Effect of embryonic treatment with oestradiol benzoate on reproductive morphology, ovulation and oviposition and plasma LH concentrations in female quail (*Coturnix coturnix japonica*)*

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Summary. Quail eggs were injected on Day 10 of incubation with 0, 5, 10, 20 or 40 µg oestradiol benzoate. Females hatching from these eggs were reared on a 16L:8D photoperiod and egg laying was recorded. Blood samples were taken at 37, 40, 43, 46, 49, 52, 55, 58 or 61 days of age and LH concentrations were measured by a double-antibody radioimmunoassay. Birds were killed at 61 days of age; ovaries and oviducts were weighed and examined. Egg laying was greatly reduced by oestradiol benzoate treatment, but for birds that did lay, age at first oviposition was normal. LH levels were not affected by oestradiol benzoate treatment, and were highest at 40 and 49 days of age. Oestradiol benzoate had no effect on ovarian weight, number of follicles with diameter > 1 cm, or number of post-ovulatory follicles. Oestradiol benzoate had a dose-related effect on the likelihood that females would have two oviducts, and for those females that had retained the right oviduct, the left oviduct was smaller than normal. Oestradiol benzoate-treated females were more likely to have ovulated yolks in the body cavity. Embryonic treatment with oestradiol benzoate therefore appears to inhibit egg laying by causing oviduct abnormalities, rather than by (as happens in mammals) inhibiting ovulation.

Introduction

Treatment of fetal or neonatal rodents with testosterone or oestradiol produces an anovulatory syndrome in which, as adults, the females have few or no corpora lutea and reduced fertility (Pfeiffer, 1936; Barraclough, 1961; Harris, 1970; Gorski, 1971). The cause of this failure to ovulate has been shown to be masculinization of the LH-controlling mechanisms in the hypothalamus such that the cyclic peak of LH that normally triggers ovulation is absent, as it is in normal males (Feder, 1981a).

Female quail and chickens also have reduced fertility after early (embryonic) administration of oestradiol or testosterone. Treated females, when adult, are less likely to lay eggs, and lay fewer eggs (van Tienhoven, 1957; Glick, 1961; Wentworth, Hendricks & Sturtevant, 1968; Adkins, 1975; Warner, Cain, Moreng & Maniscalco, 1977). The reason for this failure to lay is not entirely clear. One possibility is that oviposition is prevented by morphological anomalies caused by the oestrogen treatment. Administration of oestrogen to embryos has been shown to cause retention and

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development of the right Müllerian duct in chickens, resulting in females that have two oviducts (Kaufman, 1956; Erickson & Pincus, 1966; van Tienhoven, 1968). In one experiment, retention of the right Müllerian duct was observed in female quail hatched from eggs injected with large dosages of oestradiol (Warner *et al.*, 1977). Another possibility, however, is that instead of or in addition to oviduct abnormalities, the females are ovulating less frequently than normal, and are exhibiting the same phenomenon (masculinization of positive feedback hypothalamic mechanisms controlling ovulation) that is seen in rodents. It is important to know whether such masculinization is occurring because, in chickens and quail, embryonic treatment with oestradiol or testosterone causes feminization (demasculinization) of behaviour (and presumably of the neural mechanisms controlling behaviour), rather than causing behavioural masculinization, as it does in mammals (Wilson & Glick, 1970; Adkins-Regan, 1981; Feder, 1981b).

The purpose of the present experiment was to examine systematically the effect of several dosages of oestradiol benzoate injected into quail eggs during incubation on ovulation, oviduct development, egg laying, and LH levels to determine the cause of reduced fertility.

Materials and Methods

Animals and procedure. Eggs from breeding quail obtained from Truslow Farms, Chestertown, MD, were incubated at 37.6°C and 57% relative humidity for 16 days, then at 37.2°C and 85% relative humidity until hatching. On Day 10 of incubation (Day 0 is the day the eggs were set in the incubator) eggs were injected with 0.05 ml sesame oil or with 5, 10, 20 or 40 µg oestradiol benzoate dissolved in 0.05 ml sesame oil. Day 10 falls within the critical period for demasculinization of behaviour in males by embryonic oestradiol benzoate treatment (Adkins, 1979). Injections were made into the albumen of the small end of the egg, and needle holes were sealed with melted paraffin wax.

