Seasonal differences in function of the hypothalamic–hypophyseal–ovarian axis in weaned primiparous sows*

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Summary. Primiparous sows were fed to appetite during lactations that occurred during winter or summer, and 11.4 ± 0.4 pigs per litter were weaned at 23.5 ± 0.1 days of age. Sows were slaughtered at 0 or 72 h after weaning or blood samples were collected until 24 h after onset of oestrus. Sows that lactated during summer consumed less food and lost more ($P < 0.05$) weight, heartgirth and backfat than those that lactated during winter. Weaning-to-oestrus interval was greater ($P < 0.05$) in summer (224 ± 25 h) than in winter (93 ± 13 h). Content of GnRH in the hypothalamus and concentrations of LH in the anterior pituitary and serum were lower ($P < 0.05$) after weaning in summer than winter. The numbers of visible ovarian follicles < 5 mm in diameter at weaning were lower ($P < 0.05$) in summer than in winter. In contrast to LH, FSH concentration in serum was higher ($P < 0.10$) in summer than winter, but FSH values in the anterior pituitary were lower ($P < 0.05$) in summer than in winter. Post-weaning patterns of secretion of oestradiol and follicular development differed between winter and summer. For example, in some sows weaned during the summer, transient surges of oestradiol occurred repeatedly during 0 to 280 h after weaning without provoking surges of LH. These results indicate that the period of post-weaning anoestrus in summer is prolonged because of altered activity of the hypothalamic–pituitary axis, possibly because of changes in sensitivity to the feedback of oestradiol. Lower feed intake during lactations that occur during summer may predispose the endocrine system to the aberrations.

Introduction

Normally, weaning results in increased synthesis of GnRH (Cox & Britt, 1982c), increased synthesis and secretion of LH (Cox & Britt, 1982c; Edwards & Foxcroft, 1983), and increased follicular growth and secretion of oestradiol that culminates in oestrus and ovulation in sows within 3–10 days after weaning (Stevenson, Cox & Britt, 1981; Cox & Britt, 1982a; Edwards & Foxcroft, 1983; Armstrong & Britt, 1985).

Season affects duration of postweaning anoestrus because primiparous sows weaned during late summer or early fall have longer periods of postweaning anoestrus than do primiparous sows weaned during spring (Aumaitre, Dagorn, Legault & Le Denmat, 1976; Hurtgen, Leman & Crabo, 1980; Britt, Szarek & Levis, 1983). This effect of season on postweaning anoestrus may be mediated through seasonal differences in food intake. Primiparous sows restricted in intake of energy and (or) protein during lactation had longer remating intervals than did unrestricted controls (Reese *et*

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al., 1982; King & Williams, 1984a, b). Season and intake of energy also may interact to affect remating intervals because restriction of intake of energy during lactation in the fall resulted in longer remating intervals than in the spring (Reese *et al.*, 1982).

Prolonged anoestrus after weaning may be due to insufficient release of GnRH because hourly pulses of exogenous GnRH induced oestrus and ovulation in chronologically anoestrous, primiparous sows (Armstrong & Britt, 1985). Chronic postweaning anoestrus may therefore be due to aberrations in the hypothalamus and (or) higher brain centres.

The objectives of this study were to determine whether seasonal differences in postweaning anoestrus of primiparous sows were associated with differences in intake of food during lactation and with postweaning differences in concentrations of hypothalamic GnRH, serum and anterior pituitary gonadotrophins and follicular development.

Materials and Methods

Experimental procedures. Landrace $\times$ Yorkshire primiparous sows that farrowed in March (winter, $N = 17$) or August (summer, $N = 19$), 1983, were used. Within season, sows were farrowed in a batch and lactated 23.5 ± 0.1 (mean $\pm$ s.e.m.) days. Minimum temperature within the farrowing houses was maintained at about 20°C by providing supplementary heat; however, maximum temperature depended on outside temperature because outside air was used for ventilation. Lights in the farrowing houses were on during feeding and collection of blood samples, but length of photoperiod depended primarily on sunlight from windows on both sides of the houses. Litter sizes were equalized within 3 days of farrowing and the average litter size was 11.4 ± 0.4 pigs at weaning. During lactation, sows were fed to appetite (twice daily) a corn-soybean meal diet supplemented with vitamins and minerals according to NRC (1979) guidelines. Body weight, heart-girth circumference and backfat depth (measured ultrasonically 6 cm lateral to the midline at the last rib; Leanmeter, Renco Corp., Minneapolis, MN) were recorded after farrowing and at the time of weaning.

