Development of rabbit preimplantation blastocysts cultured with precultured endometrial tissue

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Summary. Endometrial fragments were explanted from pseudopregnant rabbits 4.5 days after injecting with human chorionic gonadotrophin and were precultured for 2 days in suspension culture in the presence of oestradiol and progesterone equivalent to concentrations in rabbit serum at that stage. Preimplantation blastocysts were obtained at day 6.5 of pregnancy and cultured in the presence or absence of precultured endometrial fragments. Attachment of the trophoblast to the endometrium was prevented by continuous agitation. After 2 and 3 days, specimens were monitored for development in vitro using light and scanning electron microscopy.

Although the development of blastocysts was slower in vitro than in vivo in both groups, development was clearly superior in the presence of precultured synchronous endometrial fragments. In the absence of endometrium, the embryonic anlage appeared disordered, particularly in the caudal region, but in the presence of uterine tissue the blastocysts developed much better. Up to nine somites were differentiated; the neural tube had started to close and the various parts of the brain anlage showed incipient differentiation. Syncytiotrophoblast differentiated in the presence or absence of endometrium in the embryonic and abembryonic hemispheres, but typical patterns were maintained better and cell degeneration was less frequent during co-culture. Although the culture model described here has not been optimized using criteria of blastocyst differentiation, the results suggest that culture of blastocysts with precultured synchronous endometrial fragments is advantageous.

Keywords: blastocyst; endometrium; co-culture; in vitro; rabbit

Introduction

The survival and development of blastocysts in vivo depend on the availability of an appropriate uterine environment as demonstrated by asynchronous blastocyst transfers (Chang, 1950; Adams, 1965, 1971) and the model of delayed uterine secretion (Beier, 1974). Patterns of uterine protein secretion are subject to stage-specific changes (Beier, 1974, 1982). These changes occur in parallel with specific developmental phases of the blastocyst and are thought to meet specific requirements for the nutrition of the blastocyst. It has been suggested that they are also involved in the regulation of cell differentiation within the blastocyst, but this remains controversial.

The development and differentiation of mammalian blastocysts in vitro has been described in various systems with blastocysts from different species and explantation at different times (Nicholas, 1938; Cole & Paul, 1965; New, 1967; Gwatkin, 1968; Adams, 1970; Daniel, 1970; New et al., 1973; Hsu, 1978; Edwards et al., 1981; Fisher & Martinez de Villareal, 1982; Lopata et al., 1983; Sanyal & Naftolin, 1983; Chávez, 1984; Clarkson et al., 1985; Hansen et al., 1985; Potter & Morris, 1985; Bavister, 1986; for additional references, see Fischer, 1987). From these investigations, retardation of development in vitro is well known and causes problems, for example in programmes of in vitro...
fertilization, because of the resulting asynchrony between embryo and transformation of the uterus (Beier & Lindner, 1983). Retardation of development in vitro can be ascribed only partly to the irritation caused by explantation (Seidel, 1960). A possible explanation is that the cited systems generally cannot mimic the nutritional role of the changing uterine environment. Van Blerkom et al. (1973) indicated that at least the first blastocyst stages of rabbit embryos require maternal nutritive factors secreted by the uterus. The advantage of adding uterine flushings to media for blastocyst culture has been demonstrated in various studies in which blastocysts and earlier developmental stages were kept in culture for periods not extending to the implantation phase (in rabbits: El-Banna & Daniel, 1972a, b; Maurer & Beier, 1976; McCarthy et al., 1977; Fischer & Beier, 1986; Fischer, 1987; in mice: Fishel & Surani, 1978; Sellens & Sherman, 1980). More recently, Fischer (1987) demonstrated that blastocyst development was influenced more by the stage-specific composition of the uterine secretions added to the culture media than by their quantity. But in all these experiments the uterine flushings were added to the culture medium discontinuously, i.e. the flushing from one phase of pregnancy was provided to developing blastocysts for several days.