After hatching, birds were reared on a 16 h light : 8 h dark cycle (lights on at 07:00 h). Females were housed in brooders until 28 days after hatching, and individually thereafter in cages measuring 15 × 20 × 24 cm.

Sexual maturity (onset of egg laying) normally begins at about 6 weeks of age after hatching in domesticated quail. At 37, 40, 43, 46, 49, 52, 55, 58 or 61 days blood samples were taken via wing vein puncture. Each female was bled at one or two of these ages (if bled twice, the bleedings were spaced at least 10 days apart), with random assignment to age at first bleeding. Blood was collected between 09:30 and 11:30 h. Samples were centrifuged at 979 *g* for 30 min; plasma was frozen and subsequently assayed for LH.

Beginning at 37 days of age, females were weighed every 4 days, and egg laying was recorded daily. At 61 days of age, all females were killed. Ovaries and oviducts were removed and weighed. Any eggs in the oviduct were removed before weighing. The number of post-ovulatory follicles in each ovary was counted (Kabat, Buss & Meyer, 1948) and the numbers and the sizes of yolked follicles were recorded. The body cavities were searched for ovulated yolks.

LH assay. The double-antibody radioimmunoassay has been described previously (Johnson & van Tienhoven, 1980) and is a modification of one originally described and validated for quail by Follett, Scanes & Cunningham (1972). Iodination was accomplished by the lactoperoxidase method (Bolton, 1977). The assay was accomplished by combining a 25 µl sample or standard (0.4–16.0 ng/ml) and rabbit anti-LH antibody on Day 1. On Day 2, 100 µl ¹²⁵I-labelled LH (100 pg) were added, and 100 µl anti-rabbit γ globulin (second antibody; obtained from Dr W. R. Butler) were added 24 h later. After incubation for 48 h, tubes were centrifuged, the supernatant decanted, and the pellet counted in a Beckman Gamma 4000 equipped with a DP 5000 data reduction unit. Sensitivity of the assay ranged between 300 and 400 pg/ml. For these samples, the mean between- and within-assay coefficients of variation were 6.2 and <10%, respectively.

Statistical analyses. Data were analysed by χ^2 tests or by the appropriate form of analysis of variance followed by (if significant) Duncan's multiple range test.

Results

Oviposition, mortality and body weight

Oestradiol treatment had no effect on the percentage of eggs hatching. The percentages of birds dying between 37 and 61 days of age were as follows: sesame oil, 0%; oestradiol: 5 μ g, 10%; 10 μ g, 12%; 20 μ g, 10%; 40 μ g, 20%. These birds were excluded from all subsequent analyses. Body weights of birds were not affected by oestradiol benzoate treatment when birds that died were excluded ($F = 2.03$; $df = 4, 119$; $P > 0.05$).

Oestradiol benzoate treatment suppressed egg laying in a dose-dependent manner; treated birds were less likely to lay eggs (Text-fig. 1; $\chi^2 = 28$, $df = 4$, $P < 0.001$) and oestradiol benzoate greatly reduced the proportion of females laying 3 eggs on Days 59–61 (Table 1; $\chi^2 = 53$, $df = 4$, $P < 0.001$). For those birds that did eventually lay, the age at which the first egg was laid was unaffected (Table 1).

Text-fig. 1. Percentage of females hatched from eggs injected with oestradiol benzoate that ever laid an egg or that had developed a right oviduct or had yolks in the body cavity when examined at 61 days of age. For each group the no. of observations was 15–35.

Ovulation

The number of large (> 1 cm diam.) yolked follicles in the ovaries was not significantly different across the groups (Table 1). Oestradiol benzoate treatment apparently had no effect on ovulation frequency, because the number of post-ovulatory follicles did not differ significantly as a function of treatment (Table 1; $P > 0.05$ for 40 μ g oestradiol compared with controls). However, oestradiol benzoate treatment did result in a dose-dependent increase in the proportion of birds that had ovulated follicles in the body cavity (Text-fig. 1; $\chi^2 = 36$, $df = 4$, $P < 0.001$).