Within season, sows were assigned at random to be slaughtered at weaning (0 h; winter, $N = 5$; summer, $N = 5$), 72 h after weaning (winter, $N = 6$; summer, $N = 4$) or a cannula was placed in the vena cava 1 day before weaning (winter, $N = 6$; summer $N = 10$). The cannulas were inserted through a 12-gauge needle under local anaesthesia, and were taped to the skin surface with elastic tape. Ovaries, anterior pituitaries and areas of brain encompassing the hypothalamus were obtained at slaughter. Numbers of visible ovarian surface follicles < 5 mm or > 5 mm in diameter were recorded. The interval from weaning to slaughter in the 0 h group was about 1 h. Sows in the cannulated group were checked for oestrus with a mature boar twice daily beginning 1 day after weaning.

Hypothalamic tissue was dissected into two parts, medial basal hypothalamus (MBH) and stalk-median eminence (SME), as described by Cox & Britt (1982c). The anterior pituitary was divided into two portions, the hypophyseal portal area (HPA) and the remainder of the anterior pituitary. All tissues were stored in liquid nitrogen until subsequent analysis. Tissues for determination of GnRH concentration were homogenized in 3 ml 2 N-acetic acid (Estes, Padmanabhan & Convey, 1977). After centrifugation at 1000 g for 30 min, 0.5 N-sodium hydroxide was added to the supernatants until pH was neutralized (pH = 7.0). Supernatants were then frozen, freeze-dried, reconstituted with double-distilled water and stored at -20°C until assayed for GnRH. Anterior pituitaries were processed as previously described (Cox & Britt, 1982c), except that pituitary extracts were diluted 1:9000 for LH and FSH assays.

In cannulated sows, blood samples were collected at 12-h intervals from weaning until 24 h after the onset of oestrus or 10 days after weaning, whichever came first. Blood samples also were obtained at 15-min intervals (windows) for 3 h (summer) or 4 h (winter) at 0, 24, 48 and 72 h after

weaning. Samples obtained at 12-h intervals were analysed for oestradiol-17 β and, in selected instances, progesterone. All samples were analysed for LH. Alternate samples from windows obtained at 0 and 24 h after weaning were assayed for FSH.

Hormone assays. Serum and tissue LH, and progesterone concentrations were measured by radioimmunoassay procedures described by Stevenson *et al.* (1981). Average intra- and inter-assay coefficients of variations (CVs) were 11.9 and 16.2%, respectively, for 7 LH assays. Average recovery of progesterone was 90% and the average intra- and inter-assay CVs were 12.6 and 12.9%, respectively. Assay sensitivities, defined as 90% of total binding, were 0.3 and 0.2 ng/ml for LH and progesterone, respectively.

Serum oestradiol-17 β concentrations were assayed using antiserum provided by Dr N. R. Mason (Mason & March, 1975) as previously described (Cox & Britt, 1982b). Intra- and inter-assay CVs for 6 assays were 13.8 and 14.9%, respectively. Assay sensitivity, defined as above, was 8 pg/ml.

Serum and tissue FSH were measured using anti- β -subunit FSH serum (USDA-10-1010) provided by Dr D. J. Bolt (Guthrie & Bolt, 1983) with modifications as described by Esbenshade & Britt (1985). Highly purified pig FSH (USDA-FSH-PP1) was iodinated by the Iodogen (Pierce Chem. Corp., Rockford, IL) method and pig FSH for standards (pFSH IA3-c2, 26.1 units/mg NIH-FSH-S1) was supplied by Dr R. J. Ryan and Dr R. J. Whitley (Mayo Clinic, Rochester, MN). Intra- and inter-assay CVs for two assays were 12.3 and 17.2%, respectively; assay sensitivity was 0.4 ng/ml.

