Blastocysts exhibit sex-specific signalling of IFNT transcription, translation and activity

Corina I Schanzenbach¹, Sandra M Bernal-Ulloa¹, Vera A van der Weijden¹, Michael W Pfaffl², Mathias Büttner^{3,†}, Annegret Wünsch⁴ and Susanne E Ulbrich¹

¹Department of Environmental Systems Science, Animal Physiology, Institute of Agricultural Science, ETH Zürich, Zurich, Switzerland, ²Department of Animal Sciences, Animal Physiology and Immunology, Wissenschaftszentrum Weihenstephan, Technische Universität München, Freising, Germany, ³Bavarian Health and Food Safety Authority, Oberschleissheim, Germany and ⁴Ludwig-Maximilians-Universität München, Chair for Molecular Animal Breeding and Biotechnology, Munich, Germany

Correspondence should be addressed to S E Ulbrich; Email: susanne.ulbrich@usys.ethz.ch

[†](M Büttner is now at Institute of Immunology, Veterinary College BBZ, University of Leipzig, Leipzig, Germany)

Abstract

Preimplantation bovine blastocyst supernatants exhibit sex-dependent antiviral activity, due to the ruminant pregnancy recognition signal interferon tau (IFNT). Differing potencies of IFNT variants have been supposed as cause, although evidence remains scarce. Here, we aimed at quantifying the sex-dependent IFNT production on transcriptional, translational and biological activity level in bovine blastocysts, to elucidate the origin of differences in antiviral activity between male and female blastocysts. Day 8 bovine blastocysts were co-cultured with endometrial stroma cells for 48 h. The embryonic IFNT mRNA expression was determined by quantitative reverse transcription followed by polymerase chain reaction (RT-qPCR). Additionally, the IFNT protein concentration was determined using a sensitive in-house developed IFNT-specific enzyme-linked immunosorbent assay (ELISA). The biological activity was assessed by quantifying the response of interferon-stimulated gene (ISG) expression in endometrial stroma cells. While the IFNT-specific ELISA displayed a limit of detection of 7.3 pg/mL, the stroma cell culture system showed to react to as little as 0.1 pg/mL IFNT in RT-qPCR analysis. The female blastocysts had a significant, 5.6-fold, 3.6-fold and 5.2-fold higher IFNT production than male blastocysts as determined by transcript abundance, protein concentration and, protein activity, respectively. Additionally, all parameters correlated positively, and therefore, we conclude that female blastocysts most likely have an increased IFNT gene and protein expression rather than expressing more potent IFNT variants.

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Introduction

The most important pregnancy recognition signal known in ruminants is the cytokine interferon tau (IFNT). Its major role is the maintenance of pregnancy by rescuing the corpus luteum (CL). IFNT diverged from its closest relative IFN omega some 36 million years ago and belongs to the type 1 interferons (Michael Roberts *et al.* 1997, Brooks & Spencer 2015). The intronless gene is encoded several times in a cluster region of the bovine genome (Leaman & Roberts 1992, Leaman *et al.* 1994). Currently, 29 different IFNT sequences for cattle are deposited in the GeneBank database that differ in single nucleotides. The protein is restricted to the ruminant species, where expression is limited to the trophectoderm of the developing embryo (Farin *et al.* 1989). While only minute amounts are secreted at the time of blastocyst formation, increasing amounts are present in the uterine fluid during elongation of the trophoblast. With the start

of implantation, the concentration decreases and soon vanishes (Farin *et al.* 1990, Hernandez-Ledezma *et al.* 1992, Ealy *et al.* 2001).

Even though IFNT has several unique features, it shares many structural characteristics with the other members of group 1 interferons. Specifically, cell signalling pathways are induced via interferon-alpha/beta receptor subunit 1 and 2 (IFNAR1 and IFNAR2) receptor binding. The classical receptor binding in uterine stroma and glandular epithelia cells leads to the activation of the JAK/STAT signalling pathway-related expression of GAS-regulated genes like interferon regulatory factor 1 (IRF1). The latter is responsible for the activation of interferon-stimulated response elements, and thus, expression of many classical Interferon-stimulated genes (ISG) like 2'-5'-oligoadenylate synthetase 1 (OAS1), interferon-stimulated gene 15 (ISG15) or MX dynamin-like GTPase 2 (MX2) (Choi *et al.* 2001, Hansen *et al.* 2017). All three classical ISGs are involved in immune modulation

and antiviral response (Sadler & Williams 2008). In this way, the target effect signalling of IFN is strongly amplified. In the ovine uterine luminal and superficial glandular epithelia, IRF2 is inhibiting the classical JAK/STAT signalling. Consequently, alternative cell signalling pathways are activated (Choi *et al.* 2001, Bazer *et al.* 2008). This leads to transcriptional silencing of oestrogen receptor alpha (ESR1) and oxytocin receptor (OXTR) and thus the prevention of luteolysis (Spencer & Bazer 1996, Bazer *et al.* 2015).

Different methods for IFNT quantification are available at present. Gene transcription can be determined from the 16-cell stage (day 4) onwards in IVF embryos (Yao *et al.* 2009). For protein quantification, several radioimmunoassays (RIAs) have been reported with sensitivities ranging from 6 ng/mL (Takahashi *et al.* 2005) to 39 pg/mL (Romero *et al.* 2015). Furthermore, it is well accepted that interferons have antiviral activity. Therefore, at the level of protein activity, an antiviral activity assay is frequently used. The protein concentration or activity unit protecting 50% of Madin–Darby bovine kidney (MDBK) cells after a challenge with vesicular stomatitis virus is determined (Rubinstein *et al.* 1981, Hernandez-Ledezma *et al.* 1993). A sensitivity of 0.1 IU has been reported for this assay (Hernandez-Ledezma *et al.* 1992, 1993). However, this assay has the disadvantage of using a viable virus and it cannot appropriately distinguish IFNT from other type 1 interferons. Therefore, alternative cell-based assays using reporter genes have been developed in MDBK cells with reported sensitivities of 0.25 IU/mL IFN alpha (IFNA) (Fray *et al.* 2001), 0.5 IU/mL IFNA (McCoski *et al.* 2014) and 400 pg/mL equalling approximately 8 IU/mL IFNT (Toji *et al.* 2018). Furthermore, the induction of ISG quantified on the level of gene transcription in cells expressing IFNAR has likewise been approved as an indirect method to quantify the presence of IFNT (Spencer *et al.* 1999, Matsuyama *et al.* 2012, Kim *et al.* 2013).

A sexual dimorphism in IFNT production in bovine blastocysts has been documented at the level of antiviral activity in both *in vivo*- and *in vitro*-derived blastocysts (Larson *et al.* 2001, Kimura *et al.* 2004a). In detail, a 1.8- and 4.3-fold higher antiviral activity has been shown in supernatants of female compared to male *in vitro*-derived day 8 blastocysts (Larson *et al.* 2001) and in *in vivo*-derived day 8.5–9.5 blastocysts after 24 h of culture (Kimura *et al.* 2004a), respectively. However, this difference disappeared during further development on day 14 (Kimura *et al.* 2004a) and on day 16 (Forde *et al.* 2016) after fertilization. While the cause of the difference is still unclear, there is high evidence that nutritional energy intake for males is higher and that the increased IFNT production in females could consequently compensate for this deficit by signalling their presence more robustly (Larson *et al.* 2001, Kubisch *et al.* 2003, Kimura *et al.* 2004b). The fact that the sexual dimorphism is only present from day 8 until

approximately day 14 after fertilization further suggests a direct linkage to X-chromosome inactivation, which takes place in female bovine embryos during that time (Kimura *et al.* 2004a, Bermejo-Alvarez *et al.* 2011).

