Development and viability of bovine embryos derived from oocytes matured and fertilized *in vitro* and co-cultured with bovine oviducal epithelial cells

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Summary. A co-culture system using a suspension of detached bovine oviducal epithelial cells (BOEC) has been developed as an effective culture method for supporting the development of bovine embryos derived from oocytes matured and fertilized *in vitro*. Four commercially available culture media (Waymouth's, Ham's F-10, TCM 199 and Ménèzo's B2) supplemented with 10% oestrous cow serum, and a modified Tyrode's medium (TALP) supplemented with 0.6% bovine serum albumin were used. Ménèzo's B2 resulted in the highest percentages of total uncleaved presumptive zygotes, and of the cleaved zygotes that reached at least the morula stage (31–46% and 66–74%, respectively). The embryos produced *in vitro* in B2 with BOEC resembled embryos produced *in vivo* with regard to numbers of cells (averaging 45.4 in morulae, 101.5 in blastocysts, 174.7 in hatching blastocysts and 195.9 in hatched blastocysts), rate of development (hatching on Day 8–9 of culture *in vitro*), rate of hatching (66% of cleaved zygotes) and pregnancy rates (63%) resulting from the transcervical transfer of selected embryos.

Keywords: oviduct cells; embryo; viability; cattle

Introduction

Methods for bovine follicular oocyte maturation and fertilization *in vitro* (Critser *et al.*, 1986; Xu *et al.*, 1987), followed by in-vitro co-culture with oviducal and cumulus cells or trophoblastic vesicles (Goto *et al.*, 1988; Eyestone & First, 1989; Kim *et al.*, 1990; Fukuda *et al.*, 1990; Iwasaki & Nakahara, 1990; Nakao & Nakatsuji, 1990), are now well established; but in these studies, the developmental rates of the resulting embryos were usually slower than those of normal embryos *in vivo*, the proportion of the embryos reaching the blastocyst stage was small, and few hatched (Marquant-Le Guienne *et al.*, 1989). Further improvements are therefore needed if in-vitro maturation and fertilization of oocytes and in-vitro culture of the resulting embryos are to be used reliably for research and commercial purposes.

Early work by Biggers *et al.* (1962) showed that mouse zygotes could develop into blastocysts at the normal in-vivo rate within explanted oviducts maintained as organ cultures. The mechanism by which somatic cells promote embryonic development is obscure, although there is evidence that it involves specific factor(s) produced by the cells (Gandolfi & Moor, 1987; Gandolfi *et al.*, 1989). However, the number of inner-cell-mass (ICM) cells in blastocysts produced *in vitro* may be reduced (Marquant-Le Guienne *et al.*, 1989), presumably reflecting deficiencies in the culture

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system. Therefore, more detailed information is needed to understand the requirements of the early embryos and the roles of the somatic cells. Data on pregnancy and calving rates obtained from the transfer of the resulting embryos are sparse.

Information on the viability of embryos produced *in vitro* is obviously important for the use of the technique, particularly as not all morphologically normal blastocysts are capable of giving rise to pregnancies (Whitten, 1986; Gandolfi & Moor, 1987; Loskutoff & Kraemer, 1990). This study examined the effects of culturing bovine embryos, derived from oocytes matured and fertilized *in vitro*, with bovine oviducal epithelial cells (BOEC) in various media and characterized the efficacy of the system in terms of embryo development, numbers of cells and survival after transfer to recipient animals.

