The effects of short-term culture and perifusion on LH-dependent steroidogenesis in isolated rat Leydig cells


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Summary. Tumour Leydig cells and normal mature Leydig cells lost their steroidogenic response (pregnenolone and testosterone secretion) to LH after 24 h of culture. Immature cells showed a 2-fold increase in the basal pregnenolone secretion and no change in the LH-dependent pregnenolone secretion after 24 h of culture, whereas the LH-dependent steroidogenesis decreased after 48 h. None of the 3 cell preparations showed morphological signs of degeneration during a culture period of more than 7 days. Histochemical 3β-hydroxysteroid dehydrogenase activity in isolated immature Leydig cells disappeared during the first 2 days of the culture period and re-appeared after 5–7 days. Testosterone production by mature Leydig cells decreased during the first hours after exposure to LH, whereas pregnenolone secretion remained constant. From these results it was concluded that Leydig cells attached to plastic can be used for investigation of acute actions of LH on steroidogenesis. A perifusion technique for cells attached to plastic was developed and was applied to the kinetics of LH action on steroidogenesis in tumour and immature Leydig cells. The first stimulation of pregnenolone secretion occurred within 5 min, but a full stimulation was only obtained after 20–30 min. This was followed by a gradual decrease in the stimulated steroid secretion to ~50% after 60 min.

Introduction

Freshly isolated Leydig cells have frequently been used for investigations on the biochemical mechanism of acute actions of trophic hormones (Dufau et al., 1978; Purvis, Clausen & Hansson, 1978; Cooke, Lindh, van der Molen, 1979a; Hall, Charponnier, Nakamura & Gabbiani, 1979). Isolated cell suspensions have been used also after pretreatment with trophic hormones in vivo (Saez, Haour, Loras, Sanchez & Cathiard, 1978; Dufau et al., 1979). However, the use of freshly isolated cells has some disadvantages. It is generally accepted that cell surface receptors may be damaged by the enzyme treatment during the isolation procedure and it has been reported for Leydig cells that preincubated and non-preincubated cells show functional differences (Cooke, Janszen, van Driel & van der Molen, 1979c). A recovery period during culture following the isolation procedure seems to be required. Moreover, during the initial period of culture, viable cells may be separated from dead cells and subfractionated by selective attachment to the (coated) plastic surface of culture dishes (Campbell, 1979). Application of culture techniques may therefore improve the quality of the cell preparation which subsequently can be investigated under defined culture conditions. Several investigators have shown that
primary cultures of cells after long-term culture may lose functional properties (Shin, 1967; Khatim & O’Hare, 1976; O’Hare, Ellison & Neville, 1978; Dufau et al., 1979). The purpose of the present investigations was to establish and evaluate conditions for maintaining Leydig cells functionally active for more than 24 h, so that the benefits of the culture techniques predominate over the drawbacks.

**Materials and Methods**

Ovine luteinizing hormone (NIH-LH-S20; 1·2 i.u./mg) was a gift from the Endocrinology Study Section, National Institutes of Health, Bethesda, Maryland, U.S.A. Cyanoketone (2a-cyano-4,4',17α-trimethyl-17β-hydroxy-5-androsten-3-one), an inhibitor of 3β-hydroxysteroid dehydrogenase activity, is a former product of Stirling–Winthrop, New York, U.S.A. SU-10603 (7-chloro-3,4-dihydro-2-(3-pyridyl)-1-(2H)-naphthalenone), an inhibitor of 17α-hydroxylase activity, was a gift from Ciba–Geigy, Basle, Switzerland. Epidermal growth factor was obtained from Collaborative Research, Waltham, Massachusetts, U.S.A. A 26% Ficoll solution was prepared by dissolving 26 g Ficoll in 25 ml distilled water and 50 ml Krebs–Ringer buffer without glucose (KRB) (Umbreit, Burris & Stauffer, 1964). The volume was adjusted to 98 ml with KRB and the solution was autoclaved and kept at room temperature under 5% CO₂. Before use, 2 ml of 20% sterile bovine serum albumin were added and CO₂ was administered until the pH was 6·5.