While antiviral activity has been shown to be sex dependent in bovine blastocysts, knowledge on *IFNT* mRNA or protein expression differences between sexes is scarce. Walker *et al.* 2009 explicitly investigated sex-dependent mRNA expression level at the blastocyst stage (day 8) including the differential expression of *IFNT* variants aiming at elucidating their responsibility for the diverse antiviral activity between sexes. However, the authors could neither show expression differences of the *IFNT* variants, nor for total *IFNT* mRNA expression. Thus, an explanation for the link between *IFNT* mRNA expression and activity is missing to date.

In this study, we aimed at quantifying the sex-dependent IFNT production on transcriptional and a translational level. For the latter, we developed a sensitive IFNT ELISA. We additionally aimed at assessing the biological activity of IFNT by validating an embryo-stroma cell co-culture approach to detect minute amounts of native IFNT. We then determined the correlation between the three different measures used for IFNT quantification to elucidate the cause of differences in antiviral activity between male and female preimplantation blastocysts.

Materials and methods

All media or buffers were in-house prepared according to the manufacturer's recommendations. All reagents of analytical grade were supplied by Sigma–Aldrich Co., while columns, concentrators and kits for protein chemistry were purchased by Thermo Fisher Scientific unless stated otherwise.

In vitro embryo production

In vitro oocyte maturation (IVM)

Bovine oocytes were retrieved by slicing ovaries, which were collected from a local slaughterhouse and transported to the lab at 30–35°C. Ovary slicing, oocyte collection, maintenance and selection were performed at 35°C in TCM199, supplemented with 50 µg/mL gentamicin sulphate, 0.2 mM Na-pyruvate, 4.2 mM NaHCO₃ and 1 mg/mL BSA-FAF (TCM-air medium; Bernal-Ulloa *et al.* 2016a). Oocytes were classified according to cytoplasm characteristics and number of cumulus cell layers. Only category I (light or transparent cumulus oophorus with more than four layers of compact and a clear and even cytoplasm) and category II oocytes (compact cumulus oophorus with less than four layers and/or cytoplasm usually homogenous but with a coarser appearance) were selected for *in vitro* maturation (Looney *et al.* 1994, Goodhand *et al.* 1999). A standard *in vitro* maturation (IVM) was performed in low glucose DMEM medium due to good reported developmental rates and embryo quality (Vejlsted *et al.* 2005, Jensen *et al.* 2014, Valle *et al.* 2015) containing 50 µg/mL gentamycin,

1 mg/mL BSA-FAF, 50 ng/mL epidermal growth factor (EGF), 10 IU/mL of equine chorion gonadotropin (eCG) and 5 IU/mL of human chorionic gonadotropin (P.G.600, MSD Animal Health GmbH, Luzern). Oocytes were incubated in groups of 20 in 500 μ L of medium in four-well dishes in a humidified atmosphere at 38.8°C and 6% CO₂ in air for 24 h. A 6% CO₂ concentration has been adjusted to keep the desired pH in the medium for our *in vitro* embryo production system.

In vitro oocyte fertilization (IVF) and *in vitro* embryo culture (IVC)

Matured oocytes were washed in 3 mL of pre-equilibrated fertilization medium (Fert-TALP), supplemented with 6 mg/mL BSA (fraction V), 0.05 mg/mL gentamicin and 0.028 mg/mL Na-pyruvate. For IVF, oocytes were transferred in 50–430 μ L in four-well dishes of Fert-TALP containing 10 μ M hypotaurine, 0.1 IU/mL heparin (AppliChem, Darmstadt, Germany) and 1 μ M epinephrine (Bernal *et al.* 2015). Two gradients of BoviPure (Nidacon International AB, Mölndal, Sweden) (40 and 80%) were applied to isolate motile from non-motile spermatozoa from frozen/thawed commercial sperm straws. Only one bull with proven *in vivo* and *in vitro* history of fertility was used for IVF and embryo production. BoviPure gradients were prepared in conformity with the manufacturer's instructions. Spermatozoa were initially centrifuged at 400 *g* for 10 min. Thereafter, sperm was washed once in Fert-TALP and centrifuged again at 400 *g* for 3 min. A second wash in IVF medium and further centrifugation was performed as before. Motile spermatozoa were added to IVF wells at a final concentration of 2×10^6 cells/mL. Oocytes were co-incubated with the spermatozoa in groups of 20 for 19 h, in a humidified atmosphere of 6% CO₂ in air at 38.8°C. At the end of IVF, presumptive zygotes were subjected to vortexing for 2 min in TCM-air medium for sperm and cumulus cells removal. Subsequently, zygotes were washed in 3 mL pre-equilibrated SOF medium supplemented with 4 mg/mL of BSA-FAF (Bernal-Ulloa *et al.* 2016b). *In vitro* embryo culture was performed in groups of 20 in 500 μ L SOF under silicone oil using four-well dishes. A humidified atmosphere at 38.8°C in 6% CO₂, 6% O₂ and balanced N₂ was used. Embryo developmental rates (cleaved embryos or blastocysts/total cultured oocytes, with the oocytes as experimental units) were evaluated after 72 h and at day 8 for cleavage and blastocyst formation, respectively.

ELISA establishment

An IFNT ELISA was established in-house, including antigen expression, polyclonal antibody generation in rabbits and ELISA establishment and validation. The two IFNT variants 1c and 3a were chosen with the aim to differentiate between the native proteins because they are considered to have most biological relevance (Walker *et al.* 2009). For IFNT cloning, expression and clean up, IFNT transcripts were amplified from bovine 18-day-old trophoblast cDNA by Fast Start High Fidelity PCR System (Roche). The PCR product including a His-Tag was ligated into the vector pET28a and transformed into *Escherichia coli* (*E. coli*) transformation strain XL-1 blue. After identifying and sequencing the plasmids including the correct