Table 1. Reproductive characteristics of female quail hatched from eggs injected with oestradiol benzoate (OB) and killed at 61 days of age

Egg treatment	% Birds laying 3 eggs on Days 59–61*	Age at first oviposition (days)*†	No. of post-ovulatory follicles	No. of large follicles (> 1 cm)	Ovarian wt (g)	Wt of right oviduct (g)	Wt of left oviduct (g)‡
Oil	97 (34)	47 ± 0.8 (34)	3.3 ± 0.3 (30)	1.6 ± 0.1 (30)	7.1 ± 0.3 (29)	—	6.2 ± 0.2 (30)
5 µg OB	67 (27)	47 ± 1.0 (22)	3.2 ± 0.3 (29)	1.8 ± 0.2 (29)	6.4 ± 0.6 (29)	2.2 ± 0.4 (7)	5.0 ± 0.8 (7)
10 µg OB	40 (15)	48 ± 1.8 (12)	3.1 ± 0.4 (16)	1.8 ± 0.2 (16)	6.3 ± 0.7 (17)	1.5 ± 0.2 (11)	5.6 ± 0.6 (11)
20 µg OB	19 (26)	48 ± 1.8 (16)	3.1 ± 0.2 (35)	1.8 ± 0.2 (35)	7.0 ± 0.5 (34)	1.7 ± 0.2 (29)	4.2 ± 0.3 (29)
40 µg OB	15 (20)	49 ± 2.1 (9)	3.4 ± 0.4 (22)	2.0 ± 0.2 (22)	7.0 ± 0.8 (20)	1.4 ± 0.2 (15)	3.5 ± 0.4 (15)

Values are mean ± s.e.m. for the no. of observations in parentheses.

* Including soft-shelled eggs.

† Excluding birds that never laid.

‡ For OB treated groups, includes only those birds that had two oviducts.

Table 2. Plasma LH (ng/ml) in female quail hatched from eggs injected with oestradiol benzoate (OB)

Egg treatment	Sampling age (days)							
	37	40	43	46	49	52	55	58
Oil	0.96 ± 0.53	2.00 ± 0.05	1.16 ± 0.22	0.95 ± 0.35	2.00 ± 0.31	1.37 ± 0.26	1.76 ± 0.41	1.05 ± 0.06
5 µg OB	1.73 ± 0.43	2.05 ± 0.49	1.23 ± 0.29	0.51 ± 0.14	1.55 ± 0.47	1.82 ± 0.52	1.44 ± 0.26	0.96 ± 0.21
10 µg OB	1.93 ± 0.41	2.52 ± 0.42	1.11 ± 0.18	1.86 ± 0.23	2.38 ± 0.72	1.27 ± 0.10	1.26 ± 0.18	1.14 ± 0.31
20 µg OB	0.92 ± 0.25	1.86 ± 0.14	1.57 ± 0.39	1.08 ± 0.20	2.33 ± 0.46	0.96 ± 0.27	1.27 ± 0.31	1.55 ± 0.37
40 µg OB	1.55 ± 0.33	1.74 ± 0.32	2.40 ± 0.44	1.93 ± 0.42	1.11 ± 0.11	1.71 ± 0.12	2.09 ± 0.31	1.38 ± 0.27

Values are mean ± s.e.m. for 5–13 birds at each age.

Organ weights

Oestradiol benzoate had no significant effect on ovarian weight, even at the highest dosage (Table 1), although there was a marked effect on oviducts. In a dose-related manner oestradiol benzoate increased the proportion of females having two oviducts (Text-fig. 1, $\chi^2 = 61$, $df = 4$, $P < 0.001$). These right oviducts were less than half the size of left oviducts (Table 1). If left oviducts were compared only for females possessing a single oviduct, then there was no significant effect of oestradiol benzoate on left oviduct weight. However, if females with two oviducts were included, then oestradiol benzoate treatment caused females to have smaller left oviducts (Table 1; $F = 8.46$, $df = 4, 87$, $P < 0.001$).