Blastocyst cultures on monolayers of uterine and other cells promote embryo development in vitro (Kuzan & Wright, 1982a, b; Allen & Wright, 1984; Voelkel et al., 1985; Rexroad & Powell, 1986; Gandolfi & Moor, 1987; White et al., 1989; Carney et al., 1990; Menezes et al., 1990) and, although development was still retarded, demonstrated the importance of nutritional factors contributed by the feeder cells for embryo development. Culture with complex fragments of endometrium or of tubal mucosa or in the lumina of uteri or Fallopian tubes after explantation improves blastocyst development (Biggers et al., 1961; Glenister, 1961; Whittingham, 1968; Grant, 1973; Minami et al., 1988). A feature that may not be optimal, however, in all these previously described systems is that detritus of cells damaged during explantation is still present at the time of co-culture and may be noxious. During co-culture within lumina of whole organs in vitro (Grant, 1973), the limited diffusion of nutrients may cause degeneration leading to malfunction of the supporting organ. We expected, therefore, that a recently developed organ culture system would be advantageous in this respect, since it allows removal of most of the cell detritus and restoration of a complete epithelial lining before endometrial fragments are cultured with blastocysts (Hohn et al., 1989). This endometrial culture system permits certain aspects of prostegestational transformation to continue in vitro. Assuming that the patterns of endometrial secretion in vitro mimic the situation in vivo, at least to some extent, blastocyst development would be expected to benefit from synchronous culture with such precultured endometrial fragments.

Materials and Methods

General culture conditions

Blastocysts and endometrial fragments were cultured in Eagle's minimal essential medium supplemented with penicillin (100 IU ml⁻¹), streptomycin (100 μg ml⁻¹) and non-essential amino acids (MEM-REGA-I; Gibco, Karlsruhe, Germany). The medium was completed immediately before use with 10% fetal bovine serum (FBS: FBS-309 with certified contents of many hormones, including oestradiol, see below, Gibco, Karlsruhe, Germany), with 3.4 mmol l-glutamine l⁻¹ (Serva, Heidelberg, Germany) and 10 ng progesterone ml⁻¹. Cultures were incubated at 37°C on a gyratory shaker in 25 ml Erlenmeyer flasks gassed continuously with 95% air and 5% CO₂ (modified after Mareel et al., 1979). The media were changed daily.

Endometrial fragments

Sexually mature rabbits of mixed breeds were kept singly in cages in air-conditioned quarters under a cycle of 12 h light:12 h dark. They were fed a standard pellet food ad libitum. Pseudopregnancy was induced by a single i. v. injection of 75 IU human chorionic gonadotrophin (hCG, Prolan®, Bayer, Leverkusen, Germany). The animals were killed by stunning and exsanguination 4-5 days after hCG injection. Endometrial fragments were obtained from the mesometrial and antimesometrial part of the endometrium and maintained in organ culture at 110 r.p.m. as previously described by Hohn et al. (1989). Oestrogen concentrations in the media within the range in rabbit serum were provided by the FBS.
additive; progesterone (10 ng ml\(^{-1}\)) was added to the culture medium to induce gestational transformation as judged by morphological criteria. After 2 days (6.5 days after hCG), such precultured endometrial fragments were put in co-culture with blastocysts of the same stage (Fig. 1).

**Blastocysts and co-culture**

On day 0 of an experiment (Fig. 1), oestrous females were mated with two males and ovulation was ensured by an intravenous injection of 75 IU hCG. At 6-5 days post coitum (156 h post coitum) the animals were killed by stunning and exsanguination. The uteri were explanted immediately and the embryo-containing uterine swellings were cut out with scissors. The blastocysts were obtained by carefully tearing apart the antimesometrial part of the uterine wall with fine surgical forceps and were transferred into culture medium with intact blastocyst coverings. They were cultured in Erlenmeyer flasks as described, with the shaker set at 60 r.p.m., in the presence or absence of precultured endometrial fragments (30 fragments per flask). In contrast to previous experiments (Hohn & Denker, 1990), close contact between blastocysts and endometrial fragments was prevented by continuous shaking throughout the culture period, so that both parts were kept free-floating to avoid attachment. Results were evaluated morphologically after 2 and 3 days in culture, days 8-5 and 9-5 post coitum, respectively. As a control, the uteri of pregnant animals were excised at corresponding times post coitum and, after opening up the implantation chamber, the embryonic anlage was dissected with fine scissors and processed for examination.

**Fig. 1.** Experimental design. Animal (rabbit) A: donor of endometrial fragments. Pseudo-pregnancy was induced by i.v. injection with human chorionic gonadotrophin (hCG). Animal B: donor of blastocysts. ■ in vivo; □ endometrial organ culture; ▲ blastocyst culture; △ co-culture of blastocysts and endometrial fragments; *examination of blastocyst development.