Materials and Methods

Preparation of bovine oviducal epithelial cells. Oviducts from periovulatory animals (judged by the presence of a corpus haemorrhagicum, or a mature follicle in the absence of a corpus luteum, on the ovaries) were collected at a local abattoir and brought to the laboratory in phosphate-buffered saline (PBS, pH 7.4, 284 mosmol), supplemented with 2% heat-treated (56°C, 30 min) fetal calf serum (FCS, Gibco, Grand Island, NY, USA) and 100 iu penicillin/ml and 100 µg streptomycin/ml (Pen/Strep, Gibco) in an insulated container at 25°C. For each experimental replicate, a single oviduct was dissected free from the connective tissue, and washed in Hepes-buffered tissue culture medium 199 (TCM, Gibco) supplemented with 10% heat-treated oestrous cow serum (ECS) and Pen/Strep. The ECS was collected on the day when the animals were on standing heat and stored in aliquants at -20°C until use. After cutting off the fimbrial and utero-tubal junction portions of the oviduct, the tube was squeezed with a pair of forceps to force epithelial sheets out of the lumen into a 35 mm Petri dish containing 3.0 ml of medium. The sheets were aspirated and expelled a few times through a 26-gauge needle attached to a 1.0 ml syringe to break them into smaller pieces. The resulting suspension of clumps of epithelial cells was centrifuged at 200 g for 2 min, the supernatant discarded and the pellet resuspended in 4 ml of medium. This process was repeated once. Finally, separate aliquants of ~20–35 µl of the tissue in the pellet were added to 1.0 ml volumes of Ménézo's B2 medium (B2, IMV International, Minneapolis, MN, USA) supplemented with 10% ECS, in four-well plastic dishes (Nunc, Roskilde, Denmark) and cultured overnight at 39°C in 5% CO₂ in air with high humidity. After 20–24 h of culture, BOEC clumps were collected by centrifuging at 200 g for 2 min and resuspending the pellet in 1.0 ml of embryo culture medium after transfer to one well of a four-well culture dish. The drops for embryo co-culture were then prepared in 50 µl of embryo culture medium (five media for Expt 1; B2 for Expts 2, 3 and 4) supplemented with 10% ECS under 1.0 ml of sterile filtered (0.22 µm, Millipore, Bedford, MA, USA) silicone oil in four-well dishes. From the 1.0 ml BOEC suspension, ~1.0 µl of concentrated BOEC (aspirated from the bottom of the culture dish) was added to each drop and cultured again overnight under the above-mentioned conditions.

Oocyte maturation and fertilization. Ovaries, collected at the same time as the oviducts, were transported to the laboratory in warm (34°C) physiological saline (0.9% NaCl) in a thermos flask and washed twice in warm saline. To collect cumulus-oocyte complexes (COCs), the surfaces of the ovaries were cut finely with a razor blade, then simultaneously rinsed and tapped to release COCs into a 250 ml beaker containing 80–100 ml of COC collection medium, which was Ham's F-10 (F-10, Gibco) supplemented with 2% ECS or FCS, 10mm Hepes, 2 iu heparin/ml, and Pen/Strep. After every ten ovaries processed, the beaker was covered with aluminium foil and left on a warm bench (30–32°C) for 5–10 min before pouring off three-quarters of the supernatant. The remaining COC suspension was divided between two 85 mm Petri dishes and searched for COCs under a dissecting microscope. Complexes with at least 2–3 compact layers of cumulus cells were selected. The procedures for in-vitro maturation and fertilization of oocytes were as previously described (Xu *et al.*, 1987; Xu & Greve, 1988).

Embryo culture. At 16–18 h after co-incubation of the spermatozoa and oocytes, ~30 one-cell presumptive zygotes (indistinguishable from unfertilized ova at this stage) were placed in each of the culture drops that had been prepared 18–24 h earlier. Embryo co-culture was carried out under the same conditions as for BOEC mentioned in the previous section. On the third day of co-culture, an additional 50 µl of embryo culture medium was added to each drop. The total durations of the co-culture periods were 7–10 days, depending on the experiment. The developmental stages of the embryos in co-culture were determined by phase-contrast microscopy.

Experiment 1: Comparison of culture media. Five media were used for the preparation of BOEC drops. Ham's F-10 (F-10; Gibco), TCM 199 (TCM; Gibco), Waymouth's medium (WM; Gibco), and Ménézo's B2 (B2) were supplemented with 10% ECS and Pen/Strep. The fifth was a modified Tyrode's medium, supplemented with 0.6% bovine serum albumin (essentially fatty-acid-free, Sigma), lactate, pyruvate (0.2 mmol/l) and gentamycin, but without serum (TALP, Parrish *et al.*, 1986; Greve *et al.*, 1987). The concentrations of glucose and hypoxanthine in these media are shown in Table 1. A control group using B2 without BOEC was also included. Embryos were co-cultured for 7 days. The effects of the culture media were evaluated by the extent of embryo cleavage by Day 2 after insemination, and development up to the morula/blastocyst stages by day 7. At least two replicates in each treatment were included in this experiment.

