrapped in 120 ml ballast at 38.2 °C, placed in an Equitainer in which the coolant cans had been warmed to 38.2 °C, and shipped 4–6 h before transfer to the recipient mares. Two Day-8 embryos were placed in 1.5 ml equilibrated modified DMEM/F-12 at 38.2 °C in nominal 1 ml cryogenic vials (Nunc, Roskilde, Denmark), then held at 30 °C decreasing over 6 h to 25 °C (similar temperatures to those obtained in the Equitainer during shipping), to mimic these conditions before transfer when an Equitainer was not available.

Embryo transfer (one blastocyst per mare) was performed transcervically. Pregnancies were evaluated by transrectal ultrasound and monitored and then were terminated by injecting prostaglandin F₂α (Lutalyse, Pfizer Animal Health, New York, NY, USA), 5–10 mg i.m.

Whole-genome amplification

Genomic DNA was extracted and amplified from the biopsied embryonic cells using isothermal strand displacement amplification (Illustra GenomiPhi V2 DNA Amplification Kit; GE LifeScience, Piscataway, NJ, USA) as per the manufacturer's instructions, with the modification that cells that were suspended in 9 μl sample buffer and vortexed for 15–30 s prior to sample denaturation. Once the procedure was complete, the quality and concentration of the amplified genomic DNA were evaluated by agarose gel electrophoresis. Negative controls were used for every whole-genome amplification procedure to ensure that the reagents were not contaminated with extraneous DNA. In cases where relatively little DNA was obtained by the initial whole-genome amplification procedure, 1.5 μl amplified DNA were used as a template for a second round of whole-genome amplification using the same kit. DNA obtained by the whole-genome amplification was used for the genetic analyses described below.

SRY PCR for sex determination

PCR was performed using equine-specific primers for SRY (Table 2; Dr Terje Raudsepp, Texas A&M University, personal communication). The 10 μl PCR mixture consisted of 1× PCR buffer (Sigma–Aldrich) with 0.2 mM dNTPs, 0.3 μM forward primer, 0.3 μM reverse primer, 0.25 U JumpStart REDTaq DNA Polymerase (Sigma–Aldrich), and 50–100 ng DNA template. The thermal profile for PCR was 95 °C for 1 min; 30 cycles of 94 °C for 30 s, 58 °C for 30 s, and 72 °C for 30 s; then 72 °C for 5 min. The PCR products were evaluated by agarose gel electrophoresis for a 131 bp product of the SRY primers (male specific). The presence of the amplified product indicated that the embryo was male, and the absence of a PCR product indicated that the embryo was female.

Duplex PCR for sex determination

Duplex PCR was performed using the equine-specific primers that amplify RBMY and GLIPR1 (Table 2). The 10 μl PCR mixture consisted of 1× PCR buffer (Sigma–Aldrich) with 0.2 mM dNTPs, 0.3 μM forward primer, 0.3 μM reverse primer and 0.25 U JumpStart REDTaq DNA Polymerase (Sigma–Aldrich), and 50–100 ng DNA template. The thermal profile for PCR was 95 °C for 1 min; 30 cycles of 94 °C for 30 s, 58 °C for 30 s, and 72 °C for 30 s; then 72 °C for 5 min. The PCR products were evaluated by agarose gel electrophoresis for a 245 bp product of the RBMY primers (male specific) and a 113 bp product of the GLIPR1 primers (present in all the samples). The presence of the RBMY amplicon indicated that the sample was male, and its absence indicated that the sample was female. The GLIPR1 amplicon was present in every reaction as a positive control that the PCR was successful.

PCR amplification of disease-causing mutation sites

Primers for PCR were designed to amplify the causative mutation and flanking regions in the PP1B and SCN4A genes (Table 2). The 30 μl PCR mixture contained 1× PCR buffer with 0.2 mM dNTPs, 0.3 μM forward primer, 0.3 μM reverse primer, 0.50 U JumpStart REDTaq DNA Polymerase, and 50–100 ng DNA template. The thermal profile for PCR was 95 °C for 1 min; 30 cycles of 94 °C for 30 s, 58 °C for 30 s, and 72 °C for 30 s; then 72 °C for 5 min. An aliquot of each PCR product was checked on gel electrophoresis to confirm amplification.
Gene sequencing

The PCR products of the causative mutation sites were treated to remove unincorporated nucleotides using the QIAquick PCR Purification Kit (Qiagen). Amplicons were sequenced from both directions on an ABI 3730 automated capillary DNA analyzer using the standard dye terminator sequencing technique (Applied Biosystems, Foster City, CA, USA). The 10 μl sequencing reaction mixture contained 2 μl Big Dye v1.1 (Applied Biosystems), 0.5 μl MasterAmp PCR Enhancer (Epicentech Technologies, Madison, WI, USA), 2 μl half BD (Genetix, Boston, MA, USA), and 1 μl primer. The template for the sequencing reaction was the purified PCR product; 12 ng were used for FPIB, and 20 ng were used for SCN4A. The thermal profile for the sequencing reaction was 95 °C for 2 min; 35 cycles of 95 °C for 30 s, 50 °C for 25 s, and 60 °C for 4 min; then 65 °C for 15 min. The products of the sequencing reactions were purified to remove any unincorporated nucleotides and remaining primers by passing them through a G-50 Sephadex column, then dried and resuspended in 11 μl HiDi Formamide (Applied Biosystems). Amplicons were sequenced from both directions on an ABI 3730 automated capillary DNA analyzer. The sequence analysis was performed using Sequencher 4.7 (Gene Codes, Ann Arbor, MI, USA).

Declaration of interest

The authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of the research reported.

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