and desirable IFNT transcripts, the corresponding vectors were further transformed into the *E. coli* expression strain (Rosetta II). The obtained *E. coli* clones were then used for recombinant expression of the two IFNT variants IFNT 1c (Gene Bank ID: AAF08671.2) and IFNT 3a (Gene Bank ID: AF196324.1) for antigen production. The *E. coli* cells were cultivated in 1 L LB medium (10 g/L peptone, 5 g/L yeast extract, 5 g/L NaCl, pH 7.2) (Carl Roth, Karlsruhe, Germany) containing 25 mg/mL kanamycin (Carl Roth) and 35 mg/mL chloramphenicol at 37°C until an OD₆₀₀ of 1 was reached. The culture was then induced with 1 mM isopropylthio- β -D-1-thiogalactopyranoside (IPTG) and expressed at 18°C overnight. IFNT was purified according to Klemann *et al.* (1990) as follows: bacteria were pelleted and washed with Tris-buffered saline (TBS) (20 mM Tris-HCl, 300 mM NaCl, pH 8) (Merck). In order to access the expressed IFNT in inclusion bodies, the cell pellet was enzymatically lysed overnight with lysis buffer containing 1 mM phenylmethanesulfonyl fluoride (PMSF) (Carl Roth) as protease inhibitor and 250 μ g/mL lysozyme, and additional mechanical disruption by sonication for 10 min (5 s, 10 s pause) on ice. The disrupted cells were then ultracentrifuged for 25 min at 4°C and 150,000 *g* (Beckmann Coulter, SW28 Rotor). The supernatant was discarded and the inclusion body containing cell debris washed twice with TBS containing 1% Triton-X-100 (ICN Biomedicals, Irvine, USA), and twice with TBS only by resuspension and subsequent ultracentrifugation (25 min at 4°C and 150,000 *g*). The protein was then refolded by dissolving it in TBS containing 6 M guanidium hydrochloride (Schwarz/Mann Biotech, Orangeburg, USA) and 0.1% β -mercaptoethanol under shaking conditions at room temperature for up to 3 h. Remaining large particles were removed by centrifugation at 3200 *g* for 20 min at 4°C. Afterwards, TBS buffer containing 0.1% β -mercaptoethanol was slowly dropped to the dissolved proteins at 4°C. Thereafter, it was dialyzed in a 6–8 kDa dialysing tube (Spectrum Laboratories, Irving, USA) at 4°C against 2×1 L TBS overnight. The content of the dialysis tube was then centrifuged (10 min, 3200 *g*, 4°C). The liquid fraction holding the dissolved and refolded IFNT was further His-Tag purified using the HisPur Ni-NTA Spin columns. Afterwards the buffer was exchanged to remove imidazole (Merck) and the protein concentrated in a 10K MWCO centrifugal concentrator. In order to use the IFNT protein for immunization and under cell culture conditions, endotoxins were removed using High-Capacity Endotoxin Removal Spin Columns. The protein concentration was quantified using a BCA protein assay, with BSA as a standard. The protein was further characterized using SDS-PAGE and mass spectrometry. The antiviral activity was determined using a bovine kidney cell line (MDBK) challenged with a vesicular stomatitis virus (Indiana strain) (Rubinstein *et al.* 1981). The 50% protection of the cells by a serial dilution of the recombinant IFNT was considered 1 IU/mg and compared to a human IFNA₂ reference preparation (No. Gxa01-901-535 NIH-Research Reference Reagent Note No. 31. 1984).

Antibody generation and purification

Animal experiments were performed in accordance to the German Animal Welfare regulations and had been approved by the local supervisory body (Regierung Oberbayern, Bavaria,

Germany, animal approval number: 55.2-1-54-2532.6-4-12.). Polyclonal antibodies were generated in rabbits at the research station Veitshof in Weißenstephan, Germany, in accordance with the procedure described by Paul *et al.* (2008). Two rabbits were immunized with either IFNT 1c (females, 4 and 1 year old) or with IFNT 3a (males, 1 year old). For immunization, 300 µg of antigen was mixed 1:1 with incomplete Freund's adjuvants and injected intradermal at approximately 25 injection sites. The boosting reactions were repeated every 3 weeks for four times, and subsequently every 6 weeks. A maximum of 10% of the whole blood volume of the animal, estimated by its weight, was taken from the ear veins the first time after 3 months of immunization and then every 3 weeks. The blood was collected in tubes containing EDTA and acetylsalicylic acid. Directly after collection, the blood was centrifuged (2000g, 15 min, 4°C), plasma recovered and stored at -20°C.

The specific anti-IFNT antibodies were purified using affinity purification according to Paul *et al.* 2008. For this, IFNT was covalently bound onto CNBr-activated sepharose and packed onto columns (GE Healthcare). Unspecific binding particles of the plasma were washed from the column using phosphate-buffered saline (PBS) (1.8 mM KH₂PO₄, 137 mM NaCl, 2.7 mM KCl, 8.1 mM Na₂HPO₄ × 2H₂O, pH 7.4) (Merck), 0.5 M NaSCN and glycine buffer (0.1 M glycine, 0.9% w/v NaCl) (Merck) adjusted to a pH of 3.5. The anti-IFNT antibodies were finally eluted using glycine buffer at pH 2.0. The eluted fractions were immediately neutralized with 1 M Tris-HCl in order to maintain antibody stability, and shortly afterwards, the buffer was exchanged to PBS with a 100K centrifugal MWCO concentrator, pH 7.4.

For the sandwich ELISA set up, the antibody for specific antigen capture was aliquoted and frozen at -20°C. A second antibody for antigen-specific binding and a parallel detection was first biotinylated with the EZ-Link Sulfo-NHS-LC Biotinylation Kit before being aliquoted and frozen. All antibody concentrations were determined by a BCA assay with BSA as a standard.

ELISA establishment and validation

In total, antibodies of four animals were generated. All antibodies were analysed in a titre test and tested in a sandwich ELISA setup. In a crosswise analysis, the pair of antibodies resulting in the best sensitivity and lowest background was selected. A checkboard titration was used to determine the most sensitive antibody concentrations with the selected pair of antibodies. All buffer compositions, enzymes and incubation times were optimized in order to reach highest sensitivity for IFNT detection.

The IFNT ELISA was validated for the following parameters:

Sensitivity: Limit of detection (LOD) = $3 \times \text{s.d. (0-value)} + \text{OD}_{450} \text{ 0-value}$; limit of quantification (LOQ) = $10 \times \text{s.d. (0-value)} + \text{OD}_{450} \text{ 0-value}$; LOD and LOQ were calculated on four different days with $n = 17\text{--}28$ 0-values.

Specificity: Recovery (%) of the closely related IFNA, interferons beta (IFNB), gamma (IFNG) (Kingfisher, Saint Paul, USA) and omega (IFNW) (Cusabio, College Park, USA) was analysed in the range of 1 pg/mL to 1 µg/mL.

Intra-assay variation: Coefficient of variation (CV) (%) of 500, 100, 25 and 10 pg/mL; variation was calculated between eight samples on one plate measured on three different days.

Inter-assay variation: CV (%) of 500, 100, 25 and 10 pg/mL; variation was calculated between five different days.

Recovery rate: Recovery (%) of 500, 100, 25 and 10 pg/mL spike-ins; recovery (%) was calculated at five different days.

Linear dilution: Recovery rate after a 1:1 dilution of IFNT standard in assay buffer (AB), synthetic oviductal fluid (SOF medium), uterine flushing and DMEM/F12 + 10% foetal bovine serum (FBS).

Parallelism: Dilution rates of measured IFNT concentration after a six times 1:1 dilution of recombinant IFNT and native IFNT of different origins (rbIFNT 1c, rbIFNT 3a, CT-1 cell culture supernatant, embryo culture supernatant, uterine flushing).