Table 1. Concentrations of glucose and hypoxanthine (mg/l) in the media used in this study

Medium	Glucose	Hypoxanthine
TALP (modified Tyrode's medium)	0	0
Waymouth's medium (WM)	5000.00	25.00
Ham's F-10	1100.00	4.00
TCM 199	1000.00	0.30
Ménézo's B2	1200.00	0

Experiment 2: Observation of embryo development. As a result of Expt 1, medium B2 with BOEC was chosen for this and subsequent experiments. Two replicates were performed to follow embryonic development after exclusion of oocytes that did not cleave by Day 2, based on the assumption that most of the uncleaved oocytes were unfertilized. Embryonic developmental stages were determined by phase-contrast microscopy and recorded daily for 10 days.

Experiment 3: Determination of numbers of cells in co-cultured embryos. A total of 284 morulae and blastocysts derived from the B2 + BOEC co-culture groups in 20 replicates was used to determine numbers of cells in embryos after 7 or 8 days of culture *in vitro*. Each embryo was first evaluated morphologically for development and then fixed according to the method of King *et al.* (1979). Briefly, embryos were exposed to hypotonic sodium citrate solution (0.88%, w/v) for 3 min, fixed individually on slides in methanol:acetic acid (1:1) and air-dried. Numbers of cells were determined under $\times 1000$ magnification and mitotic indices (number of metaphase nuclei/total number of nuclei) were calculated.

Experiment 4: Evaluation of embryo viability in vivo. After 7 days of culture *in vitro*, good or excellent quality late morulae or blastocysts were selected by morphological criteria under phase-contrast microscopy (Hasler *et al.*, 1987). Two embryos were transferred transcervically to each of 19 recipients on Day 6 or 7 of the oestrous cycle (oestrus = Day 0). Recipients were subsequently monitored by observation for oestrus, measurement of serum progesterone concentrations on Days 21 and 24 and ultrasonic echography on Days 28 and 35. Those that did not show heat around the expected day of oestrus and had high progesterone values (> 1.5 ng/ml) on Days 21 and 24, but were not pregnant at the time of echography, were classified as having extended cycles; those with a live embryo(s) (with heart beat) by echography, were classified as pregnant.

Statistical analysis. Chi-square (χ^2) analysis was used to compare the percentages of cleavage and formation of morulae/blastocysts. Tukey's studentized range tests (SAS package, 1988) were applied to separate means. Data were transformed to near-normality and homoscedasticity using a cubic transform and arcsine square-root transform for numbers of cells and mitotic indices at various stages, respectively (Sokal & Rohlf, 1981).

Results

Behaviour of the BOEC

The oviducal tissue at the time of collection was in the form of sheets (Fig. 1). By the time of preparation of embryo culture drops, i.e. after overnight culture, most apparently dead cells fell from the sheets and the viable cells remained as structures resembling worms because of their appearance and active movement caused by cilia (Fig. 2). When BOEC were cultured in drops of B2, TCM or F-10 media, there was little tendency to form a monolayer in the first 3 days of culture; instead, some of the BOEC formed vesicle-like structures (Fig. 3). The viability of the BOEC was indicated by active movement of cilia, which was still clearly seen on Day 10. Some of the cells began to attach to the bottom by Day 4 or 5, but they did not form confluent monolayers even by Day 10. In the drops of WM, there was a greater tendency to form monolayers than in B2, TCM or F-10. In the drops of TALP, however, no cells attached to the bottom of the dish, but most of the BOEC formed vesicles. Viable cells and vesicles were observed in this serum-free medium for up to 7 weeks.

Fig. 1. Sheets of bovine oviducal epithelial cells at the time of collection ($\times 180$).

