Effect of immunization against LHRH on isoforms of LH in the ovine pituitary

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The role of LHRH in modulating intrapituitary LH content as well as the distribution of LH among its isoforms was examined in sheep. Rams ($n = 3$) and wethers ($n = 6$) were actively immunized against an LHRH–human serum globulin conjugate. Pituitaries collected from these animals plus pituitaries from corresponding numbers of nonimmunized rams and wethers were extracted with a buffered saline solution containing protease inhibitors. Immunization markedly reduced total amounts of immunoreactive LH in the pituitary. An aliquot of each pituitary extract was desalted by flow dialysis against water and chromatofocused on a pH 10.5–7.0 gradient. Concentrations of LH in chromatofocusing fractions were determined by radioimmunoassay. LH in pituitary extracts resolved into nine peaks during chromatofocusing which were coded with letters beginning with the most basic isoform. The percentage of LH as the two most basic isoforms, A' and B, was similar ($P > 0.05$) in all treatment groups. Isoform H constituted a higher percentage ($P < 0.05$) of the LH in both castrate groups. Nonimmunized wethers had higher percentages of isoforms C, D and E ($P < 0.05$) and lower percentages ($P < 0.05$) of the acidic isoforms (coded as peak Z herein) than did other treatment groups. Thus, castration shifted the pattern of intrapituitary isohormones towards the more basic forms. Nonimmunized rams had a higher percentage ($P < 0.05$) of isoform G than did other groups. Isoform F, the most abundant isoform, was present as a higher percentage ($P < 0.05$) in immunized rams and wethers than in nonimmunized animals. Hence, ablation of hypothalamic LHRH reaching the pituitary by active immunization not only markedly reduced the quantity of LH in the pituitary, but also altered the distribution of LH among its isoforms yielding a higher percentage of the most abundant isoform F. Hypothalamic LHRH therefore not only increases the quantity of LH in the pituitary but also alters the pattern of intrapituitary isohormones by reducing the percentage present as isoform F. Furthermore, inputs from both the hypothalamus and gonads appear to regulate the distribution of intrapituitary isohormones with hypothalamic influences predominating.

Introduction

Luteinizing hormone-releasing hormone (LHRH), a neuro-hormone produced in the hypothalamus, stimulates the secretion of LH by the anterior pituitary (Schally *et al.*, 1973). Recent studies have revealed that LHRH also regulates the biosynthesis of LH by stimulating the expression of the genes that encode the subunit peptides (Andrews *et al.*, 1988; Mercer *et al.*, 1988). Hence, both the biosynthesis and secretion of pituitary LH are LHRH dependent. Consequently, reproductive function

is impaired when stimulation of the pituitary gland by LHRH is interrupted. Gonadal steroids modulate hypothalamic inputs into the pituitary and thus are also involved in the regulation of both the synthesis of LH subunit peptides (Wise *et al.*, 1985; Landefeld *et al.*, 1989) and the secretion of LH (Schanbacher and Ford, 1977; D'Occhio *et al.*, 1983; Day *et al.*, 1984; Imakawa *et al.*, 1986).

In a variety of species, LH does not exist as a single molecular entity but rather is heterogeneous; both the intrapituitary (Keel *et al.*, 1987; Zalesky and Grotjan, 1991a, b) and secreted (Zalesky and Grotjan, 1991b) hormone exist as a family of molecular forms. This heterogeneity results, in part, because the oligosaccharides attached to the subunit peptides of LH have variable structures (reviewed by Baenziger and Green, 1988; Grotjan, 1989). LH heterogeneity is subject to endocrine regulation because gonadal steroids alter the distribution of LH among its isoforms (Keel *et al.*, 1987; Stumpf *et al.*, 1992a).

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Active immunization against LHRH has proved valuable in assessing the function of the hypothalamic–pituitary axis (Clarke *et al.*, 1978; Chappel *et al.*, 1980; Schanbacher, 1982; Falvo *et al.*, 1986). No unintended or disruptive consequences are incurred as may be the case with certain other methods that can be used to block hypothalamic inputs into the pituitary. In this study, active immunization was used to determine how the pattern of intrapituitary LH isoforms is modulated by LHRH. Both intact and castrated ovine males were examined to characterize potential interactions between hypothalamic and gonadal inputs.