**Morphology**

After culture the blastocysts were transferred into 2.5% glutaraldehyde in 0.1 mol cacodylate buffer 1\(^{-1}\) (pH 7.4) for at least 4 h. During this time developmental patterns were evaluated and photographs were taken using a Wild Photomakroskop M 400. The blastocyst coverings were removed with fine surgical forceps and microsurgical scissors to facilitate optimal fixation. The embryonic and abembryonic hemispheres were separated at the equatorial line. After fixation the blastocysts were rinsed in 0.1 mol cacodylate buffer 1\(^{-1}\) overnight. The specimens were stained with toluidine blue (0.1%, w/v, in 0.1 mol cacodylate buffer 1\(^{-1}\), pH 7.4) for easier handling under the dissecting microscope. To prepare them for scanning electron microscopy, subsequently, radial cuts were made from the periphery of the embryonic anlage to the edge of the embryonic half to permit flat mounting. In the abembryonic part, the cuts extended across one-third of the diameter. The specimens were then flattened on small cork plates, mounted with fine needles and gradually dehydrated in acetone (10% to 50% for 30 min each; 60% to 100% for 2 h each). After dehydration the material was dried to the critical point in liquid CO\(_2\) and sputter-coated with gold. Scanning electron microscopy was performed in a Leitz AMR 1000A.

After fixation some of the blastocysts were fixed in 2% (w/v) osmium tetroxide, dehydrated in a graded series of ethanol and embedded in araldite. Semi-thin sections (0.75 μm) were stained with 0.5% toluidine blue and 0.5% (w/v) pyronin in 0.5% (w/v) sodium borate. Sections were examined and photographed with a Zeiss Photomicroscope II.
Results

State of control embryos

Blastocysts before culture (day 6·5 post coitum) and control embryos explanted at days 8·5 and 9·5 post coitum showed some variation in size and developmental state within the ranges defined by Seidel (1960) and by Gottschewski & Zimmermann (1973).

General effects during blastocyst culture

Rabbit blastocysts expand extensively during the peri-implantation phase and are therefore delicate to handle. This feature resulted in the loss of some blastocysts during explantation, when the diameter is up to 5 mm. During subsequent culture, the diameter increased to 15 mm after 3 days in culture (corresponding to day 9·5 in vivo). As a result of this expansion the blastocysts became increasingly fragile and some collapsed partly or completely in culture. Of 56 blastocysts observed during these experiments, only 31% were not collapsed after 2 or 3 days in culture, and were taken for further examination of developmental stage (see Table 1).

Table 1. Development of rabbit blastocysts in vitro in the presence (+) or absence (−) of precultured endometrial fragments

<table>
<thead>
<tr>
<th>Number of blastocysts after period in culture</th>
<th>Endometrial fragments</th>
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<tr>
<td>Days 6·5–8·5 post coitum</td>
<td>Day 6·5–9·5 post coitum</td>
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<td>−</td>
<td>+</td>
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<tr>
<td>Total number of blastocysts cultured</td>
<td>17</td>
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<tr>
<td>Blastocysts collapsed*</td>
<td>10</td>
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<tr>
<td>Blastocysts expanded*</td>
<td>7</td>
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<tr>
<td>Number of somites</td>
<td></td>
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<tr>
<td>0</td>
<td>5†</td>
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<td>1</td>
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*At the end of culture; †somites were not clearly delineated in these blastocysts, but more or less fused masses were seen in the region of somites. The numbers given are the equivalent to the number of somites derived from the size of these masses.

Embryonic anlage

Development of the embryo in vitro was retarded in these experiments as reported for all other culture models, but there were considerable differences between both series of experiments.

In the absence of endometrial fragments. The development of the blastocysts was not only delayed but also severely disorganized resulting in serious degeneration (Fig. 2) in almost all parts of the embryonic anlage, morphology usually being distorted most severely in the caudal region (Figs 2 and 3). The embryonic anlage of these blastocysts was significantly smaller than that of...
control embryos developed for the same time in vivo. Often the identification of anatomical details was difficult by light or scanning electron microscopy. It was hardly possible to distinguish individual somites in blastocysts grown in the absence of endometrium (Fig. 3a, Table 1). Neural folds and the neural crest developed in some specimens, but closure of the neural tube was not observed. Amniotic folds appeared only rudimentarily.