Endometrial stroma cell isolation and culture

Endometrial stroma cells (SC) were isolated as described by Ulbrich *et al.* (2011). Briefly, healthy bovine luteal phase uteri according to the luteal stage of the ovary (Ireland *et al.* 1980) were collected at the local abattoir and kept on ice until further processing within 2 h after slaughter. The ipsilateral uterine horn was filled with sterile PBS containing 0.76% EDTA (Appligene, Darmstadt, Germany), and incubated in PBS for 1 h at 37°C under shaking conditions. The uterine horn was opened, and loosened epithelial cells were shaven away using a scalpel blade. With the help of a tweezer, the intercaruncular endometrium was dissected and incubated in 10 mg/25 mL collagenase solution (type IV collagenase in DMEM/F12) at 37°C for up to 3 h with constant stirring. The solution was then filtered through a tea sieve to remove any tissue debris and further filtered through a 40 µm strainer (Greiner Bio-One, Kremsmünster, Austria) to receive SC. The SC were washed by centrifugation at 300g for 8 min in 10 mL warm DMEM/F12. Erythrocytes were removed by a 2-min incubation step in 2 mL lysis buffer (156 mM NH₄Cl, 0.13 mM Na-EDTA, 14 mM KCl, pH 7.4) (Merck). Afterwards, the SC were washed twice as mentioned above. Finally, the SC were resuspended in stroma cell culture medium (DMEM/F12 including 10% FBS and 1% penicillin-streptomycin) and counted on the automatic cell counter EVE™ (Nano EnTek, Seoul, Korea). SC were plated at a concentration of 4×10^5 cells/mL in 6 cm cell culture dishes (Greiner Bio-One, Kremsmünster, Austria) and cultured at 37°C and 5% CO₂ in air. The medium was changed every 48 h. After 3–10 days, the confluence state was reached and cells were split in a one to two ratio using trypsin solution (Thermo Fisher Scientific). A second passage was repeated 72 h later, and at confluence stage the cells were slowly frozen to -80°C in freezing media (70% DMEM/F12, 20% FBS, 10% DMSO) using Nalgen Mr Frosty Freezing container (Thermo Fisher Scientific). We characterized aliquots of the endometrial SC morphologically by fluorescence microscopy. In pre-studies, endometrial SC and epithelial cells were stained by immunohistochemistry using vimentin and cytokeratin antibodies according to Gomez *et al.* (2018). Cells used in this study were isolated using the same procedure as in the pre-studies and had the same morphology.

Stroma cell dose-response experiment

The endometrial SC were tested for differential gene expression after exposure to IFNT. For this purpose, frozen SC in passage two after primary culture were thawed and 1×10^4 cells/well (Nunc 24-well, Thermo Fisher Scientific) cultured in SC culture medium at 5% CO₂ until confluency. After 4 days, the SC were washed with PBS and 400 µL synthetic oviductal fluid (SOF) medium (Bernal-Ulloa *et al.* 2016b) supplemented with IFNT 1c (5.8×10^8 IU/mg, 41 EU/mg) at seven different concentrations (1×10^4 , 1×10^3 , 100, 10, 1, 0.1, 0.01 pg/mL) was added. The SC were then cultured in SOF medium at embryonic conditions (38.8°C, 6% CO₂ and 6% O₂). After 24 h, cell culture supernatants were collected and frozen at -80°C, while the SC were evaluated and washed with PBS and stabilized with 350 µL RNeasy lysis buffer (Qiagen) including 10% b-mercaptoethanol (BioRad) before freezing at -80°C. The experiment was carried out with SC of $n=3$ cattle and $n=3$ samples per cell donor for each IFNT concentration and respective negative sample. As additional bioavailability control samples, IFNT supplemented medium was frozen directly after the culture start or incubated without cells for 24 h at the same culture conditions as SC like mentioned above, respectively.

Embryo-stroma cell co-culture experiment

In order to investigate IFNT concentration and biological activity in a close to natural approach, we co-cultured embryos with endometrial SC. For this, 1×10^4 /well endometrial SC were cultured 5 days until the confluence stage. Medium containing FBS was removed, the SC were washed with warm PBS and 400 µL SOF medium was added to each well. The SC were evaluated and cell culture inserts (pore diameter 3 µm, PET membrane, Greiner Bio-One, Kremsmünster, Austria) containing 100 µL SOF were placed into each well and preincubated at 38.8°C, 6% CO₂ and 6% O₂.

Day 8 *in vitro*-produced expanded blastocysts were washed three times in TCM air. Pictures of the blastocysts were taken using an inverted microscope (Axiovert 40CFL microscope and DP73, Carl Zeiss AG) joined to a digital camera and (DP73, Olympus Corporation) and using the Cellsens Standard Software 1.18 (Olympus). Only expanded embryos were used for starting the culture on day 8. Embryos were evaluated according to their morphologic appearance following the Manual of the International Embryo Transfer Society (Richard *et al.* 2015). The embryo size was determined, and after washing in SOF medium, each embryo was transferred into a separate co-culture insert and into a separate cell culture well to prevent any inter-embryo interference. The endometrial SC and IVF embryos were co-cultivated at 38.8°C, 6% CO₂ and 6% O₂ for 48 h. On day 10, pictures from the embryos were taken, and each blastocyst evaluated for signs of growing, expansion or degeneration and the size was determined in the insert. Afterwards embryos were washed in PBS supplemented with 0.1% polyvinyl alcohol (PVA), snap frozen and stored at -80°C for further analyses. The cell culture supernatant of each well was collected and frozen at -80°C. The cells were first washed with PBS and stabilized with 350 µL RNeasy lysis

buffer (Qiagen) including 10% b-mercaptoethanol before being frozen at -80°C. The experiment was carried out using ten embryos in co-culture with SC from $n=3$ different cows at $n=3$ independent days, resulting in 30 embryos per day per animal. For each animal and repetition, a control sample with SC plus insert lacking an embryo was carried out. Embryo size was determined using the size measurement tool of the software Cellsens Standard Software. The size was measured as the diameter of each embryo at two locations with 90° difference. The average of these values was used for calculation. If a zona pellucida was present, the inner diameter of the zona pellucida was considered.

Gene expression analysis

Reverse transcription and target preamplification in embryos

Reverse transcription and target preamplification of embryonic genes was carried out using the CellsDirect One-Step qRT-PCR kit (Thermo Fisher Scientific) as previously described (Nestorov *et al.* 2015, van der Weijden *et al.* 2017). In brief, 9 µL of a reaction mix containing Superscript II Platinum Mix, Superase-In (20 U/µL, Thermo Fisher Scientific), a primer mix (including primer pairs for *IFNT*, *MX2*, *ISG15*, *IFNAR1*, *SDHA*, *GAPDH* and *H3F3A*), DNA resuspension buffer and 2× master mix Cells Direct was added to each embryo on ice and mixed for embryo lysis. The mix was transferred to a 96-well plate (BioRad Laboratories) and the preamplification started immediately (Lab Cycler, Sensoquest, Göttingen, Germany). Therefore, the plate was kept at 50°C for 15 min and heated up to 90°C for 2 min. Fifteen amplification cycles of 15 s at 95°C and 4 min at 60°C followed. After preamplification, the reaction was cleaned up to remove all single-stranded DNA using Exonuclease I (20 U/µL, Thermo Fisher Scientific). All samples were diluted 1:10 in nuclease free water and kept at -20°C until RT-qPCR analysis. The RNA integrity of the embryo was not analysed due to the One-Step procedure that includes lysis and directly following reverse transcription in one tube. Own experience of our lab showed that embryos which are directly frozen after the experiment, as performed in this study, usually have a RIN >9. All samples were therefore used for analysis.