Materials and Methods

Animals and pituitary collection

Eighteen sexually mature Suffolk rams were assigned to this study. Nine rams were actively immunized against LHRH using a LHRH–human serum globulin conjugate as described by Schanbacher (1982) and Chase *et al.* (1988). Three s.c. booster injections were administered to the nine immunized rams, with the last given approximately six weeks before slaughter. The remaining nine rams served as nonimmunized controls. Six control and six immunized rams were castrated approximately four months before slaughter. Success of immunizations was evident as atrophied testes at castration or slaughter. All immunized and nonimmunized animals were killed at the USDA Meat Animal Research Center abattoir in Clay Center, NE, USA. Pituitaries were collected on ice, trimmed of extraneous blood vessels and frozen in liquid nitrogen within 15 min of death.

Extraction of pituitary tissue

Pituitaries were homogenized in 150 mmol sodium chloride l^{-1} , 50 mmol Tris l^{-1} (pH 7.4) containing 0.5% (v/v) Triton X-100 to completely solubilize LH and a cocktail of protease inhibitors (5 mmol disodium EDTA l^{-1} , 1 mmol phenylmethylsulfonyl fluoride l^{-1} , 200 U aprotinin ml^{-1} and 5 μg leupeptin ml^{-1}). One millilitre of buffer was used per 100 mg tissue. Extracts were clarified by centrifugation at 100 000 g for 1 h, divided into aliquots and frozen at -70°C until use.

Chromatofocusing

Chromatofocusing was performed with reagents obtained from Pharmacia/LKB Biotechnology (Piscataway, NJ) using methods described by Zalesky and Grotjan (1991a, b) and Grotjan *et al.* (1991). Briefly, 10 ml columns (0.7 cm $\times$ 26 cm; Kontes, Vineland, NJ) of PBE-118 resin were equilibrated in 25 mmol triethylamine–HCl l^{-1} , pH 11.0. Aliquots of pituitary extracts (0.5 ml representing 50 mg tissue equivalents) were desalted by flow dialysis against distilled water using membranes with a 6–8000 molecular weight cutoff (Spectra/por 1; Spectrum Medical Industries, Inc., Los Angeles, CA). After dialysis, extracts were supplemented with Pharmalyte 8-10.5–HCl, pH 7.0, to 2% (v/v), 2 mg of cytochrome C and 2 mg myoglobin (to monitor the efficacy of separation). After

sample application, pH 10.5–7.0 gradients were developed with Pharmalyte 8-10.5–HCl diluted 1:45 with distilled water and adjusted to pH 7.0 with 6 mol HCl l^{-1} . Columns were eluted at 5 ml h^{-1} and 1.5 ml fractions were collected ($n = 80$) until a stable, lower limiting pH was attained. Proteins bound to the column at the lower limiting pH were eluted with 1.0 mol NaCl l^{-1} and collected as an additional twenty 1.5 ml fractions. Fractions were neutralized by addition of 0.15 ml 1.1 mol Tris l^{-1} (pH 7.0). Columns were re-equilibrated with at least 50 to 60 column volumes of triethylamine between samples. All buffers were degassed before use and contained 5.0% glycerol to enhance LH recovery. Recovery of immunoreactive LH from the columns averaged 90%.

Radioimmunoassays

Immunoreactive LH in tissue extracts and chromatofocusing samples were quantified by double antibody radioimmunoassays. The standard preparation used in the assays was oLH-DNW-HSN-10-124 (provided by D. N. Ward, Houston, TX). The first antibody used was anti-hCG α oLH β -EG7N (Zalesky and Grotjan, 1991a) and the purified hormone preparation, oLH-LER-1374A (provided by L. Reichert, Albany, NY), was used for iodination. The anti-oLH antibody specifically reacts with oLH and oLH β but exhibits minimal crossreactivity with uncombined alpha subunits or other pituitary hormones. Iodinated hormone was prepared with immobilized oxidant (Iodobeads; Pierce, Rockford, IL) (Grotjan *et al.*, 1991). The immunoassay buffer contained 150 mmol NaCl l^{-1} , 50 mmol Tris l^{-1} (pH 7.4), 5 mmol disodium EDTA l^{-1} , 1 mg gelatin ml^{-1} and 0.1% (w/v) sodium azide. Sensitivity of the assays was 0.042 ng ml^{-1} . Intra- and interassay coefficients of variation were 5.5% and 8.8%, respectively.