Fig. 2. After maintenance (days 6.5–8.5 post coitum) of rabbit blastocysts in culture medium alone (control) this embryonic anlage shows (a) degeneration (appearing as inflated, vesicular structures) in the mesenchyme (light microscopy) and (b) serious cell shedding in all regions, which is more pronounced in the caudal area (scanning electron microscopy). Bars represent (a) 1 mm, (b) 0.1 mm.

Fig. 3. After 3 days (equivalent to day 9.5 post coitum) in medium alone (control) (a) light microscopy of this rabbit embryo reveals only minor traces of what may be somites (arrow). (b) Scanning electron microscopy demonstrates asynchronous development with respect to the cranial and the caudal (right) regions. The neural folds (NF) have only reached a state of differentiation according to 8 days post coitum in vivo. Failure of amniotic fold development resulted in exposure of the rudimentarily developed caudal area. Bars represent 0.5 mm.

**Blastocysts in co-culture with precultured endometrial fragments.** These blastocysts developed much better than those in culture medium alone. In some respects development was only slightly slower than in the control embryos and for the norm table for rabbit development presented by Seidel (1960), although major distortions were observed in some specimens. After 2 days in culture (day 8.5 post coitum), they showed up to four somites (Fig. 4a, b), the neural tube appeared, but was still wide open, and the brain was folding up (Fig. 4b). The proamniotic area could also be identified. Cross-sections demonstrated that the organization of the germ layers was well preserved in this system (Fig. 5). After 3 days in vitro (day 9.5 post coitum) development had proceeded further, but as referred to the table of Seidel (1960) and to the control embryos, relative retardation...
of development was more obvious than on day 2 in culture. The developmental state that was reached corresponded roughly to embryos at days 8·5–9 post coitum: up to nine somites (Table 1), neural tube near to closing, and amniotic folds enlarged and moving towards each other. One specimen showed, in the lateral cranial areas, what appeared to be the otic placode, and the heart anlage was protruding (Fig. 6).

**Fig. 4.** A rabbit embryo co-cultured with endometrial fragments for 2 days (days 6·5–8·5 post coitum) shows harmonic overall development as shown by (a) light microscopy and (b) scanning electron microscopy. There are somites (So) and well-differentiated neural folds (NF). The posterior amniotic fold is also discernible (arrowhead). Bars represent 0·5 mm.

**Fig. 5.** Rabbit embryonic anlage cultured with endometrium for 2 days. Cross-section in the posterior area of the neural plate/fold with neural groove and primitive streak. The mesenchyme showing several blood vessels is well preserved. Bar represents 0·1 mm.

Sloughing of degenerated cells and cellular debris was seen more often in the absence of endometrial fragments than during co-culture. This phenomenon occurred predominantly in the trophoblast (particularly in the abembryonic syncytiotrophoblast).

**Trophoblast**

Attachment of the blastocyst (via the trophoblast) to co-cultured endometrium was avoided by continuous agitation and was not observed in these experiments. Differentiation of the trophoblast did proceed, in morphological terms, both in pure blastocyst culture and in co-culture with endometrium.

In the abembryonic trophoblast, numerous trophoblastic knobs containing small syncytial elements developed in culture (Figs 7 and 8). The subdivision into cytotrophoblast and syncytiotrophoblast was clearly maintained until the end of the observation period, i.e. day 9·5 post coitum. Because in these cultures the trophoblast did not attach to the endometrium (as it does in vivo) it was possible to study the dimensions of trophoblastic knobs in flat mounts up to late stages that cannot be studied in the same way after implantation in vivo. In vitro the trophoblastic knobs tended to aggregate and to fuse with each other progressively towards the end of culture. Aggregation of
trophoblastic knobs was first seen in a ring-shaped region surrounding the abembryonic pole and continued towards that pole until the polar area originally free of trophoblast knobs had disappeared. This condensation was more or less complete after 3 days in culture in the absence of endometrium, but in the presence of endometrium the separation of cytotrophoblast and syncytiotrophoblast elements was preserved better (Fig. 7). Such differences between the two types of culture were not seen within the first 2 days of culture.