**Animals**

Male Wistar rats, substrain R-Amsterdam, were used. Adult, 13–17-week-old rats were used for isolation of Leydig cells from the testes and 10–12-week-old rats were used for implantation of Leydig cell tumour tissue as described by Cooke et al. (1979b), but with slight modifications. Small (1 x 1 mm) tissue fragments were subcutaneously injected in the neck region of normal intact rats and sufficient tumour tissue could be isolated 4–6 weeks later. Rats aged 22–24 days were used for preparation of Leydig cells from immature testes. All animals were kept under controlled light (14 h light/24 h) and temperature (20–22°C) conditions.

**Isolation of Leydig cells**

All procedures were carried out under sterile conditions and with sterile solutions, glass and plastic ware, if cells were incubated for periods longer than 8 h.

*Isolation of immature and tumour Leydig cells.* Decapsulated testes from 10–20 immature rats or approximately 500 mg minced tumour tissue were incubated at 37°C in 50 ml plastic conical tubes (Falcon) containing 10 ml Krebs–Ringer bicarbonate buffer, pH 7·4, with 0·2% glucose (KRBG) and 1 mg collagenase (Worthington, 135 U/mg)/ml.

The tubes were placed in a waterbath with their long axis parallel to the shaking direction and were shaken (80 cycles/min; amplitude 4 cm). Incubation time was 20 min for testis tissue and 20–50 min for tumour tissue. The suspension was diluted with 10–30 ml KRBG and, after sedimentation of the tissue debris, the cell suspension was filtered through 60 μm nylon gauze. The filtrate was centrifuged at 100 g for 10 min at room temperature. The supernatant was discarded and cells were resuspended in 2 ml KRBG. The number of contaminating erythrocytes present in tumour cell preparations was reduced by removal of the top layer of the cell pellet after the centrifugation step and more than 10⁸ Leydig cells could be obtained from one tumour.

*Isolation of mature Leydig cells.* Cells were prepared as described previously by Janszen, Cooke, van Driel & van der Molen (1976) with some modifications. The testes of mature rats were incubated for 5 min as described for immature testes and tumour tissue. Subsequently the
medium (with erythrocytes) was renewed and the tissue was incubated another 15 min with fresh medium containing collagenase. The suspension was diluted with 10–30 ml KRBG and filtered through 60 µm nylon gauze after sedimentation of the tubules. An equal amount of 26% Ficoll solution was added to the filtrate and the resulting cell suspension was centrifuged for 10 min at 1500 g. The supernatant was discarded and the cells were resuspended in 2–3 ml KRBG.

**Incubation conditions**

Approximately 10^6 cells were added to plastic Falcon dishes (diameter 35 mm), containing 2 ml culture medium prepared from modified Eagle’s medium with Earle’s Liquid and non-essential amino-acids containing extra glutamin (0-6 mg/ml) and antibiotics (100 U penicillin/ml: 100 µg streptomycin/ml and 0-6 µg Fungizone/ml (Gibco)) with or without 1% fetal calf serum (Gibco). In some experiments cells were cultured in a 1:1 mixture of Ham’s F12 nutrient mixture and Dulbecco’s modified Eagle’s medium (Gibco), supplemented with 1-2 g sodium carbonate/l, antibiotics, Fungizone, 5 µg insulin/ml, 5 µg transferrin/ml and 10 ng epidermal growth factor/ml (Collaborative Research) (Mather, 1980).

The cell suspension was incubated for 1 h at 37°C in standard medium with serum under 5% CO₂ and 95% air. During this period most of the viable somatic cells attached to the plastic surface while the germinal cells and erythrocytes remained floating. After this preincubation period floating cells and weakly attached cells were removed by washing. Firmly attached cells were used for further experiments. A less selective attachment of cells occurred when cell suspensions were preincubated without serum. Attachment of all cell types to plastic or glass could be obtained after centrifugation of cell suspensions in medium without serum for a few minutes at 1000 g.

During the first 24 h of culture the cells became flat and formed a monolayer which could be maintained for more than 7 days. Isolated tumour Leydig cells in culture showed mitotic activity during the first days.

**Hormone assays**

The steroidogenic activities of the Leydig cells were estimated by measuring the amounts of testosterone or pregnenolone secreted into the culture medium using radioimmunoassay methods as previously described (Verjans, Cooke, de Jong, de Jong & van der Molen, 1973; van der Vusse, Kalkman & van der Molen, 1975). Pregnenolone secretion was estimated in the presence of the inhibitors SU-10603 (2 × 10^-5 M) and cyanoketone (5 × 10^-6 M). Results from direct estimations in culture medium and from extracted samples were similar.