Statistical analysis

The percentage of each immunoreactive LH isoform present in each pituitary extract was calculated. Percentage values were subjected to arc sine transformation (arc sine of the square root of the percentage) prior to statistical analysis so that they would be normally distributed (Snedecor and Cochran, 1967). One-way analysis of variance (SAS, 1985) was used to determine whether there were statistically significant differences in the distribution of LH isoforms among treatment groups. When there were differences, Duncan's new multiple range tests (SAS, 1985) were used to determine which means were different. Probabilities of less than 0.05 were considered statistically significant.

Results

Mean pituitary weights for nonimmunized rams (intact), immunized rams (intact-I), nonimmunized wethers (castrate) and immunized wethers (castrate-I) were 0.56 ± 0.03 ($n = 3$), 0.61 ± 0.08 ($n = 3$), 0.57 ± 0.08 ($n = 6$) and 0.70 ± 0.05 ($n = 6$) g, respectively, and were not significantly different among the groups. Mean content of LH within the pituitary was greater ($P < 0.05$) for nonimmunized rams ($1041 \pm 246 \mu\text{g}$)

Fig. 1. Representative chromatofocusing elution profiles (◆) of the immunoreactive LH in ovine pituitary extracts from (a) nonimmunized and (b) immunized rams. Extracts were chromatofocused on pH 10.5–7.0 gradients. Eluent fractions ($n = 80$) were collected until a stable lower limiting pH was attained. Proteins bound to the columns at the lower limiting pH were eluted with $1 \text{ mol NaCl l}^{-1}$ and collected as an additional 20 fractions. Isoforms were coded with letters beginning with the most basic form.

Fig. 2. Representative chromatofocusing elution profiles (◆) of the immunoreactive LH in ovine pituitary extracts from (a) nonimmunized and (b) immunized wethers. Extracts were chromatofocused on pH 10.5–7.0 gradients. Eluent fractions ($n = 80$) were collected until a stable lower limiting pH was attained. Proteins bound to the columns at the lower limiting pH were eluted with $1 \text{ mol NaCl l}^{-1}$ and collected as an additional 20 fractions. Isoforms were coded with letters beginning with the most basic form.

and wethers ($458 \pm 123 \mu\text{g}$) than for immunized rams ($37 \pm 13 \mu\text{g}$) or wethers ($29 \pm 7 \mu\text{g}$).

Nine isoforms of LH could be identified when pituitary extracts from animals in each treatment group were chromatofocused on pH 10.5–7.0 gradients. Representative chromatofocusing profiles for nonimmunized (intact) and immunized (intact-I) rams are shown (Fig. 1), and those representing nonimmunized (castrate) and immunized wethers (castrate-I) are illustrated (Fig. 2). The mean percentages of the isoforms within each treatment group are also presented (Table 1). No significant differences were observed between the treatment groups ($P > 0.05$) for the percentages of LH present as the two most basic isoforms A' and B. Isoform H was more abundant ($P < 0.05$) in wethers and nonimmunized wethers than in immunized or nonimmunized rams. The mean percentage of LH eluting as isoforms C, D and E was greater and the mean percentage of LH eluting as the acidic isoforms, coded as peak Z herein, was lower ($P < 0.05$) for wethers than for other treatment groups. Thus, castration induced a shift in the distribution of LH isoforms towards basic forms. Nonimmunized rams had a higher percentage ($P < 0.05$) of isoform G than did other groups. A higher percentage of the most predominant isoform, F, was identified in both immunized rams and wethers ($P < 0.05$) compared with nonimmunized males. Hence, LHRH-immunoneutralization had a pronounced effect and increased the percentage present as isoform F.