LH concentrations

Oestradiol benzoate treatment had no effect on plasma LH values (Table 2; $F = 1.7$, $df = 4$, 225 , $P > 0.1$). Although LH concentrations were not higher in older than in younger birds (Table 2) they were nonetheless influenced by physiological stage at sampling ($F = 2.28$, $df = 8$, 225 , $P < 0.005$), due to significantly elevated LH in birds sampled at 40 and 49 days of age (Duncan's multiple range test, $P < 0.05$ for each age).

Discussion

Embryonic treatment with oestradiol benzoate inhibited oviposition in these females, as had been observed previously in quail (Wentworth *et al.*, 1968; Adkins, 1975; Warner *et al.*, 1977). This experiment clearly shows that this effect is due to difficulties at the level of the oviducts rather than to failure to ovulate or failure to maintain normal basal LH levels. The high frequency of yolks in the body cavity in the treated groups suggests that the failure to lay was due to an inability of the ovulated yolks to pass into the left oviduct, either because of the presence of a developed right oviduct or because of a decrease in the size or functional capacity of the left oviduct.

Two previous experiments have also found right oviduct retention in female quail as a function of early oestrogen treatment. In one case (Haffen, 1965) eggs were dipped on Day 4 of incubation into a solution of diethylstilboestrol (40 mg/100 ml). In the other (Warner *et al.*, 1977) eggs were injected on Day 4 of incubation with 0.1 or 0.5 mg oestradiol benzoate. In the present study, much lower dosages of oestrogen administered much later in incubation still caused right oviduct retention. Left oviducts were normal in weight unless a right oviduct was also present, in which case they were smaller than normal.

At the present time, because of uncertainty about the hormonal mechanisms of right Müllerian duct regression in normal female embryos, it is difficult to explain why oestradiol prevents such regression. In the male chicken, the anti-Müllerian hormone is believed to be non-steroidal (Weniger, Mack & Holder, 1975), but androgenic steroids have been proposed as the regressing agents for both sexes in quail (Lutz-Ostertag & Bayle, 1979). In either case, it is possible that oestradiol benzoate suppresses the production of the endogenous gonadal hormones that normally cause regression of the right oviduct (Taber, 1964; Teng & Teng, 1979). Another possibility is that the oestradiol benzoate acts as an antihormone at the level of the Müllerian duct, blocking either androgens (Teng & Teng, 1979) or a non-steroidal anti-Müllerian hormone. In an in-vitro study with chickens, testosterone prevented embryonic testes from causing regression of male and female Müllerian ducts (Weniger & Zeis, 1982). Evidence against a direct stimulatory action of oestradiol benzoate is that the Müllerian duct of chick embryos does not seem to have oestradiol receptors before Day 15 of incubation (Gasc & Stumpf, 1981).

In quail, the main preovulatory peak of LH occurs about 6 h before ovulation (Doi, Takai, Nakamura, & Tanabe, 1980), which in turn occurs 15 min–2 h after oviposition (Opel, 1966). In our

laboratory birds generally oviposit between 16:00 and 17:00 h, and so the preovulatory LH peak for our females should have occurred during the period of sampling. Not only were LH levels, as measured here, unaffected by embryonic oestradiol benzoate treatment, but ovulation appeared to occur normally in all groups.

Urbanski & Follett (1982) have shown that plasma LH concentrations differ in male and female quail; for example, if males and females are gonadectomized and housed on a long photoperiod, LH values are 20–25 ng/ml in males and 10–15 ng/ml in females. It is not yet known (although the data of Urbanski & Follett (1982) are suggestive) whether the hypothalamic mechanisms controlling LH release are dimorphic in quail (or other birds), as has been shown for rodents. The present study provides some indirect evidence that oestradiol benzoate does not masculinize the hypothalamus of the female quail. Although oviposition was suppressed, ovulation was not. Therefore, the low fertility caused by early exposure to oestradiol in birds and mammals, while superficially similar, is fundamentally different with respect to its cause in the two groups.

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