Tissue GnRH was measured in tissue extracts (200 μ l) using anti-GnRH serum (Miles Yeda, Rehovot, Israel) at a dilution of 1:80 000. Characteristics of this antiserum have been previously reported (Koch *et al.*, 1973) with modifications validated in our laboratory (Cox & Britt, 1982c). Synthetic GnRH (CEVA Labs, Overland Park, KS) was used for standards and was iodinated according to the procedure of Nett, Akbar, Niswender, Hedlund & White (1973) except that 125 I-labelled GnRH and free 125 I were separated using Sephadex LH-20-100. The sensitivity and intra-assay CV were 20 pg and 11.6%, respectively.

Statistical analyses. Least-squares analyses of variance were by general linear regression procedures of the Statistical Analysis System (SAS, 1982). Comparisons between summer and winter groups were made by Student's *t* test (Steel & Torrie, 1980). For least-squares analyses involving changes in body condition of sows as the dependent variable, the value of that particular measurement at farrowing, lactation length and number of pigs weaned were included as covariables. For analyses involving voluntary food intake as the dependent variable, location (farrowing house one or two) was included in the model. Covariables that did not contribute significantly ($P > 0.05$) in a particular analysis were omitted from subsequent analyses.

Analyses of variance of content of GnRH in the MBH, SME and HPA, concentrations of FSH and LH in the anterior pituitary, and number of small or large follicles were performed with season, hours after weaning and the two-way interaction as independent variables. Main effects and (or) interactions were omitted from models when not significant. GnRH, LH and FSH means were compared using Duncan's multiple range test (Steel & Torrie, 1980). Due to heterogeneity of variance in content of GnRH amongst groups, data were transformed to log base 10 (Sokal & Rohlf, 1969). Transformation of GnRH content in SME and MBH removed ($P > 0.1$) heterogeneity of variance (Sokal & Rohlf, 1969). All statistical analyses relating to GnRH content in SME and MBH were therefore performed on transformed data.

Concentration of LH and FSH in serum were analysed using split-plot analysis of variance for repeated measurements (Gill & Hafs, 1971). Initial models for the analyses included season, sow within season, hours from weaning and the two-way interactions. Modifications of this model were used to evaluate data within a specific hour from weaning. The main effect of season was tested using the sow within-season mean square as the error term (Gill & Hafs, 1971).

Frequency of episodic release of LH (peaks/h) was determined by a subjective method (Stevenson & Britt, 1979). Data were analysed for differences due to season, hour from weaning and the two-way interaction.

Results

Hours from weaning to oestrus were greater ($P < 0.01$) in summer (224 ± 25 , $N = 9$) than winter (93 ± 13 , $N = 5$; Table 1) and ranges were 156–340 and 48–130 h in summer and winter respectively. Sows that lactated during summer ($N = 19$) consumed less energy and lost more weight, heartgirth and backfat during lactation than did sows that lactated during winter ($N = 17$; Table 1, $P < 0.05$). Average maximum daily temperatures of ambient air for ventilation of farrowing houses were 33.2 ± 0.8 and $16.9 \pm 1.0^\circ\text{C}$ in summer and winter, respectively.

Table 1. Seasonal differences in weaning-to-oestrus interval and lactation traits of primiparous sows

	Season	
	Winter	Summer
Weaning to oestrus interval (h)	93 $\pm$ 13*	224 $\pm$ 25
Lactation		
Energy intake (kcal/day)	14881 $\pm$ 532*	12275 $\pm$ 544
Weight change (kg)	-11.7 $\pm$ 5.1*	-24.0 $\pm$ 3.2
Heartgirth change (cm)	-16.3 $\pm$ 0.8*	-20.3 $\pm$ 0.8
Backfat change (mm)	-0.9 $\pm$ 0.3*	-2.1 $\pm$ 0.6

Values are mean $\pm$ s.e.m.

*Significantly different from summer values, $P < 0.05$.

Concentrations of LH at 0 ($P < 0.05$) and 24 h ($P < 0.1$) after weaning were greater in winter than summer, but levels were similar at 48 and 72 h after weaning (Table 2). Frequency of episodic release of LH (peaks/h) from 0 to 72 h after weaning was similar in sows weaned in winter and summer (Table 2). Average serum FSH concentration at weaning (0 h) tended to be greater ($P < 0.1$) in summer than in winter, but FSH values 24 h after weaning were not different (Table 2).