At the embryonic pole, syncytiotrophoblast differentiated in much the same way as in vivo, in the presence of endometrium. It formed a large horseshoe-shaped plaque incompletely surrounding the embryonic anlage (Fig. 9). A thick layer of syncytiotrophoblast developed on top of a thin layer of cytotrophoblast cells (Fig. 10). When blastocysts were cultured alone differentiation of the embryonic syncytiotrophoblast proceeded more slowly covering a smaller area after the same time in culture.

**Discussion**

Previous attempts at supplying components of uterine secretion to blastocysts during culture in vitro have used a discontinuous system where uterine flushings from one phase of pregnancy were provided to developing blastocysts in vitro for several days so that the continuously changing patterns of secretion in the uterus are not mimicked. The experiments reported here try to take these drawbacks into consideration by maintaining preimplantation rabbit blastocysts in synchronous co-culture with precultured rabbit endometrial fragments taking advantage of a previously developed novel system for endometrial organ culture (Hohn et al., 1989). The data presented demonstrated that embryo development is supported better in this system than in culture medium alone, as seen most clearly with respect to the differentiation of the embryo as well as of the invasive elements of the trophoblast. Beneficial effects may result from (i) factors secreted by the endometrium, (ii) from removal of detrimental metabolites of the blastocyst by the endometrium or (iii) from direct cell interactions during occasional contacts of the blastocyst with the endometrium. The co-culture of blastocysts with cell monolayers has been shown to support blastocyst development by Cole & Paul (1965), Allen & Wright (1984) and Chávez (1984) who used endometrial cells as well as other feeder cells. The development obtained in the co-culture system described here was not compared in
**Fig. 7.** State of development of the abembryonic trophoblast of rabbit blastocysts after maintenance *in vitro* for 3 days (days 6-5-9-5 *post coitum*). Numerous trophoblastic knobs are observed (a, b) in the presence and (c, d, e) the absence of endometrial fragments. Only limited signs of degeneration were observed in culture, particularly in the trophoblastic knobs (b, arrows). In the absence of trophoblast attachment, which was prevented, condensation is seen to occur resulting in confluence of trophoblastic knobs (arrowheads). In co-culture (a, b), demarcation of individual trophoblastic knobs with interposed cytotrophoblast is clearly preserved. In the absence of endometrium (c, d, e), trophoblastic knobs tend to show more extensive aggregation at the abembryonic pole (c-e, d). This mass of aggregated tissue shows a high degree of cell degeneration (e, higher magnification from the centre of d) and cytotrophoblast and syncytiotrophoblast can no longer be distinguished. (a, c) light microscopy, (b, d, e) scanning electron microscopy. Bars represent (a) 1 mm, (b) 0.1 mm, (c) 1 mm, (d) 0.5 mm, (e) 20 µm.

**Fig. 8.** Cross-section of rabbit abembryonic trophoblast after culture with endometrial fragments for 2 days. Two trophoblastic knobs consisting of cytotrophoblast and small syncytiotrophoblast elements are well separated by an area of thin cytotrophoblast cells. Bar represents 50 µm.

Parallel experiments with the effects of co-culturing blastocysts and cell monolayers. However, comparison with reports by other authors (Kuzan & Wright, 1982a, b; Allen & Wright, 1984; Voelkel et al., 1985; Rexroad & Powell, 1986; Gandolfi & Moor, 1987; White et al., 1989; Carney et al., 1990; Menezo et al., 1990) on co-culture with monolayers in other species suggests that blastocysts developed remarkably well in our system, perhaps because differentiation and other
Fig. 9. Differentiation of rabbit embryonic syncytiotrophoblast after 2 days in culture with endometrium. As implantation does not occur in this culture system, the cell fusion in the area of the embryonic syncytiotrophoblast proceeds until the caudal region of the embryo is surrounded by a gigantic horseshoe-shaped syncytial mass (S in (a) and (b); arrowheads indicate the anterior end, (b) is a higher magnification of (a) in the area of S; see also Fig. 6a). Individual cells are found mainly at the border but rarely interposed within this mass (b, arrows). Bars represent: (a) 0.5 mm, (b) 0.1 mm.