Steroidogenic activities in the Leydig cells were measured on the day of the cell preparation (Day 0) and during the next 2 days of the culture period (Days 1 and 2). The cells were used at the end of the experiment for protein analysis by the method of Lowry, Rosebrough, Farr & Randall (1951) or for estimation of the 17α-hydroxylase activity as described by Brinkmann, Leemborg, Roodnat, de Jong & van der Molen (1980). Cells grown on object glasses were also used for histochemical detection of 3β-hydroxysteroid dehydrogenase (Janszen et al., 1976) and non-specific esterase (Rommerts, van Doorn, Galjaard, Cooke & van der Molen, 1973).

**Perifusion of isolated cells**

A round disk (diameter 25 mm) was cut from a plastic Petri dish with a warm cork bore. The disk was placed in a Petri dish and pressed to the bottom by a specially constructed hollow glass cylinder with an inner diameter slightly less than that of the disk. Approximately 10^6 cells were applied to the disk via the glass cylinder. After a 1 h preincubation period in modified Eagle’s medium with 1% fetal calf serum the glass cylinder was removed and the cells were washed...
extensively. The disk with attached cells was subsequently transferred to a slanted support plate made of brass, which was heated (37°C) and could be rotated with a speed of 30 cycles/min (Text-fig. 1). A continuous supply of warm (37°C) humid air containing 5% CO₂ was used to create an environment similar to that in the incubator. Culture medium was supplied from a syringe by an infusion pump with a rate of ~0.2 ml/min. Due to the slanted position of the plate, the rotation and the glass rod just above the disk, cells could be efficiently perifused with a dead volume of less than 150 µl. In the present experiments the medium was collected in 2.5 min fractions with a fraction collector.

Text-fig. 1. Diagram of the perifusion system for isolated Leydig cells. The cells were attached to the plastic disk during a static incubation of 1 h at 37°C. The disk + cells was placed on the brass support, which was heated at 37°C and rotated in a 37°C humid atmosphere containing 5% CO₂, and 95% air. Culture medium was supplied by an infusion pump. The medium was collected and transferred to the fraction collector with a glass rod. For further details see ‘Materials and Methods’.

**Results**

**Steroidogenesis after short-term culture**

Leydig cell preparations prepared from tumour tissue, adult testes or immature testes were preincubated for 1 h at 37°C in culture medium containing 1% fetal calf serum, which caused a stimulation of ~50% of the basal steroid production. Secretion of pregnenolone by the Leydig cell preparations was measured by incubating the cells in the presence of 1% fetal calf serum, firstly for 1 h without hormones, followed by 1 h incubation in the presence of a maximally stimulating dose of LH (for tumour, mature and immature Leydig cells 1000, 100 and 100 ng/ml, respectively). The pregnenolone secretion was increased more than 7-fold by the LH additions. After 24 h incubation, tumour and adult Leydig cells had lost the LH-dependent steroidogenic response and showed only 7 ± 4 (n = 5) and 8 ± 8 (n = 6)% (mean ± s.d., n = no. of cell preparations) of their respective activities at Day 0. Addition of dibutyryl-cAMP instead of LH or incubation of the cells in a mixture of Ham’s F12 and Dulbecco-modified Eagle’s medium, as described by Mather (1980), did not improve this. Leydig cells prepared from immature testes retained the capacity to respond to LH. The secreted steroids apparently gave a
good reflection of the total amount of steroids produced, because 9–13% of pregnenolone remained within the cells, irrespective of the concentration in the medium. These results suggest that under the present conditions Leydig cells from tumour tissue or adult testes can only be used for acute experiments, whereas immature Leydig cells can be used for experiments which last approximately 30 h.

**Immature Leydig cells**

Basal and LH-stimulated secretion of pregnenolone was measured each day during culture (Table 1). The basal secretion of pregnenolone and the protein content increased approximately 2-fold during the first 24 h of the culture period, while the maximal capacity for pregnenolone production, expressed per number of inoculated cells, remained constant. On the other hand, fluctuations in steroid production (reflecting fluctuations in the activities of the cells or the number of active cells in the different cell preparations) occurred. The dose-response curves to LH on Days 0 and 1 within one experiment were similar, except for an increase in the basal pregnenolone secretion on Day 1 (data not shown). However, the LH-dependent steroidogenic capacity was decreased on Day 2 (Table 1). Preincubation of the cells with LH for 24 h did not affect the LH-stimulated pregnenolone production on the next day.