Experiment 1

A total of 563 zygotes or oocytes was used in this experiment (Table 2). Although high cleavage rates were obtained in the TALP and WM groups, none of the embryos reached the morula/blastocyst stage in WM and only a few did so in TALP. A high cleavage rate was also obtained in the B2 control group but, again, few embryos became morulae or blastocysts. The greatest proportion of embryos to reach the morula/blastocyst stage was achieved in B2 with BOEC, whether expressed as a percentage of the total one-cell presumptive zygotes (30.9%) or of the cleaved zygotes (65.9%). These rates were significantly different ($P < 0.05$) from the respective rates obtained in four of the other groups, but not from those produced in TCM.

Experiment 2

Combining the results from the two replicates, there were few ova (7.1%, 13/183) cleaved one day after spermatozoa–oocyte co-culture, but the rate increased to 62.8% (115/183) by Day 2. Thereafter, development was monitored only in those 115 cleaved embryos, as shown in Table 3. An example of some hatching blastocysts is shown in Fig. 4. Overall, 46% (85/183) of the total one-cell presumptive zygotes or 74% (85/115) of the cleaved zygotes reached the morula stage or beyond.

Experiment 3

The numbers of cells and mitotic indices of the morulae, blastocysts, hatching and hatched blastocysts on Days 7 or 8 showed great variation (Table 4); on average, there were four times more

Fig. 2. Bovine oviducal epithelial cells forming worm-like structures at the time of initiation of in-vitro culture ($\times 180$).

cells per hatched blastocyst (196) than per morula (45). Significant differences ($P < 0.05$) were seen in the average number of cells of the four embryo stages. The mitotic indices, however, decreased significantly ($P < 0.05$) from 0.071 and 0.067 for morulae and blastocysts, to 0.051 and 0.039, respectively, when embryos reached hatching and hatched blastocyst stages.

Experiment 4

Of 19 recipients receiving embryos, 5 (26.3%) returned to oestrus 20–23 days after their previous heats, 2 (10.5%) showed high progesterone values (> 1.5 ng/ml) on Day 21 and returned to oestrus at Days 27 and 43, respectively, and 12 (63%) were diagnosed pregnant by echography.

Discussion

Present knowledge of the requirements of embryos produced *in vitro* in culture is based on empirical findings. Few simple media are able to support early embryo development to the blastocyst stage (Chatot *et al.*, 1989; Walker *et al.*, 1989) and a variety of complex media have been used by previous investigators. In an early report by Edwards (1964) and a more recent one by Van de Sandt *et al.* (1990), Waymouth's medium showed some advantage over other media in culturing rabbit embryos and in maturing mouse oocytes, respectively. Ham's F-10 has been reported to be a medium of choice for the culture of bovine embryos (Wright & Bondioli, 1981). For the culture of ovine and bovine embryos, TCM 199 has been used with some success by Gandolfi & Moor (1987), and Eyestone & First (1989), whereas Ménéz's B2 medium has been successfully used in human

Table 3. Percentages of cleaved bovine embryos produced by in-vitro fertilization that reached various developmental stages after 10 successive days of co-culture with bovine oviducal epithelial cells

Stages	Days after fertilization									
	1*	2	3	4	5	6	7	8	9	10
2-cell	7.1	19.4	13.1	5.4	5.1	5.9				
4-cell		62.5	20.7	5.9	4.4	1.8				
8-cell		18.2	60.7	23.1	6.2	5.4				
Early morula			4.5	33.9	34.5	7.8	7.3	1.8		
Morula				26.1	33.1	17.3	3.6	3.0	0.8	
Blastocyst					9.4	39.8	23.3	6.2	2.3	0.8
Expanded blastocyst						8.8	40.1	29.7	15.1	7.3
Hatching or hatched blastocyst							4.7	35.1	55.8	65.7
1-cell or degenerated	92.9	—	1.1	5.9	7.7	13.4	21.2	24.5	26.3	26.3

*Total number included on Day 1 was 183. On Day 2 and thereafter, 68 uncleaved oocytes were excluded from the calculation.