Fig. 10. After 2 days in endometrial co-culture, the rabbit trophoblast at the embryonic pole is well differentiated into a thick layer of syncytiotrophoblast covering a basal layer of cytotrophoblast cells. Single individual cells are still found within and on top of the syncytiotrophoblast. Mitoses are seen in the cytotrophoblast. The bar represents 50 μm.

Functional characteristics of the endometrium were particularly well expressed in our organ cultures (Hohn et al., 1989; Hohn & Denker, 1990). A specific feature of this organ culture model is that it attempts to maintain in vitro the epithelial–stromal interactions known to be important for the action of steroid hormones (Cunha, 1985; Bigsby & Cunha, 1986). However, the pattern of protein secretion by endometrial fragments in culture has not been investigated and, therefore, it is unknown whether blastocyst development reflects the differential expression of specific proteins or general beneficial properties of this ‘feeder tissue’.

Although blastocysts differentiated well in our experiments in co-culture with endometrium, they were still somewhat retarded and did not reach quite the same stages within the same period as in vivo. In addition, there was some cell degeneration and sloughing, probably because (i) of adverse effects of explantation on blastocysts (i.e. before putting them in culture) and (ii) our culture conditions may still be suboptimal. Procedures used for explanting blastocysts and handling them in vitro obviously cause some retardation and damage, as shown by previous investigations. Studies of embryo transfers (Seidel, 1960) suggest that retardation of about 0.5 days is caused by explanting blastocysts. During explantation, a blastocyst is exposed to mechanical irritation and oscillations in temperature and light. Daniel (1964) and Schumacher & Fischer (1988) showed that the exposure to light induces retardation in embryo development. However, as the pattern of protein secretion has not been monitored in the endometrial culture system used here, retardation in embryo development may be caused by delayed or insufficient secretion of important factors.
Further improvement of blastocyst development may be achieved by optimizing, in this system, the culture conditions in terms of media, culture device, aeration and pretreatment of blastocysts before culture. The culture medium used in the present experiments was the same as that chosen previously for the endometrial organ culture system (Hohn et al., 1989). Although this kind of media containing vitamins and amino acids is similar to those recommended for blastocyst culture by Daniel & Krishnan (1967), Kane & Foote (1970a, b, 1971) and Kane & Headon (1980), it may not be optimal for co-culture with endometrium. The advantage of supplementing the medium with oestrogens and progesterone at concentrations similar to those used here was demonstrated by Fisher & Martinez de Villareal (1982) and by El-Banna & Daniel (1972a). The medium might be improved by a better selection of the serum supplement, as indicated by Lear et al. (1983). The ratio of endometrial fragments to blastocysts in a certain volume of medium could be important for achieving an optimal concentration of secreted factors.

A further improvement of the medium might be the addition of other growth factors or vitamins, maintenance of a pH according to the uterine environment or of an appropriate CO₂:O₂ ratio. An apparatus for the culture of blastocysts in a continuous flow of medium alone was introduced by Nicholas (1938) and modified by New & Daniel (1969) using rat embryos. It was adapted for the culture of rabbit blastocysts by Daniel (1970), with a high degree of development when blastocysts were cultured from day 6 and 16 h to day 9 and 16 h post coitum. Blastocyst development obtained in these experiments was comparable to our co-culture experiments; but this device may hardly be used in a co-culture model since the endometrial secretion would be diluted continuously. Good results were also obtained in roller bottle systems (Sanyal & Naftolin, 1983; New et al., 1973), indicating the advantage of agitating the free floating blastocysts, which was also reported by Cole & Paul (1965). Pretreatment of blastocysts before culture to alleviate their hatching is advised by El-Banna & Daniel (1972a), who obtained better growth of blastocysts after incubation of the blastocyst coverings with pronase. Daniel (1970) also observed better development after spontaneous hatching of blastocysts than when blastocysts remained within their coverings.

These results indicate that the co-culture system described here using precultured endometrial fragments may be of advantage for a number of applications in which continuing differentiation of blastocysts in vitro is required, e.g. in basic research on the differentiation of germ layers in mammalian embryos and for certain regimens of in vitro fertilization and programmes of embryo transfer. Co-culture with endometrium as presented here appears to be of value particularly for the culture of blastocysts (including advanced stages). It should also be easy to modify and optimize this system for the culture of early cleavage stages by using similarly precultured tubal mucosa instead.

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References


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