RNA extraction and reverse transcription of SC

The RNA extraction of SC from both the dose-response and co-culture was performed with the column-based RNeasy Mini Kit, including DNase digestion (Qiagen), following the manufactures instructions. The RNA concentration was determined with the Nanodrop 2000 (Thermo Fisher Scientific) and RNA Integrity on a Bioanalyzer 2100 using RNA Nano Chip Assay (Agilent Technologies).

The reverse transcription was performed with 250 ng total RNA, 50 units M-MLV H(-) point variant RT enzyme, 125 ng random primers and 10 mM dNTPs (Promega) per sample. The reaction mix was kept 10 min at 21°C, followed by 50 min at 48°C and finally 15 min at 70°C. All samples were processed simultaneously, and water and a RT enzyme negative control

was included. Afterwards, all samples were diluted 1:1 in nuclease free water and stored at -20°C until qPCR analysis.

Embryonic sexing and analysis of gene expression (qPCR)

The determination of the sex of all 90 embryos was carried out as the first step of sample analysis in order to select an objective set of equally distributed male and female embryos. The basis for the decision was to select an equal number of embryos of each sex at each experiment day and for each stroma cell donor animal. Additionally, only good-quality embryos were chosen. Further sample processing and analysis of size, IFNT mRNA, protein concentration or biologically activity was performed only using the sex-selected and control samples and after sex selection.

All qPCR analysis steps were carried out using KAPA Universal SYBR green system (Kapa Biosystems, Woburn, USA) on a 384 Real-time system (BioRad Laboratories, Hercules, C100 Touch Thermal Cycler). The hot start reaction was initialized by 3 min incubation at 95°C , followed by 40 cycles of 3 s at 95°C and 20 s at the appropriate annealing temperature. For primer sequences and annealing temperatures see Table 1. Embryos were sexed using the SRY gene, where the H3F3A gene served as a positive control. Melting temperatures and agarose gel analysis were used for data interpretation. Only samples with concordant data on melt temperature (81 to 81.5°C) and a size of 139 bp were interpreted as male, whereas divergent or non-melting temperatures and no 139 bp band evidence on an agarose gel were interpreted as female. All other combinations or negative H3F3A control remained undefined and were excluded from further analyses. After sexing, gene expression profiles of selected samples were analysed.

Embryonic and stroma cell qPCR data analysis

The relative gene expression of genes of interest (GOI) (*IFNT*, *MX2*, *ISG15*, *IFNAR1* for embryos and *MX2*, *ISG15*, *OAS1* and *IFNAR1* for SC) were analysed using the method described by Pfaffl (2001) and following the MIQE guidelines (Bustin et al. 2009). Only total *IFNT* expression was analysed using RT-qPCR; a discrimination of IFNT variants was not performed. For normalization, the geometric mean stable expression of the reference genes (*SDHA*, *GAPDH* and *H3F3A*) was verified and used in embryo samples analysis, whereas *H3F3A*,

YWHAZ and *UBQ3* were used in SC analysis ($\Delta\text{Ct} = \text{Ct}_{\text{GOI}} - \text{Ct}_{\text{geomean reference genes}}$). Embryonic gene expression is displayed as $15 - \Delta\text{Ct}$. In SC gene expression analysis, the relative gene expression to the control samples of corresponding SC donors was calculated ($\Delta\Delta\text{Ct} = \Delta\text{Ct}_{\text{sample}} - \Delta\text{Ct}_{\text{control}}$). Fold-change differences were assessed by $2^{-\Delta\Delta\text{Ct}}$.

IFNT concentration determination (ELISA)

For total IFNT concentration determination a 96-well flat-bottom plate (Thermo Fisher Scientific, Waltham, USA) was first coated with 200 ng/well capture antibody in coating buffer (15 mM $\text{Na}_2\text{CO}_3 \times 10 \text{ H}_2\text{O}$, 35 mM NaHCO_3 , pH 9.6) by incubation overnight at 4°C under shaking conditions. Unbound capture antibody was removed, and the plate blocked with 300 μL /well blocking buffer (1% skim milk powder in PBS, pH 7.4) for 1 h at room temperature (RT) under shaking conditions. The plate was then washed two times with 0.05% Tween 80 solution in a plate washer (405 select microplate washer, Biotek Instruments, Germany). One hundred microliters of each sample (in case high concentration was expected, the sample was diluted in SOF medium) and 100 μL of seven antigen standards (rb IFNT 1c+rb IFNT 3a diluted in SOF) from 1 ng/mL to 10 pg/mL plus a 0-value (SOF medium) were pipetted in duplicates and incubated for 2 h at RT under shaking conditions. The plate was washed twice and 100 μL of 20 ng/100 μL biotinylated detection antibody in AB (0.1% skim milk powder in PBS, pH 7.4) was added to each well, and again incubated for 2 h shaking at RT. Unbound detection antibody was removed by washing twice. Thereafter, 100 μL of 1:240 in AB diluted Streptavidin-HRP (Roche AG, Basel, Switzerland) was added to each well. Following incubation for 15 min in the dark at RT under shaking conditions, the plate was thoroughly washed four times. Finally, 150 μL of tetramethylbenzidine dihydrochloride (TMB) substrate (Carl Roth) was added to each well and the reaction was incubated for 40 min at RT under shaking conditions in the dark. The reaction was stopped with 50 μL /well 2 M sulphuric acid and measured at OD_{450} (Cytation 3 image reader, Biotek Instruments). The concentrations were calculated in the linear range of the standard curve using the formula $\text{OD}_{450} = A \times \text{concentration} + B$ (Gen5 software, Version 2.05, Biotek Instruments). All data points below the LOD were calculated as the LOD (7.3 pg/mL) for statistical analysis.

Table 1 Primers used for gene expression analysis in bovine endometrial stroma cells and blastocysts.