Within each season, content of GnRH within specific tissues was similar at 0 and 72 h after weaning, so values were pooled. Content of GnRH, in MBH ($P < 0.10$), HPA ($P < 0.12$) and SME ($P < 0.001$) was 2–4 times greater for sows killed in winter than in summer (Fig. 1). Before logarithmic transformation, variance of content of GnRH in SME and MBH was greater in winter than in summer ($P < 0.05$).

Table 2. Serum FSH and LH concentrations and frequency of LH release in primiparous sows weaned in winter or summer

Time from weaning (h)	FSH (ng/ml)		LH (ng/ml)		LH (peaks/h)	
	Winter	Summer	Winter	Summer	Winter	Summer
0	0.67 $\pm$ 0.02 ^a	0.93 $\pm$ 0.01 ^b	1.08 $\pm$ 0.05 ^c	0.81 $\pm$ 0.04 ^d	0.61 $\pm$ 0.12	0.50 $\pm$ 0.07
24	0.54 $\pm$ 0.02	0.79 $\pm$ 0.01	0.99 $\pm$ 0.04 ^a	0.79 $\pm$ 0.03 ^b	0.82 $\pm$ 0.20	0.68 $\pm$ 0.08
48			0.83 $\pm$ 0.05	0.77 $\pm$ 0.03	0.66 $\pm$ 0.13	0.63 $\pm$ 0.10
72			0.71 $\pm$ 0.11	0.79 $\pm$ 0.08	0.73 $\pm$ 0.06	0.90 $\pm$ 0.08

Values are mean $\pm$ s.e.m. for 6 (FSH, winter and summer), 13 (LH, winter) and 7 (LH, summer) samples per sow.

Means in same row with different superscripts are different: ^a vs ^b, $P < 0.10$; ^c vs ^d, $P < 0.05$.

Fig. 1. Average amount of GnRH ($\pm$ s.e.m.) in medial basal hypothalamus (MBH), stalk median eminence (SME) and hypophyseal portal area (HPA) and concentrations of LH and FSH ($\pm$ s.e.m.) in anterior pituitaries of sows weaned in winter and summer. † $P < 0.12$; ‡ $P < 0.10$; * $P < 0.05$; ** $P < 0.001$ compared with summer value.

Anterior pituitary gonadotrophin concentrations are depicted in Fig. 1 and values obtained at 0 and 72 h were not different within season and were pooled. Anterior pituitary weights were similar between sows weaned in summer (279 ± 14 mg) and in winter (266 ± 15 mg). Concentrations of LH ($P < 0.001$) and FSH ($P < 0.05$) in the anterior pituitary were greater in winter than in summer.

The number of small visible follicles at weaning (0 h) was greater in winter than in summer ($P < 0.01$; Table 3), but values were similar at 72 h after weaning. An interaction of season $\times$ h after weaning occurred because the number of small follicles decreased from 0 to 72 h after weaning in winter ($P < 0.05$) but not in summer. The number of follicles > 5 mm in diameter was similar at weaning, but at 72 h after weaning, the number of large follicles was greater ($P < 0.01$) in summer than in winter. Number of large follicles increased from 0 to 72 h in summer but not in winter (season $\times$ h interaction, $P < 0.05$).

Table 3. Number of surface follicles in both ovaries in primiparous sows, weaned in winter or summer

Follicle diam.	Hours after weaning	Season	
		Winter	Summer
<5 mm	0	96.8 ± 8.9^a	54.0 ± 14.8^b
	72	36.8 ± 8.1^b	40.3 ± 2.3^b
>5 mm	0	2.8 ± 1.2^a	0 ± 0^a
	72	6.3 ± 2.0^a	16.8 ± 0.3^b

Values are mean $\pm$ s.e.m. for 5 (0 h, winter and summer), 6 (72 h, winter) and 4 (72 h, summer) sows.

Means in same row ($P < 0.01$) and column ($P < 0.05$) with different superscripts are different.

One sow in each season failed to exhibit oestrus and ovulation apparently did not occur because serum progesterone concentrations remained < 1.0 ng/ml.

All sows that exhibited oestrus in winter and 4 of 8 sows that exhibited oestrus in summer had oestradiol profiles that were greater than basal values for 30–48 h before oestrus. Average concentrations of oestradiol in these sows are depicted in Fig. 2. Oestradiol concentrations were basal

Fig. 2. Average serum oestradiol-17 β concentrations for sows weaned in winter (N = 5) and summer (N = 4) considered to have normal post-weaning oestradiol profiles. Standard errors ranged from 0.6 to 7.7 pg/ml.