Discussion

LHRH stimulates the biosynthesis and secretion of LH and thus plays an essential role in the cascade of events that lead to normal reproductive function. Gonadal feedback mechanisms modulate the action of LHRH on the pituitary. One component of gonadal feedback is alteration of the distribution of LH among its isoforms (Keel *et al.*, 1987; Stumpf *et al.*, 1992a). Consequently, it was of interest to determine how LH heterogeneity was altered by hypothalamic LHRH as well as to determine how hypothalamic and gonadal inputs interact. Chronic and specific inhibition were achieved by using immunizations to ablate the input of LHRH into the pituitary. Potential interactions between hypothalamic and gonadal inputs were evaluated by examining immunized rams and wethers.

Active immunizations against LHRH markedly reduced the LH contents of the pituitaries of rams and wethers to approximately 3.5% and 6.3%, respectively, of those of corresponding nonimmunized animals even though pituitary weights among the four treatment groups were similar. These results confirm that immunizations were effective and are consistent with the known stimulatory actions of LHRH on LH synthesis. The pituitary LH contents for nonimmunized wethers were less than those for rams. Unlike the situation in many species, castration reduces the amount of LH in the ovine pituitary even though peripheral concentrations are increased (Schanbacher and Ford, 1977; Keel *et al.*, 1987).

Table 1. Distribution of isoforms of LH in the ovine pituitary

Isoform	Intact	Intact-I	Castrate	Castrate-I	Elution pH ^a
A'	0.4 ± 0.1	1.5 ± 0.7	0.4 ± 0.1	1.2 ± 0.3	10.7 ± 0.1
B	0.9 ± 0.3	0.9 ± 0.1	1.7 ± 0.2	0.8 ± 0.3	10.1 ± 0.1
C	2.5 ± 0.9	1.6 ± 0.4	4.8 ± 0.6*	2.4 ± 0.6	9.7 ± 0.04
D	7.5 ± 1.9	5.7 ± 1.3	11.9 ± 0.9*	5.2 ± 0.7	9.5 ± 0.04
E	16.7 ± 1.4	16.4 ± 1.6	21.5 ± 1.2*	14.3 ± 1.3	9.3 ± 0.04
F	31.9 ± 2.8	38.9 ± 1.8*	27.9 ± 0.6	41.6 ± 1.2*	9.2 ± 0.03
G	22.9 ± 1.3*	17.1 ± 0.9	15.5 ± 1.2	14.5 ± 1.0	9.0 ± 0.03
H	2.3 ± 0.6	2.7 ± 0.5	4.1 ± 0.5*	4.4 ± 0.5*	<9.0–>7.0
Z	14.8 ± 0.8	15.2 ± 1.0	12.3 ± 0.9*	15.6 ± 0.3	≤7.0

Values represent mean percentages ± SEM for each isoform. Intact (*n* = 3); Intact-I (*n* = 3); Castrate (*n* = 6); Castrate-I (*n* = 6). Means within a row with asterisks are significantly different from those without asterisks (*P* < 0.05).

^aValues represent mean elution pH ± SEM for each isoform (*n* = 18).

Multiple isoforms of LH are thought to be attributable, in part, to varying oligosaccharide structures that reside on both subunits of the LH molecule (Baenziger and Green, 1988; Grotjan, 1989). High mannose oligosaccharides are attached to subunit peptides during translation. Post-translational modification of the oligosaccharides, including sulfation in sheep, contributes to the heterogeneity. Nine isoforms of LH could be identified in all treatment groups when pituitary extracts were analysed by chromatofocusing on pH 10.5–7.0 gradients. This pattern is analogous to those previously reported for sheep (Grotjan *et al.*, 1991; Keel *et al.*, 1987; Zalesky and Grotjan, 1991a) and cows (Zalesky and Grotjan, 1991a, b; Stumpf *et al.*, 1992a, b). However, it should be noted that more than nine isoforms of LH are present in ovine or bovine pituitaries because peak Z consists of approximately five isoforms which elute in the acidic range if the chromatofocusing gradients are extended below pH 7.0 to 4.0 (Keel *et al.*, 1990; Stumpf *et al.*, 1992). In earlier studies from this laboratory, some LH eluted as a flow through peak when ovine pituitary extracts were chromatofocused on pH 10.5–7.0 gradients (for example, see Keel *et al.*, 1987). More recent studies have established that the PBE-118 resin exhibits a reduced binding capacity at high pH (Grotjan *et al.*, 1991). Hence, the chromatofocusing method was revised such that the samples were applied in the elution buffer. Under the revised conditions, LH binds quantitatively to the resin. However, a basic form of LH which elutes after the flow through peak but before peak B (i.e. is minimally retarded) becomes apparent (Grotjan *et al.*, 1991). This peak is coded as A' herein to provide a unique designation (see Grotjan *et al.*, 1991 for additional details).