Gene ID	Sample type	Accession number	Annealing temperature ($^{\circ}\text{C}$)	Primer sequences	
				Forward	Reverse
<i>SRY</i>	Embryo	NM_001014385	60	GAACGCTTTCATTGTGTGGTC	GAAGAATGGGCGCTTTTCGG
<i>SDHA</i>	Embryo	NM_174178	60	GCAGAACCTGATGCTTTGTG	CGTAGGAGAGCGTGTGCTT
<i>GAPDH</i>	Embryo	NM_001034034	60	GGTCACCAGGGCTGCTTTTA	CCAGCATACCCCACTTGAT
<i>IFNT</i>	Embryo	NM_001015511	54	GATCCTTCTGGAGCTGGYTG	GCCCGAATGAACAGACTCTC
<i>H3F3A</i>	Embryo, Stroma	NM_001014389	60	ACTGGCTACAAAAGCCGCTC	ACTTGCCTCTGCAAAGCAC
<i>IFNAR 1</i>	Embryo, Stroma	NM_174552	60	CTCCAGTCATCAGCGTGAAA	GTGCTCTGGCTTTGACACAA
<i>MX2</i>	Embryo, Stroma	NM_173941	57	CTTCAGAGACGCCTCAGTCG	TGAAGCAGCCAGGAATAGTG
<i>ISG15</i>	Embryo, Stroma	NM_174366	60	ACTCCATGACGGTATCCGAG	ACCCTTGTCGTTCTCTCAC
<i>OAS1</i>	Stroma	NM_178108	60	CAGGAGGTGGAGTTCGATGT	GATGAGGCTCTTCAGCTTGG
<i>UBQ3</i>	Stroma	NM_174133	57	AGATCCAGGATAAGGAAGGCAT	GCTCCACCTCCAGGGTGAT
<i>YWHAZ</i>	Stroma	NM_174814	60	AGGCTGAGCGATATGATGAC	GACCCTCCAAGATGACCTAC

IFNT biological activity and stroma cell sensitivity to IFNT stimulation

The SC gene expression response was considered as biological activity of IFNT. The linear range of ISG expression response to the IFNT stimulation in the SC dose-response experiment was calculated by evaluating the R^2 value of linear regression with fold-change data of each gene (*ISG15*, *MX2*, *OAS1*). The highest and lowest linear concentrations were determined if the R^2 value between the corresponding values were higher than 0.97. The sensitivity was assessed by calculation of the Δ ct first being significantly different from 0. All these values were within the linear range.

Statistical analysis

All data were statistically analysed using the Addln software XLSTAT Version 2018.1 (Addinsoft SARL, Paris, France) in Excel 2016 MSO (Microsoft, Washington, USA). All data are displayed as mean $\pm$ s.d. Whiskers in the box plot diagrams were created with the software IBM SPSS Statistics 23 and display the 95% confidence intervals (CI). The P -values in the embryo-stroma-cell co-culture were calculated using two sample Student's t -test or Mann–Whitney test analysis considering normal distribution calculated with the Kolmogorov–Smirnov test. In the dose-response experiment a generalized linear mixed model was used to test for statistically significant gene expression induction as a consequence of IFNT exposure (RStudio, Version 1.1.456). The concentration was used as fixed effect, and the animal and replicate were included as random factors. The statistical differences in gene expression levels between different exposure groups were assessed by an ANOVA with Tukey *post-hoc* test (Bretz *et al.* 2010). Values <0.05 were considered as statistically significant. Correlation analysis was carried out using Pearson correlation. XLSTAT software was used for the discriminant analysis including cross validation. The qPCR data from samples with divergent melting temperatures or lost samples were not included for sample analysis.

Results

Method validation

IFNT-translation: ELISA

The two most superior polyclonal rabbit anti-IFNT 1c and the anti-IFNT 3a antibodies were selected for the establishment and validation of a sandwich ELISA. Both antibodies efficiently detected either variant of IFNT but were not able to discriminate them. For this reason, only total IFNT concentration was assessed with the ELISA. The detection limit (LOD) of the immunoassay was 7.3 pg/mL, while the quantification limit (LOQ) was 24.9 pg/mL. Above the LOQ, the recovery, the inter-assay precision and intra-assay precision were below 12%. Cross reactivity (4%) was only detected against the most closely related IFNW, whereas all other prominent and related IFN were not detected.

The dilution of the different matrices including uterine flushing, DMEM/12 + 10% FBS, and SOF medium did not influence the linear detection of IFNT. Native IFNT was detected parallel and in the same dynamic as the recombinant IFNT standard (Supplementary Table 1, see section on [supplementary data](#) given at the end of this article). The recovery rate within the quantification range of IFNT protein after 24 h incubation with endometrial SC was $85 \pm 11\%$.

IFNT biological activity: stromal gene expression response to dose-dependent IFNT stimulation

RNA integrity (RIN) of the SC was between 9.8 and 10. This excellent quality allowed further analysis of all samples. To assess the sensitivity of the SC gene expression response to IFNT, the gene expression of three ISG (*MX2*, *ISG15*, *OAS1*) was determined (Fig. 1). A dose-dependent increase in gene expression was observed for all three genes. *OAS1* showed a saturation for more than 10 pg/mL, followed by *ISG15* at 100 pg/mL and *MX2* non at 1×10^4 pg/mL IFNT. Fold-change differences due to IFNT stimulation ranged from 760-fold (*ISG15*) and 710-fold (*OAS1*) to 25086-fold (*MX2*) at 1×10^4 pg/mL IFNT compared to the control. *MX2* presented the largest linear quantification range, covering three orders of magnitude (10 – 1×10^4 pg/mL), while *ISG15* and *OAS1* covered two orders of magnitude (1–100 pg/mL and *OAS1* (0.1–10 pg/mL)). While the SC of all three animals showed similar *MX2* and *ISG15* expression, one animal showed significantly higher gene expression of *OAS1* after IFNT stimulation.

Embryo-stroma-co-culture experiment

Embryo sexing and characterisation

A total of 719 bovine oocytes were used for embryo production in three different replicates. The total average cleavage rate for the *in vitro* embryo production processes was $73.6 \pm 1.0\%$ and the blastocyst rate at day 8 of development was $37.1 \pm 5.9\%$. A total of 48.8% of the blastocysts were classified as female, 40.0% as male and 11.1% remained undefined. The majority of all embryos hatched during the two days of co-culture (83.3%). Only 2.2% of embryos did show signs of apoptosis, or a lack in size increase, and were therefor considered as non-developing to display blastocysts (Table 2). In order to include only equally viable embryos for further data analysis, only hatched or hatching blastocyst of good morphological quality were used. Furthermore, the ratio of female/male embryos, experimental repeats, and SC donors was balanced.

On day 8, male embryos were slightly, but significantly smaller than female embryos ($180 \pm 20 \mu\text{m}$ vs $194 \pm 21 \mu\text{m}$, $P=0.018$). At day 10, the sizes were not different ($284 \pm 41 \mu\text{m}$ vs $278 \pm 48 \mu\text{m}$, $P>0.05$) (Fig. 2A).

Figure 1 Stroma gene expression analyses. Values are shown as $\Delta\Delta\text{ct}$, error bars are shown as S.E.M. *Significantly ($P < 0.05$) different values between the stimulation concentrations. $n = 9$ for every concentration including $n = 3$ biological replicates for each of the $n = 3$ SC donor animals.

Embryonic transcription

Female day 10 blastocysts displayed a 5.6-fold significantly higher transcription level of *IFNT* than males ($P < 0.0001$) after 2 days of co-culture with endometrial SC. A significant difference was likewise detected in the interferon receptor expression between female and male blastocysts (1.3-fold, $P = 0.045$). The expression of *MX2* and *ISG15* genes did not differ between male or female blastocysts (Fig. 2B). A statistically significant correlation was observed between *IFNAR1* and *MX2* ($P = 0.013$, Pearson correlation coefficient = 0.34) and between *MX2* and *ISG15* ($P = 0.003$, Pearson correlation coefficient = 0.41) gene expression levels. *IFNT* expression was neither significantly correlating with its receptor *IFNAR1* nor with *ISG* (Table 3).