Fig. 3. Serum oestradiol profiles for 4 sows weaned during summer with remating intervals > 220 h. Weaning to oestrus interval (h) is in parentheses and arrows indicate onset of oestrus.

from weaning until 48–72 h before oestrus, then increased to maximum concentrations of 35–40 pg/ml. For sows with normal oestradiol profiles, the intervals (h) from peak oestradiol to oestrus (15.5 ± 5.8 vs 18.0 ± 5.2), peak oestradiol to peak LH (16.8 ± 4.3 vs 13.5 ± 3.3) and oestrus to peak LH (1.2 ± 2.6 vs -4.5 ± 5.8) did not differ between winter and summer.

Individual profiles of oestradiol secretion for sows weaned in summer and classified as having abnormal secretory patterns are depicted in Fig. 3. The pattern of oestradiol secretion after weaning was deemed abnormal, because transient surges of oestradiol occurred before the pro-oestrous increase. One sow (No. 318; data not shown) developed cystic ovaries sometime after 144 h because progesterone concentrations were 8–10 ng/ml for several days afterwards and a spike of oestradiol secretion (168 pg/ml) was detected 240 h after weaning.

Discussion

This study revealed that seasonal differences in duration of post-weaning anoestrus in primiparous sows were associated with seasonal differences in the activity of the hypothalamic–hypophyseal–ovarian axis. A primary difference between sows that lactated in winter and summer was the 2–4-fold greater amounts of GnRH in the MBH, SME and HPA after weaning in the winter group. This was associated with a shorter period of anoestrus and with less variation in the weaning-to-oestrus interval. Insufficient production of GnRH may then be a prime factor responsible for seasonal anoestrus. Hart, Squires, Imel & Nett (1984) reported that seasonal anoestrus in the mare also was associated with lower amounts of GnRH in the hypothalamus and lower concentrations of LH in the anterior pituitary.

The lower amounts of GnRH within the hypothalamus of sows that lactated during summer was probably responsible for the lower amounts of LH found in the pituitaries and fewer small follicles on the ovaries of these sows at weaning. Sows that lactated during the summer may therefore have been in a deeper state of anoestrus at weaning, and the prolonged weaning-to-oestrus interval of these sows may reflect a slower response of the hypothalamus to removal of the inhibitory effects of suckling by the litter. Factors responsible for this delayed response by the hypothalamus are unclear and may involve higher brain centres because the ovary (Schilling & Cerne, 1972; King, Williams & Barker, 1982; Dial, Bevier, Hixon & Gustafsson, 1984), anterior pituitary and hypothalamus (Cox, Esbenshade & Britt, 1983; Dial *et al.*, 1984) of chronically anoestrous sows are capable of responding to appropriate endocrine stimuli. Furthermore, Hurtgen & Leman (1979) and Britt, Esbenshade & Heller (1984) reported that exogenous stimulation (PMSG) at weaning hastened the onset of ovarian activity in primiparous sows weaned during summer.

The greater number of large follicles in sows killed 72 h after weaning (Table 3) along with the aberrant patterns of oestradiol secretion observed in 5 of 10 sows observed for signs of oestrus after weaning (Fig. 3) indicate that follicular growth occurred after weaning during summer. However, we suspect that these initial waves of follicular growth were not temporally related to the LH surge, because oestrus and ovulation occurred several days later. The hypothalamus of primiparous sows weaned during summer may be more sensitive to the negative feedback effects of oestradiol. Increased sensitivity to the negative feedback effects of oestradiol is putatively responsible for the low frequency of LH release and ovarian inactivity reported during seasonal (Legan, Karsch & Foster, 1977) and post-partum (Wright, Geytenbeck, Clarke & Findlay, 1981) anoestrus in ewes. Also, hypothalamic centres mediating the positive feedback effects of oestradiol may have been less responsive during summer. Positive feedback responses of LH to oestradiol increase as lactation progresses (Elsaesser & Parvizi, 1980). Moreover, there appears to be a seasonal difference in the ability of oestradiol to induce ovulation in anoestrous gilts; responses are lowest during summer and early autumn and highest during winter (Paterson, 1982).