The percentage of LH present as the two most basic isoforms, A' and B (representing approximately 2.0% of the intrapituitary LH), was unaffected by treatment. These forms are released in minimal quantities and Zalesky and Grotjan (1991b) proposed that they represent early processing intermediates found primarily within the pituitary gland. The intrapituitary LH of wethers contained higher percentages of isoforms C, D and E as well as a lower percentage of isoform Z (comparing castrate with intact). The results of this and previous (Keel *et al.*, 1987; Stumpf *et al.*, 1992a) studies are consistent in that castration shifted the distribution of intrapituitary LH towards

basic forms. Intrapituitary LH represents the net result of bio-synthesis and secretion. The LH released from the ovine pituitary *in vitro* consists of lower percentages of LH isoforms C, D and E as well as higher percentages of isoforms F and G relative to that found in the tissue (Zalesky and Grotjan, 1991b). Thus, the higher percentages of basic forms in the pituitaries of castrates, which have high secretion rates for LH, can be attributed to enhanced release of isoforms F and G and, perhaps, an overall increased rate of LH synthesis under the assumption that basic forms represent the more immature forms of LH.

LHRH immunoneutralization consistently and markedly reduced the amount of LH in the pituitary regardless of the presence of the testes. Comparison of the distribution of LH among its isoforms in immunized rams and wethers revealed that patterns of isoforms were similar. The only difference was that the immunized wethers had a higher percentage of isoform H. This observation suggests a small or minor interaction between hypothalamic LHRH and gonadal steroids in establishing the distribution of LH among its isohormones. Nevertheless, the overall similarity of patterns in immunized animals suggests that hypothalamic influences clearly predominate.

When the distribution of isoforms was compared between immunized and non-immunized animals (intact and castrate versus intact-I and castrate-I), the major difference that emerged was that the immunized animals had higher percentages of isoform F. A similar experiment performed in cows yielded almost identical results (Stumpf *et al.*, 1992b). The higher percentages of isoform F in immunized rams, wethers and cows may be attributable to blockage of LHRH-stimulated LH release resulting in the specific accumulation of this isoform. Moreover, this observation is of particular interest from a physiological perspective. Isoform F is the predominant molecular form of LH in sheep pituitaries (Keel *et al.*, 1987; Zalesky and Grotjan, 1991a, b) and cattle (Zalesky and Grotjan, 1991a, b; Stumpf *et al.*, 1992a, b) constituting up to 50% of the LH present. Furthermore, isoform F is selectively secreted (Zalesky and Grotjan, 1991b) and has the highest biological potency among the isoforms of ovine (Keel *et al.*, 1987) and bovine LH (Stumpf *et al.*, 1992a). These lines of evidence suggest that isoform F is likely to be the pre-eminent molecular form in mediating the

actions of LH. Hence, changes in the percentage of LH present as isoform F are likely to be particularly meaningful.

In summary, rams and wethers actively immunized against LHRH had markedly reduced amounts of LH in their pituitaries as well as changes in the distribution of LH among its isoforms yielding greater percentages of isoform F. Thus, hypothalamic LHRH not only maintains the quantity of LH in the pituitary but also influences the distribution of LH among its isoforms and reduces the percentage present as isoform F. A portion of this effect can be attributed to selective secretion. This study also confirms that gonadal hormones control the distribution of isoforms of LH and suggests a minor interaction between LHRH and gonadal steroids in modulating the pattern of intra-pituitary LH isoforms although hypothalamic influences clearly predominate. The exact points in biosynthesis and secretion where hypothalamic LHRH and gonadal steroids exert their controlling actions remain to be elucidated.

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