Fig. 4. Hatching blastocysts from co-culture system containing bovine oviducal epithelial cells at Day 8. Note the presence of clear inner-cell-mass cells (arrows) ($\times 180$).

(Loutradis *et al.*, 1987) have been implicated in 'blocks' to mouse and hamster embryo development. Using 1–2 cell bovine embryos, derived *in vivo*, Ellington *et al.* (1990a) found that, in the presence of 3.3mM glucose in medium CZB (Chatot *et al.*, 1989), for the first 36–48 h of co-culture with oviduct cells the percentage of embryonic blastulation decreased significantly (13 vs. 31%)

Table 4. Numbers of cells and mitotic indices of bovine embryos produced by in-vitro fertilization and co-cultured with bovine oviducal epithelial cells

Stage of embryo	No. of embryos	Number of cells (range)	Mitotic indices (range)
Morula	73	45.4 ± 1.17 ^a (32–62)	0.071 ± 0.007 ^e (0–0.25)
Blastocyst	96	101.5 ± 3.05 ^b (64–175)	0.067 ± 0.005 ^{ef} (0–0.200)
Hatching blastocyst	56	174.7 ± 5.87 ^c (86–277)	0.051 ± 0.004 ^f (0–0.116)
Hatched blastocyst	59	195.9 ± 7.72 ^d (91–355)	0.039 ± 0.003 ^g (0–0.102)

Values are means ± s.e.m.

a,b,c,d,e,f,g Values with different superscripts within a column differ significantly according to Tukey's studentized range test ($P < 0.05$).

by Day 6.5 when compared with the rate obtained in medium CZB without glucose in the initial culture period. In addition, data from Wales *et al.* (1987) indicated that, before Day 3 of development, glucose is not effective as an energy source for human embryos because of a block to glycolysis. In WM, which contains the highest concentrations of glucose and hypoxanthine (Table 1), no embryo passed the 16-cell stage in the present study. The highest rate of development was obtained in B2, which contains no hypoxanthine. However, hypoxanthine and glucose are not likely to be totally responsible for the poor development in WM, because low developmental rates were also obtained in TALP in which neither glucose nor hypoxanthine was present.

Somatic cells are thought to have an important role in early embryonic development and it has been hypothesized (Gandolfi & Moor, 1987; Gandolfi *et al.*, 1989) that tissue-specific cellular factors are involved. However, the evidence for the latter is neither direct nor convincing. It has been observed that changes in the synthesis and secretion of oviducal polypeptides are associated with the oestrous cycle in cattle (Malayer *et al.*, 1988) and sheep (Buhi *et al.*, 1989). Indeed, the oviducal cell co-culture system has been extensively used for early embryos in domestic species, including cows (Eyestone & First, 1989; Pollard *et al.*, 1989; Ellington *et al.*, 1990a, b, c), pigs (White *et al.*, 1989), sheep (Gandolfi & Moor, 1987), goats (Sakkas *et al.*, 1989), and horses (Ball & Altschul, 1990; Weber *et al.*, 1990), as well as in humans (Sathananthan *et al.*, 1990). Oviducal epithelial cells have also been shown to maintain the motility and fertilizing capacity of bovine spermatozoa *in vitro* (Pollard *et al.*, 1991). Various other cell types including trophoblastic vesicles (Camous *et al.*, 1984; Heyman *et al.*, 1987), a trophoblastic cell strain (Scodras *et al.*, 1990), cumulus cells (Goto *et al.*, 1988), embryonic chicken cells (Blakewood *et al.*, 1988), uterine cells (Voelkel *et al.*, 1985; Wiemer *et al.*, 1989), fibroblast cells (Gandolfi & Moor, 1987), epididymal epithelial cells (J. W. Pollard, personal communication) and a transformed monkey-kidney cell line (VERO; Ménèzo *et al.*, 1990) have been used to facilitate the critical transition from maternal to embryonic control of early cleavage (Barnes & Eyestone, 1990). This implies that any factor(s) that may exist is probably not tissue specific. However, it is also possible that different cell types could produce different beneficial factors, or different amounts of the same factor.