The observation that content of GnRH in the hypothalamus and concentration of LH in the anterior pituitary were similar at 0 and 72 h after weaning in winter was unexpected, because Cox & Britt (1982c) reported that hypothalamic GnRH and anterior pituitary levels of LH increased from 0 to 60 h after weaning. There are several possible reasons for this discrepancy. In the initial studies, animals were not killed until the 5th or 6th week of lactation and litter sizes in those studies were only 60–70% as large as in the present study. Moreover, in the studies of Cox & Britt (1982c), hypothalamic GnRH and anterior pituitary LH were temporally related to changes in ovarian weight and follicle number after weaning; however, in the present study, the numbers of large follicles in sows killed during winter were similar at 0 and 72 h after weaning. Therefore, the ability of the hypothalamus to respond to weaning by increasing synthesis of GnRH and temporal relationships between synthesis and release of GnRH and LH and follicular growth may have differed considerably between studies.

The concentrations of LH and FSH in serum immediately after weaning also differed between winter and summer (Table 2). Although serum concentrations of LH at weaning were greater in winter than summer, frequency of episodic release of LH after weaning was similar; however, our sampling interval may not have been of sufficient length to detect differences. The frequency of release of LH before weaning may be a better predictor of the weaning-to-oestrus interval, because frequency of LH release before weaning was lower in sows that exhibited longer periods of anoestrus after weaning; however, frequency of LH release after weaning was not related to the duration of post-weaning anoestrus (Armstrong & Britt, 1984; Shaw & Foxcroft, 1985).

The results of the present experiment confirm the observation by Stevenson *et al.* (1981) that LH and FSH secretion are controlled by different mechanisms during and after lactation in pigs. In contrast to LH, serum FSH concentrations at weaning were greater in summer than winter (Table 2), apparently because greater amounts of FSH were being released from anterior pituitaries of sows weaned during summer (Fig. 1). Different mechanisms mediating LH and FSH secretion apparently persist after weaning, because concentrations of LH and FSH in anterior pituitaries do not change in parallel after weaning (Crighton & Lamming, 1969; Cox & Britt, 1982c).

We suggest that seasonal differences in amount of follicular development observed at weaning may account for increased FSH release in sows weaned in summer. We speculate that during summer, when follicular development was lower, there was a lower output of inhibin by the ovary. Inhibin is found in highest concentrations in small (< 5 mm) follicles and inhibits release of FSH from the anterior pituitary (Franchimont *et al.*, 1981). In the present study, the number of small follicles was lower in summer than winter (Table 3) and the higher secretion of FSH after weaning during summer may have been inversely related to amount of inhibin being secreted. Cox & Britt (1983) have reported that cauterization of ovarian follicles > 3 mm in diameter during lactation resulted in elevated serum FSH values 24–36 h later, even though concentrations of oestradiol-17 β were similar between cauterized sows and sham-operated controls (N. M. Cox, J. D. Armstrong & J. H. Britt, unpublished).

Although specific cause–effect relationships responsible for delayed remating during summer were not evaluated in this study, our data indicate that nutrition during lactation may be involved. Sows that lactated during summer consumed less food and subsequently mobilized more of their body reserves than did sows in winter (Table 1). Energy restriction during lactation results in greater weight and backfat loss during lactation and prolonged remating intervals in primiparous sows (Reese *et al.*, 1982; King & Williams, 1984a, b). In addition, weight (Lengele, 1978) and heartgirth (Miyajama, Shiiba, Kohno & Inagaki, 1979; Armstrong & Britt, 1984) changes during lactation are inversely related to interval from weaning to oestrus.

In conclusion, seasonal differences in remating intervals of primiparous sows are apparently due to altered activity of the hypothalamus. Inadequate stimulation of the anterior pituitary by GnRH resulted in lower synthesis and secretion of LH, decreased follicular growth and longer intervals from weaning to oestrus in sows weaned in summer than in winter. Aberrations of the hypothalamus and (or) higher brain centres of primiparous sows weaned during summer persisted

after weaning, but endocrine mechanisms responsible for this lesion cannot be determined. However, lower food intake during lactations that occur during summer may predispose the endocrine system to those aberrations.

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