Translation of IFNT

A highly significantly (3.6-fold, $P < 0.0001$) different concentration of IFNT was determined in the supernatant of female (42.0 ± 33.4 pg/mL) vs male (11.6 ± 8.6 pg/mL) embryos after 48 h of co-culture with endometrial SC (Fig. 2C). The concentrations of all control samples was below the LOQ (8.4 ± 2.0 pg/mL).

Stromal gene expression response and IFNT biological activity

Female and male blastocysts induced differential mRNA expression of all three ISG (*OAS1*, *ISG15* and *MX2*) in endometrial SC after 48 h of co-culture (1.8-fold, $P = 0.0004$; 2.4-fold, $P = 0.0001$ and 5.2-fold, $P < 0.0001$, respectively) (Fig. 2D). Additionally, the gene expression profiles for all three ISG strongly correlated with each other (P -value < 0.0001 , Pearson correlations between 0.73 and 0.80) (Table 3).

Fold changes between male and female embryos

The *IFNT* gene expression (5.6-fold), as well as protein concentrations in cell culture supernatant (3.6-fold), and IFNT biological activity (5.2-fold) was higher in female than in males (Fig. 2B, C and D). For biological activity, only the SC gene expression of *MX2* is shown, as the transcript abundance of all samples was within the gene-specific linear expression range, whereas for *ISG15* and *OAS1* only 21 or 79%, respectively, of the samples were within the saturated gene expression and could thus not be adequately quantified.

Correlation analysis of the parameters

The *IFNT* gene expression in day 10 blastocysts was correlated with the IFNT protein concentration in co-culture supernatants ($P < 0.0001$, Pearson correlation coefficient = 0.59), and *ISG15*, *OAS1*, and *MX2* gene expression in SC ($P = 0.002$, $P = 0.0006$, $P < 0.0001$ and Pearson correlation coefficients = 0.42, 0.46 and 0.61, respectively) (Table 3). Additionally, we observed that *IFNAR1* expression in endometrial SC was independent from all other measured embryonic transcripts. The transcription profiles of *ISG15*, *MX2* and *IFNAR1* in day 10 blastocyst correlated neither with endometrial SC gene expression, nor IFNT concentration, nor embryo size.

Embryo sex determination

A discriminant analysis for sex separation was conducted for each measured sample type separately using the evaluated parameters (Table 4). While 50% accuracy would reflect a random choice, 100% accuracy would perfectly discriminate male and female embryos. The determination of embryo sex by size only slightly increased a random choice (65% accuracy in male and

Table 2 Bovine blastocyst classification 10 days after IVF including 2 days of co-culture.

	Total no. of blastocysts (%)	Hatched (%)	Hatching (%)	Not hatched (%)	No further development (%)
Male	36 (40)	29 (81)	1 (3)	4 (11)	2 (6)
Female	44 (49)	36 (82)	5 (11)	3 (7)	0 (0)
Undefined	10 (11)	10 (100)	0 (0)	0 (0)	0 (0)
Total	90 (100)	75 (83)	6 (7)	7 (8)	2 (2)

Bovine embryos at the expanded blastocyst stage on day 8 after IVF. Number and (%) of developmental stages in male and female embryos.

female, respectively). Considering only IFNT protein concentration, male embryos were predicted with 88% accuracy, while the selection of female embryos by IFNT concentration was not predictable (48% accuracy). The SC response ($\Delta\Delta$ ISG15, $\Delta\Delta$ MX2 and $\Delta\Delta$ OAS) indicating IFNT activity on the other hand predicted female embryos better than male embryos (80% and 62% accuracy, respectively). The best sex estimation was observed by transcript analyses at the blastocyst stage (male 88% and female 72% accuracy).

Discussion

Validation of IFNT ELISA and stromal ISG expression response to IFNT

We established a very sensitive and specific ELISA to detect minute amounts of bovine IFNT in cell culture medium and uterine flushings. This is indicated by the lack of cross reactivity to IFNA, IFNB and IFNG and only 4% cross reaction to IFNW. The assay performance was within an acceptable variation range. The LOD was

7.3 pg/mL and thus about 1000 times more sensitive than the RIA described by Takahashi *et al.* (2005) and five times more sensitive than the RIA reported by Romero *et al.* (2015). Unlike the antigen used by Takahashi and co-workers, our recombinant IFNT expressed in *E. coli* was not glycosylated. However, the developed antibodies detected native IFNT in a parallel serial dilution identical to the recombinant IFNT. Additionally, the ELISA was biologically validated by demonstrating the sexual dimorphism in IFNT secretions of bovine blastocysts at the protein level.

It is well known that the paracrine action of IFNT is mediated, and greatly amplified, by cell signalling of endometrial cells. Many cells, including immune cells and endometrial SC, react to an interferon stimulation by differential gene expression of classical ISG, and it has been shown to be directly related to the interferon activity (Moll *et al.* 2011). However, the reaction may be differently pronounced. Only recently Talukder *et al.* showed that bovine oviductal epithelial cells (BOECs) do not react to low amounts of IFNT secreted by day 4 embryos, whereas polymorph bovine mononuclear

Figure 2 Effects of embryonic sex on: (A) blastocyst size on days 8 and 10 and individual size increase during 48 h co-culture; (B) embryonic gene expression of IFNT, MX2, ISG15 and IFNAR1 on day 10 (qPCR data are shown as 15- Δ Ct); (C) IFNT concentration measured in the cell culture supernatant after 48 h of co-culture with day 8 blastocysts and (D) endometrial stroma cell gene expression of MX2, OAS1, ISG15 and IFNAR1 after 48 h co-culture with day 8 blastocysts (qPCR data are shown as $\Delta\Delta$ Ct). Data of $n=26$ female and $n=26$ male embryo co-cultures are shown. The 25th percentile and the 75th percentile as well as the median are represented in the box plots. The whiskers correspond to the 95% CI of the data. Points represent outliers while a '+' represents the extreme outliers. Significances are indicated as * $P<0.05$, ** $P<0.001$.

Table 3 Correlation matrix (Pearson) of parameter measured in bovine blastocyst-stroma cell co-culture system.