**Table 1.** Change in protein content, basal and LH (100 ng/ml)-stimulated secretion of pregnenolone by isolated Leydig cells from immature rats during culture

<table>
<thead>
<tr>
<th>Day of culture</th>
<th>Protein content as % from Day 0</th>
<th>Pregnenolone (ng/mg protein. h⁻¹)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>-LH</td>
</tr>
<tr>
<td>0</td>
<td>100</td>
<td>26 ± 17 (7)</td>
</tr>
<tr>
<td>1</td>
<td>201 ± 34 (4)*</td>
<td>45 ± 24 (7)*</td>
</tr>
<tr>
<td>2</td>
<td>217 ± 34 (4)*</td>
<td>5 ± 2.6 (4)</td>
</tr>
</tbody>
</table>

Values are mean ± s.d. for the no. of cell preparations indicated, compared by paired Student's t tests.

* P < 0.01 when compared to the same condition at Day 0.
† P < 0.01 when compared to unstimulated cells at Day 1.
‡ P < 0.05 when compared to unstimulated cells at Day 0.
§ P < 0.05 when compared to LH-stimulated cells at Day 1.

Cultured Leydig cells did not show morphological signs of degeneration during culture periods lasting for more than 7 days. Histochemical detection of 3β-hydroxysteroid dehydrogenase activity 1 h after inoculation of the Leydig cell preparations showed 20–40% of the attached cells with a positive reaction. The enzyme activity was markedly decreased after 1 day of culture and could not be detected after 2 days. However, many active cells were again present in cultures maintained for 5–7 days without added LH.

**Mature Leydig cells**

Pregnenolone production by the attached cells was measured in medium containing inhibitors of pregnenolone metabolism; for estimation of testosterone secretion, medium without inhibitors was used. The culture media with the secreted steroids were isolated each hour and new culture medium was added (Text-fig. 2). Testosterone production during the third hour after
LH administration was 41 ± 6% of that during the first hour, whereas production of pregnenolone measured in another dish was not changed (110 ± 29%; mean ± s.d. from 5 independent cell preparations for both values). Further decreases in testosterone production occurred as the incubation period was extended. After 6 h 25-hydroxycholesterol was added to saturate the cholesterol side-chain cleavage enzyme (Text-fig. 2). Testosterone production was slightly increased but the secretion rate was still much less than during the first hour after LH. Pregnenolone secretion was unchanged or only slightly stimulated, indicating that the decreased testosterone production could not be attributed to cell losses during the incubation period. The changes which occur in the testosterone production can most clearly be demonstrated when the different amounts of steroid secreted per hour are shown individually. In a cumulative presentation, used frequently in kinetic studies with cell suspensions, the changes in the testosterone production were much less prominent (Text-fig. 2c).

**Text-fig. 2.** Changes in secretion of (a) pregnenolone and (b) testosterone by mature Leydig cells attached to plastic dishes. Different portions of one cell preparation were incubated with (a) or without (b) inhibitors of pregnenolone metabolism and medium was collected and renewed each hour. LH was absent during the first hour and continuously present thereafter. Finally the cells were incubated in the presence of LH and 20 µM-25-hydroxycholesterol (hatched columns). (c) The values for the cumulative amount of secreted steroids were calculated from the results of the successive production during the different periods.

**Perifusion of Leydig cells**

The results from the perifusion studies are depicted in Text-fig. 3. The first change in steroid secretion following LH administration occurred within 5 min and an optimum was obtained after 20–30 min. A gradual decrease in the secretion of pregnenolone was observed when cells were continuously perifused with LH. This decrease could not be attributed to appreciable detachment of cells from the plastic disk, because cell counts in the perifusion medium showed that at most 5% of the cells were removed. Moreover, rapid changes occurred within tumour cells during the in-vitro incubation without LH; after incubation for 4 h the 17α-hydroxylase activity was reduced to 11.8 ± 1.1% (s.d.; 3 different cell preparations) of the original activity.
Text-fig. 3. Effect of LH on the secretion rate of pregnenolone by perifused rat Leydig cells from (a) immature testis and (b) tumour tissue. LH was continuously present after the first addition indicated by the arrow. For perifusion conditions see Text-fig. 1.