Various culture systems, e.g. explants (Biggers *et al.*, 1962) and monolayers (Gandolfi & Moor, 1987; Marquant-Le Guienne *et al.*, 1989), as well as conditioned medium (Eyestone & First, 1989), have been used to take advantage of the benefits of co-culture. In the present study, it appeared that the BOEC in the form of suspension in B2 drops remained viable for at least 10 days, as judged by ciliary movement, and attached to the bottom of the dish very slowly compared with the rates others have reported when using monolayers. This may have contributed to the effectiveness of

this co-culture system, because there is evidence that some new RNAs and proteins appear after mammalian and yeast cells become quiescent (Pardee, 1989). Perhaps some of the cells in the non-proliferating BOEC clumps remain polarized and at the G_0 phase of the cell cycle, and are, therefore, functionally different from rapidly proliferating monolayer cells. Factor(s) from serum also affect embryo development directly and/or through the oviduct cells since few embryos developed beyond 8–16 cells in serum-free TALP with BOEC although the oviducal cells themselves survived in this medium for a long period.

The efficiency of a co-culture system for bovine embryos can be expressed in terms of the percentages of oocytes or embryos that cleave, pass beyond the 8–16 cell block, complete compaction, form a blastocyst, or complete hatching. The high efficiency of the BOEC co-culture system is apparent from the results of Expt 2, in which 74% of the cleaved embryos reached the blastocyst stage, 88% of these blastocysts subsequently hatching. This is much higher than in most previous reports (Eyestone & First, 1989; Kim *et al.*, 1990), but in contrast to the report of Marquant-Le Guenne *et al.* (1989) in which no embryo hatched in co-culture with an oviducal epithelial cell monolayer. Experiment 2 also showed that progressive development is comparable to that seen *in vivo* (Betteridge & Fléchon, 1988), morulae occurring by Day 4, early blastocysts by Day 5, blastocysts by Day 6, expanded blastocysts by Day 7 and hatching/hatched blastocysts by Day 8. This developmental rate appears to be faster than those reported for other in-vitro systems (Eyestone & First, 1989; Kim *et al.*, 1990).

More cells were observed at the morula (45.4 ± 1.2), blastocyst (101.5 ± 3.1), hatching blastocyst (174.7 ± 5.9), and hatched blastocyst (195.9 ± 7.7) stages than previously reported (Kajihara *et al.*, 1988; Kim *et al.*, 1990). The decreasing mitotic indices from morula to hatched blastocyst stages agrees with a previous study (Iwasaki & Nakahara, 1990). Numbers of cells may have been underestimated, because technical difficulties can lead to cell loss during fixation and slide preparation, particularly for hatching and hatched blastocysts. However, the advantage of this fixation method is that it allows determination of the mitotic index, which reflects the viability of the embryo, as well as of the incidence of abnormal or polyploid metaphase nuclei. However, this technique does not allow determination of the number of ICM cells in the blastocysts produced in the co-culture system, although morphologically normal ICMs were seen in most of the blastocysts (Fig. 4). There are reports in mice (Whitten, 1986; Loskutoff & Kraemer, 1990) and in sheep (Gandolfi & Moor, 1987) that normal-looking blastocysts may not result in normal pregnancy rates when transferred. It is therefore encouraging that the limited transfer results showed that the viability of selected embryos produced in the system was comparable with that of normal embryos produced *in vivo*.

In conclusion, an efficient and reliable BOEC co-culture system has been established which should be useful for basic and applied studies (Seamark, 1989) as most aspects of embryo development examined were comparable to those seen *in vivo*. A limitation of the co-culture system at present is that it requires collection of fresh oviducts each time to set up primary BOEC culture, which is inconvenient and a source of uncontrollable variation. Methods of maintaining functionally normal cells or cell strains (Scodras *et al.*, 1990), or of cryopreserving the cells, may overcome these problems. The mechanism of the beneficial role played by BOEC is not clear, but might be elucidated by studies using a defined medium to which known components are added (Larson *et al.*, 1990; Rose, 1990).

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