Variable	mRNA expression							Size	
	Endometrial stroma cells			Embryo				Day 8	Day 10
	ISG15	OAS1	MX2	IFNAR1	IFNT	ISG15	MX2	IFNAR1	Embryo
Conc.									
(IFNT)									
ISG15									
OAS1									
MX2									
IFNAR1									
IFNT									
ISG15									
MX2									
IFNAR1									
Day 8									
Size									

Pearson correlation coefficients. Correlation of IFNT associated parameters and embryo characteristics measured in M, medium; SC, endometrial stroma cells; E, embryo after 48h co-culture of day 8 blastocysts. (IFNT) refers to IFNT protein translation, mRNA expression ($\Delta\Delta\text{Act}$) of stroma ISG15, OAS1 and MX2 refer to IFNT biological activity and IFNT mRNA expression (ΔAct) to gene transcription. Values in bold are correlating significantly ($P < 0.05$).

cells do (Talukder *et al.* 2018). We chose endometrial SC within an embryo co-culture model to quantify the action of minute amounts of IFNT as they are known to react sensitively to IFNT by classical ISG expression (Johnson *et al.* 1999, Forde *et al.* 2011). Additionally, we see the advantage that these cells are part of the natural environment of bovine blastocysts and thus believe the cells may positively influence physiological development. We analysed the dose-response expression of three ISGs. The primary cells were chosen from bovine uteri at the mid luteal stage, the time when the ISG response is most pronounced (Shirozu *et al.* 2017). The ISG gene expression increased with increasing IFNT stimulation and was distinctly ISG dependent. MX2 displayed the widest range of differential gene expression and allowed a quantification over three orders of magnitude from 10pg/mL to 1×10^4 pg/mL IFNT. OAS1 displayed the most sensitive differential expression as low as 0.1pg/mL, which is more than 100-fold lower than reported of a MDBK cell-based reporter gene assay (Toji *et al.* 2017). Thus, our results show that this is a simple, but very effective and secure model to investigate the IFNT biological activity. Our co-culture model using endometrial SC detects very small amounts of IFNT while it is easy to handle at the same time. Moreover, the co-culture model provides a physiological environment to the embryo, including signalling exchange between embryo and cells, which generally improves developmental conditions for the *in vitro* method (Melnick & Spandorfer 2015) including the induction of IFNT in Day 4 embryos co-cultured with bovine oviduct endometrial cells (Talukder *et al.* 2018). However, as the SC are primary cultures derived from donor animals, the present assay is lab-dependent, and thus standardisation is challenging. In addition, in contrast to the ELISA, the ISG stimulation is not IFNT specific, but may indicate any kind of type 1 interferon stimulation.

To determine the amounts of IFNT produced by the cultured embryos, the co-culture model held both the possibility to analyse the induction of gene expression and the protein abundance. A slight underestimation of IFNT concentration in the ELISA may have occurred as SC are able to metabolize IFNT or inhibit antibody recognition by other means.

Correlation between IFNT transcription, IFNT translation, IFNT activity and sex

A sex-dependent difference in antiviral activity of blastocysts supernatants has been observed in several studies (Larson *et al.* 2001, Kubisch *et al.* 2003, Kimura *et al.* 2004a). However, differential IFNT gene expression between day 8 male and female blastocysts has not been previously reported (Walker *et al.* 2009). Even though the authors analysed different mRNA variants, these were not differentially expressed

Table 4 Sex determination for bovine blastocysts in a co-culture system.

	Embryo-SC supernatant	SC	Embryo	Embryo	Combination of parameters
	IFNT concentration	IFNT activity	IFNT mRNA	size	Concentration activity mRNA size
% Accuracy					
Female	48.0	80.0	72.0	65.4	73.9
Male	88.5	62.5	88.5	65.4	83.3
Total	68.6	71.4	80.4	65.4	78.7

Discriminant analysis including cross validation of IFNT-depending variables in bovine blastocysts. IFNT concentration (IFNT) measured in endometrial stroma cell-embryo co-culture supernatant, IFNT activity measured in endometrial stroma cells ($\Delta\Delta\text{ct } ISG15$, $\Delta\Delta\text{ct } OAS1$, $\Delta\Delta\text{ct } MX2$), IFNT mRNA expression ($\Delta\text{ct } IFNT$) measured in day 10 after IVF blastocysts, size of day 8 and 10 after IVF blastocysts. The last column shows the accuracy of sex determination with inclusion of all parameters into the discriminant analysis.

depending on the sex. Thus, it was not possible to present an explanation for the IFNT activity differences (Walker *et al.* 2009). Different variants exhibit different potencies, fluctuating between 3 to 11 IU/mg (Ealy *et al.* 2001). Therefore, it is possible that the increase of a specific, high potent variant in one sex leads to an increase of antiviral activity in that sex, even though total IFNT protein expression remains similar between both sexes. We postulated that if activity levels were sex-dependent due to increased potency of IFNT variants, the protein concentration would be independent from the activity and not differential between sexes. However, the antibodies generated in the current study were not capable of differentiating between the variants. Nevertheless, we have shown that day 10 blastocysts express *IFNT* mRNA and protein, which correlate with the gene expression of IFNT downstream targets. Additionally, we have demonstrated that fold changes of IFNT production between female and male blastocysts are in a similar range for all three parameters (six-, four- and five-fold, respectively). It is possible that the lower fold-change of the protein concentration may be underestimated, as many male blastocysts secreted concentrations below the LOD. We conclude that female blastocysts most likely have an increased *IFNT* gene expression, that irrespective of the potency of the variant, results in higher protein concentrations that lead to the sex-dependent activity levels.

In agreement with previous reports, a sex-dependent difference in IFNT production and activity was evident. However, there were very high variations among both the IFNT production and the biological activity, demonstrating variation in antiviral activity (Kimura *et al.* 2004a). Consequently, female and male blastocysts could not be discriminated effectively by these parameters. IFNT concentration measurement or IFNT activity measurement may only increase the probability to select a male blastocyst or a female.

According to Kimura *et al.* (2004b), the IFNT production is independent on the cell number at the blastocyst stage, as female blastocysts have less cells than males, but produce more IFNT. We additionally show that increased size is not related to increased IFNT production, as there were no size differences

between sexes at day 10, even though differential IFNT production was evident. This indicates that the IFNT expression and translation pattern is changing during embryo development. At the blastocyst stage, the minute amounts of IFNT seem to be secreted independently of the size and cell number, but clearly related to the embryonic gene expression level. Later, at the time of the peak in IFNT production by the elongated embryo at preimplantation, the embryonic size is related to IFNT production, whereas its mRNA expression is not (Robinson *et al.* 2006, Barnwell *et al.* 2016).

Although the paracrine action of IFNT on the endometrium has been studied intensively, the role of autocrine stimulation of the embryo is still under investigation (Wang *et al.* 2013, Brooks & Spencer 2015). We identified expression of *ISG* and *IFNAR1* transcripts in the blastocysts; yet, a sex-specific *ISG* expression difference was not apparent. Our results do not give information about IFNT self-stimulation by the embryo. Nevertheless, as IFNT production and embryonic *ISG* expression were not correlated, it seems likely that the *ISG* expression in the embryo was not influenced by IFNT present in the medium. This observation corroborates the results from Imakawa *et al.*, showing the lack of IFNT binding to the embryonic *IFNAR* before day 16 in ovine conceptuses (Imakawa *et al.* 2002).

In conclusion, the biological validation of our in-house developed ELISA detecting minute amounts of IFNT was assessed by employing a cell-embryo co-culture system, which evidences sex-specific IFNT protein expression. We showed a direct correlation between the embryonic *IFNT* mRNA expression level, the protein concentration and the biological activity at the hatched blastocyst stage. Collectively, these results demonstrated sex dependency for all three parameters. Thus, female blastocysts most likely have an increased IFNT gene and protein expression rather than more potent IFNT variants.

Supplementary data

This is linked to the online version of the paper at <https://doi.org/10.1530/REP-18-0312>.

Declaration of interest

The authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of the research reported.

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