Discussion

Leydig cell fractions isolated from tumour tissue or mature or immature testes can attach to a plastic surface and remain viable for more than 7 days. However, during this culture period changes occur in the steroidogenic pathways leading to the biosynthesis of testosterone. In the present experiments LH-dependent pregnenolone production remained constant for approximately 6 h in all cell types and in immature Leydig cells for more than 24 h, but a change in the metabolism of pregnenolone may occur in mature Leydig cells within 6 h. Decreases in the rate of testosterone production or release, when compared to the initial rate, are also apparent in experiments described by Cigorraga, Dufau & Catt (1978) and Cooke et al. (1979c). Several metabolites of pregnenolone have been detected in the culture medium of steroidogenic cells in culture (normal adult Leydig cells: Khatim & O'Hare, 1976; Dufau et al., 1979; tumour Leydig cells: Shin, 1967; Inano, Tamaoki & Tsubura, 1972; adrenal tumour cells: Saez, Morera & Haour, 1979). The occurrence of these metabolites may suggest the absence or decreased activity of microsomal steroid 17α-hydroxylase or steroid C\textsubscript{17-20}lyase. Changes in these microsomal enzymes may be caused by a decreased level of microsomal cytochrome P\textsubscript{450} occurring within only a few hours after isolation and incubation of interstitial tissue (Purvis & Menard, 1975). Similar changes in cytochrome P\textsubscript{450} have been reported for isolated liver cells when exposed to an oxidizing environment (Bissell & Guzelian, 1979).
The rapid decline of the microsomal enzyme activities and the LH-dependent side-chain cleavage enzyme activity during the culture of the isolated rat Leydig cells may be a consequence of previous (physical) cell damage due to the isolation procedure or an (cell biological) adaptation of the cell to a new environment. The first explanation seems unlikely, because LH-dependent side-chain cleavage activity can be maintained in immature Leydig cells for more than 24 h, but declines in tumour cells prepared under identical conditions. Moreover, the loss of the steroidogenic capacity in tumour Leydig cells occurs in cells which remain mitotically active for several days in culture. It seems, therefore, that the observed changes depend on inherent properties of the cells in culture. The latter conclusion is supported by the observation that after an initial loss of 3β-hydroxysteroid dehydrogenase activity the enzyme activity re-appears after 5–7 days of culture without LH. The absence of appreciable 3β-hydroxysteroid dehydrogenase activity after 1 day of culture in the presence of active and LH-dependent steroidogenesis represents a strong limitation of the use of this enzyme as a marker enzyme of active Leydig cells.

Measurement of pregnenolone formation seems most suitable for investigations of biochemical mechanisms of hormone action on steroidogenesis, because measurements are as close as possible to the rate-limiting step and the least influenced by the observed changes in the pregnenolone-converting enzymes. On the other hand, pregnenolone secretion is physiologically less meaningful. Superfusion techniques with isolated cells have been reported previously. Cells or tissue fragments have been packed in columns of glass beads (Cooke, Janssen, Clotscher & van der Molen, 1975) or biogel (Lowry & McMartin, 1974) or retained in suspension by balancing a flow of medium against an opposing centrifugal force (Schulster & Jenner, 1975). With the present method, the properties of cells attached to a plastic surface can be compared under normal incubation conditions and under superfusion conditions.

Our study of the kinetics of LH action on steroidogenesis indicated a considerable difference in the times required for an initial response (<5 min) and a complete response (20–30 min). The gradual decrease in the secretion of pregnenolone during perfusion in the presence of LH cannot yet be explained. A similar phenomenon has been reported for testosterone production by tumour Leydig cells (Segaloff, Puett & Ascoli, 1981) and normal adult Leydig cells (Davies & Platzer, 1981) and suggestions have been made that the decline in the testosterone response is induced by the gonadotrophins. However, it could also be related to the specific perfusion conditions, because our results show that immature Leydig cells attached to plastic and incubated statically with 100 ng LH remain active in steroid production for more than 24 h.

References


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